

Compiled Scores

Name	Comments	Overall Score



® Eastern Division
Senior
S & T
Evaluation

SKIING SCORE CARD

Group:

Location:

Date:

Evaluator:

E-opofa-Feb2010

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Name	Comments	Overall Score



® Eastern Division
Senior
S & T
Evaluation

SKIING SCORE CARD

Group:

Location:

Date:

Evaluator:

E-opofa-Feb2010

NOTES:

Medium Radius Turns

Terrain: Most difficult, smooth and more difficult moguled

Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn
4. Applies effective PRESSURE throughout the turn or skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Links turns with consistent size and rounded shape measuring between 15 and 30 feet
7. Demonstrates edged turns with minimal skidding and no traversing
8. Demonstrates adaptability to terrain changes and moguls
9. Fluid TELEMARK turns with trailing foot heel lift and adequate foot separation with no parallel skiing components. No lifting of skis off the snow. Shows appropriate use of single pole plants - occasional double pole plants allowed only in moguls. Alpine turns are acceptable.
10. SNOWBOARDERS riding "Switch" demonstrate a higher skill level

Critical Standard:

Does the candidate link turns with consistent size and shape between 15 and 30 feet with minimal skidding?

Slope:	Date:
Conditions:	

NOTES:

Medium Radius Turns

Terrain: Most difficult, smooth and more difficult moguled

Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn
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Critical Standard:

Does the candidate link turns with consistent size and shape between 15 and 30 feet with minimal skidding?

Slope:	Date:
Conditions:	

A Assess
D Develop
A Assign tasks
P Practice
T Test

P Positive
I Improve
S Specific
E Evaluate

Medium Radius Turns

										Score	Name
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											

Medium Radius Turns

A Assess
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										Score	Name
1	2	3	4	5	6	7	8	9	10		
Comments:											
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Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											

Long Radius Turns

Terrain: More difficult, smooth

Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn
4. Applies effective PRESSURE throughout the turn
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Links turns with consistent size and rounded shape, measuring more than 30 feet
7. Demonstrates edged turns with minimal skidding and no traversing
8. Demonstrates adaptability to terrain changes
9. Fluid TELEMARK turns with trailing foot heel lift and adequate foot separation with no parallel skiing components. No lifting of skis off the snow. Shows appropriate use of pole plants -- no double pole plants. Alpine turns are acceptable.
10. SNOWBOARDERS riding "Switch" demonstrate a higher skill level

Critical Standard:

Does the candidate link turns with consistent size and shape measuring greater than 30 feet with minimal skidding and no traversing?

Slope:	Date:
Conditions:	

Ski/Ride Ability

										Score	Name
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											

Long Radius Turns

Terrain: More difficult, smooth

Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn
4. Applies effective PRESSURE throughout the turn
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Links turns with consistent size and rounded shape, measuring more than 30 feet
7. Demonstrates edged turns with minimal skidding and no traversing
8. Demonstrates adaptability to terrain changes
9. Fluid TELEMARK turns with trailing foot heel lift and adequate foot separation with no parallel skiing components. No lifting of skis off the snow. Shows appropriate use of pole plants -- no double pole plants. Alpine turns are acceptable.
10. SNOWBOARDERS riding "Switch" demonstrate a higher skill level

Critical Standard:

Does the candidate link turns with consistent size and shape measuring greater than 30 feet with minimal skidding and no traversing?

Slope:	Date:
Conditions:	

Ski/Ride Ability

										Score	Name
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											

Ski/Ride Ability *Moguled Terrain, Crud, Icy Conditions*) Terrain: Most difficult, smooth moguled

Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn or skill maneuver
4. Applies effective PRESSURE throughout the turn or skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Confidently demonstrates control
7. Confidently demonstrates linked turns or skill maneuvers
8. Demonstrates adaptability to terrain changes
9. Performs trail check and can verbalize terrain suitability for skiing public
10. Fluid TELEMARK turns with trailing foot heel lift and adequate foot separation with no parallel skiing components. Hop TELEMARK turns may be used in some snow conditions. Shows appropriate use of single pole plants - occasional double pole plants allowed only in moguls. Alpine turns are acceptable.

