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Celebrate!

by Rick Hamlin, Division Director

How best to summarize this past year in the Eastern Division? Gas prices rose to over \$4.00 per gallon, investments plummeted seemingly without a bottom while the economy tanked, yet the NSP pressed on. In some ways these challenges helped to bring our organization closer as Patrollers helped one another through these trying times. Normally my report contains a summary of the nuts and bolts of the Eastern Division operations, but I would like to take this opportunity to celebrate our most important asset, the Patrollers of our Division. This past year I had the honor of being invited to many Regions to celebrate not only awards and recognitions, but also the camaraderie that is such an important part of our organization. The following provides a brief overview of some of those visits:

EMARI Region – Right after the Spring Officers' Meeting 2008, Wachusett Mountain held its year-end Awards Banquet. I had the pleasure of presenting Outstanding OEC Instructor award to Christopher Fletcher, Outstanding Administrative Patroller award to Bill

DeVarney, and a DSA to Ed McNamara with the highlight of this visit being able to present a well deserved National Appointment 10738 to Jennifer Laitala.

Northern Vermont Region – The NVT Region held a meeting in May to wrap up the season and to also start planning for the upcoming season. I was pleased to be able to provide an overview of news from both the Division and National levels to the Region's officers.

Western New York Region – Right after my visit with the folks in Northern Vermont, I headed west to Kissing Bridge, NY for their awards banquet and was greatly honored to be asked to help present a Lifetime Membership to Floss Kirkner for her 60 years of continuous service to the NSP.

New Hampshire Region – After a brief break in visiting Regions while I attended the annual National Board Meeting in Denver and a couple very brief summer months, I found myself in New Hampshire at the Northeast Snow Summit Expo to see a pilot Leadership Program that the NSP presented in coordination with our National Executive

Director, Tim White.

Eastern New York Region – As the first hint of fall started to show on the mountainsides, the Eastern Division Board met in Clifton Park to get the season started and heard from both the OEC and Ski and Toboggan Supervisors about program improvements that would occur over the 2008-2009 season.

Central New York Region – October found me being invited to McCauley Mountain so that I could join all active members of the NSP in becoming refreshed for the upcoming season. During a break in the action, I was again honored to be able to present a National Appointment, 10762 to Russell Martin.

Genesee Valley Region – A week after travelling to McCauley, I was back on the road again headed for Honeoye, NY for their Region Refresher and was very pleased to present the Division Outstanding Alpine Patroller award to Skip Miller and the National Outstanding Instructor award to Marcia Mundrick.

Connecticut Region – As soon as I

Continued on page 2

was done in Honeoye, I was pointed east to Southington, CT to the Connecticut Region Refresher to present the Large Alpine Patrol Award to the Mount Southington Patrol. I also had a chance to meet an active 60-year Lifetime Member, Josie Whitney, from Mohawk Mountain, who told me she wasn't ready to quit yet!

Northern Vermont Region – Before the month of October was over, I was back in Northern Vermont near the Canadian border to present Kelly Cota the long overdue National Appointment 10836 at the Jay Peak Refresher.

EMARI Region – The season had still not started yet and I was in Boston for the Boston Globe Ski Expo, helping the Patrollers of the EMARI Region staff the National Ski Patrol booth and talk to the skiing and riding public about the NSP.

Southern Vermont Region – The snow fell and bull wheels started to turn, and December found me at Killington with all of the Region Ski and Toboggan Advisors and the Division Staff. Although I got to hear about what was new in the S&T world, my primary purpose was to present, what must be a first in NSP history, well deserved and overdue his and hers Distinguished Service Awards to Frey and Wendy Aarnio.

Maine Region – In cooperation with the Maine Region and Sunday River, the EMARI Region celebrated 20 years of Ski and Toboggan Clinics held at Sunday River. I was invited to run a clinic station and to also help present the Sunday River Patrol Director with a plaque of appreciation for their 20 years of support of the EMARI Region.

New Hampshire Region – Grey skies turned to sun at Ragged Mountain in February where the NH Region was running a Senior S&T Clinic. Ski skills were the order of the day at my station in the morning and then sleds in the afternoon. Many thanks to the Ragged Mountain Patrol and management who took great care of us all day.

