

# OET Trainer Evaluator Evaluation guidelines

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*Overall Objectives: Candidate is expected to cover major components related to Senior level ski and toboggan training; this includes the following critical performance objectives:*

- Understand objectives and concerns of the group
- Develop and implement an appropriate lesson plan and progression based upon the skill/ability of the group
- Demonstrate proper communication including PSIA terminology while teaching, scoring and listening
- Assess candidate's performance and provide appropriate tasks and feedback to promote improvement in a safe environment
- Demonstrate appropriate skiing/riding and toboggan skills for participants
- Score each participant with respect to the senior OET exam

## Teaching Skills

- **ADAPT**
  - **Assess** – observe and identify what strengths and development areas the patroller has. Score appropriately.
  - **Develop** - craft a lesson for 'ONE' development area that will do the MOST GOOD!
  - **Assign Tasks** – think of an activity or drill that can help and builds off any prior drills/activities (progression) and includes components of kinesthetic, visual & verbal learning
  - **Practice** – give the patroller ample time to practice (eg, multiple runs, varying and appropriate terrain)
  - **Test** (Feedback) – assess progress and repeat ADAPT as necessary with new drills/activities
- **PSIA Riding Fundamentals**
  - Control the relationship of the Center of Mass to the base of support to direct pressure along the length of the skis.
  - Regulate the magnitude of pressure created through ski/snow interaction.
  - Control pressure from ski to ski and direct pressure toward the outside ski.
  - Control edge angles through a combination of inclination and angulation.
  - Control the skis rotation (turning, pivoting, steering) with leg rotation, separate from the upper body.
- **Feedback Model**
  - Feedback needs to be (1) immediate, (2) focused on one thing, and (3) PISE = **Positive, Improvement, Specific, Evaluation**
  - Good teaching habits (eg, clear face, stand below group, talk clearly, safe location)
  - Avoid using: "I want to see you do...", or "I didn't like when you..."
  - Focus on: "Did you notice how you did...", or "How did it feel when..." (and give a drill/activity to address the most critical area to make improvement)

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## Patroller Skills Objectives

- **Snowplow:** Does the patroller maintain effective movement by slipping the edge(s) without railing during terrain changes?
- **Sideslip:** Does the patroller maintain effective movement by slipping the edge(s) in either direction without traversing?
- **Transition Maneuver:**  
*Skiing:* Does the patroller maintain consistent speed with braking edge(s) on the snow while changing direction and not deviating from the “fall line” corridor?  
*Boarder:* Does the patroller maintain consistent speed during direction change going from one braking edge to the other while spinning the board in the “fall line” corridor?

## Toboggan Handling Skills Objectives

- **Unloaded:** Does the patroller safely and efficiently control the toboggan in the fall line to the accident site?
- **Loaded – Front/Driving:** Does the patroller safely and efficiently control the toboggan in the fall line by using appropriate skill maneuvers while monitoring the patient?
- **Unloaded – Back/Tail-rope:** Does the patroller safely and efficiently manage the tail rope, while maintaining optimal position for braking or an emergency stop by using appropriate skill maneuvers?

## Skiing Skills Objectives

### **Short Radius Turns**

- Maintains fall line decent
- Carve turns with minimal skidding and no traversing
- Does the candidate link turns with consistent size and shape measuring no greater than 15 feet with minimal skidding?
- Fluid Telemark turns with trailing foot heel lift and adequate foot separation with no parallel components. No lifting of skis off the snow.

### **Medium Radius Turns**

- Carves turns with minimal skidding and no traversing.
- Link turns with consistent size and shape between 15 and 30 feet with minimal skidding
- Fluid Telemark turns with trailing foot heel lift and adequate foot separation with no parallel components. No lifting of skis off the snow.

### **Long Radius Turns**

- Carves turns with little skidding and no traversing
- Link turns with consistent size and shape greater than 30 feet with minimal skidding and no traversing
- Fluid Telemark turns with trailing foot heel lift and adequate foot separation with no parallel components. No lifting of skis off the snow.

### **Kick Turns, Ski ability (crud run), Equipment carry**

- Demonstrate confidence and ability in changing snow surfaces and terrain with a variety of turns and skill maneuvers