Critical Standard:

Does the candidate demonstrate confidence in varying snow surfaces and terrain with a variety of turns and skill maneuvers ?

Slope:	Date:
Conditions:	

Long Radius Turns

										Score	Name
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											

Ski/Ride Ability *Moguled Terrain, Crud, Icy Conditions*) Terrain: Most difficult, smooth moguled

Performance Objectives:

1. Maintains BALANCE, ski or rides with stability
2. Demonstrates effective use of EDGES
3. Uses ROTARY movements to steer skis or the board at the appropriate point of the turn or skill maneuver
4. Applies effective PRESSURE throughout the turn or skill maneuver
5. Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
6. Confidently demonstrates control
7. Confidently demonstrates linked turns or skill maneuvers
8. Demonstrates adaptability to terrain changes
9. Performs trail check and can verbalize terrain suitability for skiing public
10. Fluid TELEMARK turns with trailing foot heel lift and adequate foot separation with no parallel skiing components. Hop TELEMARK turns may be used in some snow conditions. Shows appropriate use of single pole plants - occasional double pole plants allowed only in moguls. Alpine turns are acceptable.

Critical Standard:

Does the candidate demonstrate confidence in varying snow surfaces and terrain with a variety of turns and skill maneuvers ?

Slope:	Date:
Conditions:	

Long Radius Turns

										Score	Name
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											
1	2	3	4	5	6	7	8	9	10		
Comments:											

Short Radius Turns

Terrain: Most difficult, smooth and more difficult moguled

Performance Objectives:

- Maintains BALANCE, ski or rides with stability
- Demonstrates effective use of EDGES
- Uses ROTARY movements to steer skis or the board at the appropriate point of the turn
- Applies effective PRESSURE throughout the turn or skill maneuver
- Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
- Links turns with consistent size and rounded shape, measuring no greater than approximately 15 feet
- Demonstrates edged turns with minimal skidding and no traversing
- Demonstrates adaptability to terrain changes and moguls
- Maintains fall line decent
- Fluid TELEMARK turns with trailing foot heel lift and adequate foot separation with no parallel skiing components. No lifting of skis off the snow. Shows appropriate use of single pole plants - occasional double pole plants allowed only in moguls. Alpine turns are acceptable.
- SNOWBOARDERS riding "Switch" demonstrate a higher skill level

Critical Standard:

Does the candidate link turns with consistent size and shape measuring approximately 15 feet with minimal skidding?

Slope:	Date:
Conditions:	

Short Radius Turns

											Score	Name
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												

Short Radius Turns

Terrain: Most difficult, smooth and more difficult moguled

Performance Objectives:

- Maintains BALANCE, ski or rides with stability
- Demonstrates effective use of EDGES
- Uses ROTARY movements to steer skis or the board at the appropriate point of the turn
- Applies effective PRESSURE throughout the turn or skill maneuver
- Maintains awareness for safe SPEED and consistency as appropriate for people, terrain and conditions
- Links turns with consistent size and rounded shape, measuring no greater than approximately 15 feet
- Demonstrates edged turns with minimal skidding and no traversing
- Demonstrates adaptability to terrain changes and moguls
- Maintains fall line decent
- Fluid TELEMARK turns with trailing foot heel lift and adequate foot separation with no parallel skiing components. No lifting of skis off the snow. Shows appropriate use of single pole plants - occasional double pole plants allowed only in moguls. Alpine turns are acceptable.
- SNOWBOARDERS riding "Switch" demonstrate a higher skill level

Critical Standard:

Does the candidate link turns with consistent size and shape measuring approximately 15 feet with minimal skidding?

Slope:	Date:
Conditions:	

Short Radius Turns

											Score	Name
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
Comments:												
1	2	3	4	5	6	7	8	9	10	11		
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Comments:												