

# Eastern Division - Training Events during COVID19

In order to hold training events in the upcoming season, the Eastern Division COOPED UP team has come up with some guidelines that should speed the transition to training.

BSI, Be prepared, Be alert, Be clean.

- Begin all event planning through communication with all participants, well before the event. Registration for all attendees. Small subgroups (under 10) with space and access to hand washing stations.
- Define leadership and set up command structure with safety officers, if needed.
- Ask all participants to be healthy and come prepared with face coverings and gloves. Suggest: Ask all participants to come prepared with face coverings and gloves. If you are feeling ill, stay home!
- Provide training for new candidates and patrollers with questions on proper PPE, hand washing, cleaning and disinfecting and review the COVID19 questions.
- Have a copy of the NSP Guidelines on hand to review with everyone.
- 6-foot distance should be respected. If less, then face coverings. If training indoors - respect local face covering requirements.
- Training event signs should be utilized asking any new folks to don face coverings.
- Minimize, if not eliminate food offerings in a group setting. Bottled water is an excellent option. Eat before you arrive.
- Have garbage bags set up for refuse.
- Have additional supplies on hand - surgical masks, gloves, face shields, hand sanitizer. Provide value to our volunteers.
- Post event activities - cleaning and disinfecting any and all surfaces and equipment

1. In the last 24 hours, have you had fever, chills, body aches, vomiting or diarrhea?
2. Any new or unusual cough, shortness of breath, headache, or sore throat?
3. Any new loss of smell or taste?
4. To your knowledge, have you been within 6 feet of a COVID-19 positive patient for a prolonged period of time?
5. Have you had direct contact with infectious secretions of a COVID-19 patient (e.g. being coughed on by a COVID-19 positive patient) while NOT wearing PPE, including a face mask?