

Critical Performance Indicators (Unsatisfactory 1, Basic 2, Proficient 3, Exemplary 4)

Toboggan Handling/Skills Performance/Instruction while facilitating a TES

_____ TE/TE Trainee effectively assesses student(s) skill levels and plans the TES accordingly (ADAPT)

_____ TE/TE Trainee demonstrates knowledge and application of division performance standards with regard to skills, toboggans and safety procedures.

_____ TE/TE Trainee demonstrates understanding and application of the FIVE Fundamentals with relation to Skills and Toboggan handling:

1. Control the relationship of the (center of mass) to (base of support) to direct pressure along the length of the ski.
2. Control pressure from ski to ski, directing pressure toward the outside ski.
3. Control edge angles through a combination of inclination and angulation.
4. Control the skis' rotation (turning, pivoting, steering) using leg rotation separate from the upper body.
5. Regulate the magnitude of pressure created through ski-snow interaction.

_____ TE/TE Trainee provides high quality demos of toboggan skills and toboggan handling.

_____ TE/TE Trainee demonstrates ability to provide students with positive immediate feedback throughout the TES. (PISE)

_____ TE/TE Trainee communicates clearly and professionally during TES

_____ TE/TE Trainee understands division senior scoring and demonstrates the ability to score and provide feedback necessary to score at a senior exam.

Additional Notes (required when scoring a TE/TE Trainee a score of 1 or 2):

Critical Performance Indicators (Unsatisfactory 1, Basic 2, Proficient 3, Exemplary 4)

Toboggan Handling/Skills Performance/Instruction while facilitating a TES

_____ TE/TE Trainee effectively assesses student(s) skill levels and plans the TES accordingly (ADAPT)

_____ TE/TE Trainee demonstrates knowledge and application of division performance standards with regard to skills, toboggans and safety procedures.

_____ TE/TE Trainee demonstrates understanding and application of the FIVE Fundamentals with relation to Skills and Toboggan handling:

1. Control the relationship of the (center of mass) to (base of support) to direct pressure along the length of the ski.
2. Control pressure from ski to ski, directing pressure toward the outside ski.
3. Control edge angles through a combination of inclination and angulation.
4. Control the skis' rotation (turning, pivoting, steering) using leg rotation separate from the upper body.
5. Regulate the magnitude of pressure created through ski-snow interaction.

_____ TE/TE Trainee provides high quality demos of toboggan skills and toboggan handling.

_____ TE/TE Trainee demonstrates ability to provide students with positive immediate feedback throughout the TES. (PISE)

_____ TE/TE Trainee communicates clearly and professionally during TES

_____ TE/TE Trainee understands division senior scoring and demonstrates the ability to score and provide feedback necessary to score at a senior exam.

Additional Notes (required when scoring a TE/TE Trainee a score of 1 or 2):

Critical Performance Indicators (Unsatisfactory 1, Basic 2, Proficient 3, Exemplary 4)

Participant in a Ski Trainers Workshop

_____ TE/TE Trainee demonstrates a commitment to professional development and contemporary ski knowledge/5 Fundamentals

_____ TE/TE Trainee understands and can describe and apply the 5 Fundamentals to the level needed to effectively facilitate training and to examine senior candidates:

1. Control the relationship of the (center of mass) to (base of support) to direct pressure along the length of the ski.
2. Control pressure from ski to ski, directing pressure toward the outside ski.
3. Control edge angles through a combination of inclination and angulation.
4. Control the skis' rotation (turning, pivoting, steering) using leg rotation separate from the upper body.
5. Regulate the magnitude of pressure created through ski-snow interaction.

_____ TE/TE Trainee demonstrates the ability to perform short, medium and long radius turns as well as skiing in varied terrain and conditions as necessary at a "7" as described in the senior scoring booklet.

_____ TE/TE Trainee understands division senior scoring related to skiing performance and demonstrates the ability to score and provide feedback as necessary to score at a senior exam.

_____ TE/TE Trainee communicates clearly and professionally during the STW

Additional Notes (required when scoring a TE/TE Trainee a score of 1 or 2):

Critical Performance Indicators (Unsatisfactory 1, Basic 2, Proficient 3, Exemplary 4)

Participant in a Ski Trainers Workshop

_____ TE/TE Trainee demonstrates a commitment to professional development and contemporary ski knowledge/5 Fundamentals

_____ TE/TE Trainee understands and can describe and apply the 5 Fundamentals to the level needed to effectively facilitate training and to examine senior candidates:

1. Control the relationship of the (center of mass) to (base of support) to direct pressure along the length of the ski.
2. Control pressure from ski to ski, directing pressure toward the outside ski.
3. Control edge angles through a combination of inclination and angulation.
4. Control the skis' rotation (turning, pivoting, steering) using leg rotation separate from the upper body.
5. Regulate the magnitude of pressure created through ski-snow interaction.

_____ TE/TE Trainee demonstrates the ability to perform short, medium and long radius turns as well as skiing in varied terrain and conditions as necessary at a "7" as described in the senior scoring booklet.

_____ TE/TE Trainee understands division senior scoring related to skiing performance and demonstrates the ability to score and provide feedback as necessary to score at a senior exam.

_____ TE/TE Trainee communicates clearly and professionally during the STW

Additional Notes (required when scoring a TE/TE Trainee a score of 1 or 2):