

NATIONAL SKI PATROL
Mountain Travel and Rescue Level 1
Course #E20616007

What: Mountain Travel and Rescue (MTR) Level 1 course is an elective course for NSP patrollers that have an interest in becoming knowledgeable in backcountry travel and rescue procedures. This course is also open to the public with the same interests.

When: Saturday through Sunday, November 19-20, 2016

Where: Ski Bradford, Haverhill, Massachusetts www.skibradford.com/

Time: 8:00 am November 19, 2015 continuous to 5:00 pm November 20, 2016

Prerequisites: A desire to learn and have fun safely.

Successfully complete FEMA free online course 100b.

<https://training.fema.gov/is/courseoverview.aspx?code=IS-100.b>

Required text "NSP Mountain Travel & Rescue, 2nd Edition" copyright 2012.

<http://www.mountaineersbooks.org/Mountain-Travel-Rescue-P994.aspx>

If you are not a member of the NSP it is recommended that you have taken a basic first aid or first responder course but it is not required. Trip Plan Exercise describe elsewhere.

Logistics: Class will begin promptly at 8:00 am; we recommend that you plan on arriving at about 7:30-7:45 am. You will need to bring a notebook and a pen or pencil to take notes. Students must bring necessary equipment and be prepared for **overnight camping** plus classes in the outdoor environment. Eye protections and gloves are required. Consider the equipment checklist in the appendix B of the MTR manual (page 242) but refrain from buying equipment you don't own or can borrow before consulting with the Instructor Of Record (IOR). Final packing may be conducted during class. The class will go continuously until 5:00 pm on Sunday.

Food and Water: Saturday and Sunday class will have a continental breakfast (coffee, juice and pastry). Students should plan to bring Saturday and Sunday lunches. Plenty of pocket sized snack food is encouraged. Students bring their own field stove for hot Saturday dinner. Weather and time will determine if we can stop for a hot lunch either day.

Cost: The cost of the course is \$45.00 for NSP members and \$60.00 non-NSP.

Agenda: The MTR1 course is made up of 16+ lesson topics. These lessons cover topics including Personal Survival, Knots, Back Country Hazards, and Search and Rescue skills. These are all reinforced with an **overnight camping** exercise and field exercises for Navigation, Emergency Rescue Techniques, and Search and Rescue Basics. Daily schedule will be available at the class.

Pre-course: Please read all chapters and appendixes but especially chapters 9, 10,15, and 16 of the MTR manual before coming to class. A Trip Plan Exercise covering numerous topics will be a required pre-course exercise.

Registration: http://newhampshireregionnsp.org/topshack/?page_id=332

NSP.org registration for Senior elective credit will occur on Saturday

Questions: Are welcomed and encouraged, contact IOR, Dana Gray danacgray@verizon.net

NATIONAL SKI PATROL
Mountain Travel and Rescue Level 1
Course #E20616007