Western Massachusetts Region – The end of February found me at Jiminy Peak at the invitation of the Dinosaurs, a group of "more experienced" NSP Alumni,

who represent a veritable list of Who's Who of the Eastern Division. It is always great to spend time with these men and women and hear some of the stories that contribute to the heritage of the Eastern Division.

New Hampshire Region – March found me back in the NH Region at Cannon Mountain for a combined NH and EMARI Region Senior S&T Evaluation. It was a well attended event (with a great lunch provided by the Region staffs).

Northern Vermont Region – Mid-March brought sunshine to Bolton Valley that was perfectly timed to coincide with the Eastern Division Young Adult Seminar. Sixty Young Adult Patrollers demonstrated their Patroller skills over the two days of the event. As one of the ski station evaluators, I got to see the future of the NSP in action, and I can assure you our future looks very bright.

Maine Region – The end of March found me on the "you can't get there from here" road from Vermont to Northern Maine and Sugarloaf USA for the Eastern Division Certified Test. Between NSP and PSPA there were over 20 candidates and by the end of the event eight more Patrollers had achieved the classification of Certified Patroller.

National Board of Directors Meeting – Mid-April I was off to Utah to attend the National Board of Directors meeting that was held as a part of the Patroller Education Conference.

And what is a Division Director's report without some numbers, so here are the important ones. Throughout the season, Instructors performed our primary mission by delivering quality courses to Patrollers across the Eastern Division. This year, the equivalent of almost one out of every two Patrollers in the Division took advantage of courses to improve their knowledge and skills. This is a dramatic increase over the 27% for 2006 and again in 2007 and 36% for 2008. A total of 387 courses were presented, up from 216 last year. Here are the numbers:

Active Division Members	Number of Course Units Delivered*	Percent Course Units to Members
6835	2925	42.79%

*The course unit number is based upon courses registered with the National office, excluding refreshers.

Finally, and even though I say it every year, it can never be said enough; I would like to thank all of our Instructors and Instructor/Trainers for taking time away from their families and careers to deliver outstanding courses to the Patrollers of the Eastern Division. Well done!

Ronald Verblauw

Past Division Director Ron Verblauw of 44 Fox Run Road, Sunapee, NH 03782-2305, died suddenly on August 21, 2009. Born on December 23, 1933, he joined NSP in 1967 serving patrols and patrollers in a multitude of positions. A full obituary will be in the next issue of *Trail Sweep*.

Call for Candidates for Eastern Division Director

Eastern Division seeks a dynamic, committed, energetic patroller to fill the position of Eastern Division Director. Persons interested in being candidates for this position are asked to submit their names to the Eastern Division Nomination and Election Chair Don Weaver at:

253 Braxmar Road, Tonawanda, NY 14150
716 837 1039 (home)
716 479 1167 (cell)
E-mail: dweaverb2@juno.com

ELECTION PROCESS

The election of the Division Director is to take place at the Spring Officers Meeting 2010. The Eastern Division Director is elected by the Board of Directors (the fifteen Region Directors) and the Division Director in case of a tie.) ED Bylaws Article 6.1

ELIGIBILITY REQUIREMENTS FOR DIVISION DIRECTOR

- A. Active Registered Patroller in the Eastern Division
- B. Have a minimum of five seasons of patrolling experience [note: the local candidate year is excluded from counting as a season of patrolling].
- C. Must have achieved Senior Alpine, Senior Nordic or Certified Status. Auxiliary Patrollers are qualified if they have met the requirements described above at some point in their patrol career.

D. All of the above must be met on the day that a candidate announces his or her candidacy. ED Bylaws Article 6.1

DIVISION DIRECTOR DUTIES

The Division Director shall preside at all meetings of the Board of Directors and shall have responsibility for the day-to-day activities of the organization. The Division Director shall perform all duties described in the published regulations of NSP and all other duties incident of such office and such other duties as may, from time to time, be assigned by the Board of Directors. The Division Director shall propose members of the standing committees of the Board for each calendar year subject to ratification by the Board of Directors.

The Division Director shall be responsible for overseeing the following non-inclusive duties:

- A. Follow the objectives of the Board of Directors;
- B. Make regular contact with the Board of Directors;
- C. Report decisions made to the Board of Directors;
- D. Manage support services such as Awards, Memorial Fund, Website, and so forth;
- E. Act as liaison with the National office;
- F. Act as liaison with Program Supervisors;
- G. Distribution of the Division calendar of events;
- H. Appoint Special Committees; and,
- I. Distribution of the proposed Annual Budget and any proposed By-law amendments at least ten days prior to the Annual Meeting.
- J. Ensure that New York State, Department of State Division of Corporations contact information is kept current with the new Division Director's Name. ED Bylaws Article 6.2,3



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CHARTERED BY CONGRESS

TRAIL SWEEP

encourages submission of articles, pictures, and letters to the editor. All material becomes the property of the National Ski Patrol, and cannot be returned unless accompanied by a stamped, self-addressed envelope.

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https://www.nsp.org/nsp2002/member_services_template.asp
to change your record.

Instructor Development

Flo Rutherford, ID Supervisor

Our ID staff has been busy this past year as usual providing courses for patrollers wanting to get involved in becoming NSP instructors. From February to May, there were already 17 courses given throughout the division and in that period 148 patrollers completed an ID course (classroom or e-course).

Although the classroom setting is still the most popular, the e-course is still a great alternative for someone who has schedule conflicts and can't attend a classroom course. The e-course material can be purchased through the *NSP Winter Catalogue*. The student needs to purchase both the textbook and the CD. The student should then contact the Region ID Coordinator or me so an e-course can be registered.

The last part of the e-course is the completion of a final exam which can be mailed to the student. To find a list of e-courses you can go to www.nsp.org and find a list of e-courses under NSP Education Programs or contact me at sk8nski@comcast.net. A list of classroom courses can be found on the Eastern Division calendar.

Introducing Your New Treasurer: Alex Edwards



I would like to introduce myself to you as your newly-elected Division Treasurer. I have been patrolling at Whiteface Mountain for the past 22 years. I first served as secretary/treasurer for five years, assistant patrol director for two years, and patrol director for eight years passing the torch in 2006.

I was looking for a way to further the mission of the NSP and took on the challenge of being your Division Treasurer. I have been a CPA for 30 years and am the managing partner of a local CPA firm. I look forward to the challenges of the position and stand ready to help any patrol or region with their financial, not-for-profit or reporting matters. I can be reached at alex@aecocpas.com.

Treasurer's Report – Year Ended March 31, 2009

by Jeff Barcus, Past Treasurer

The following treasurer's report for the period ended March 31, 2009 which represents the activities for the 2009 Fiscal Year (April 1, 2008 through March 31, 2009)

The basic report includes four statements: a Statement of Financial Position, Statement of Activities, Statement of Cash Flows, and a Statement of Functional Revenue and Expenses.

The Statement of Financial Position is a snapshot of the organization's financial health as of March 31, 2009 and shows the organization to be healthy with \$195,216 of accumulated unrestricted Net Assets (Patroller equity). This statement also shows total assets of \$256,345 comprised of cash, mutual funds, and equipment.

The organization had a decrease in Net Assets for the current year of (\$48,384). This loss was comprised of a market value decrease in our investment portfolio of \$76,049 offset by a surplus from the operation of the division programs of \$27,665.

Continued on page 5 - Barcus

Budget and Treasurer Approved

by Rick Knight, Finance Committee Chair

The Eastern Division voting body passed a budget for the 2009-2010 year at the Spring Officers' Meeting. The budget forecasts a surplus of \$3,965 for the year. Your program supervisors have carefully prepared these budgets to bring programs to you. Wherever possible the programs will be brought to your region and every effort will be made to meet your needs.

This budget is fiscally responsible and at the same time it allows us to support our instructors and quality control people who are tasked with providing you with excellent programming. These people travel all over the Division providing these services. Many have been contributing more than their fair share of costs in addition to the significant time commitments required of them. This budget provides for reimbursement of some of those costs.

If we do end up with a surplus, the funds will be put in our investment accounts to support future operations. The Division Board of Directors has determined that we should have funds available to meet unexpected obstacles that may present themselves. The target amount for this has been set at one-and-one-half times the operating expenses of the Division. Our investments at the end of our year were below that level partially as a result of the unfavorable market over the past year. Once our

investments reach our target level, the income will be used to adjust the investment fund for inflation and the balance will support the Division operating budget.

At the meeting our Treasurer Jeff Barcus, after many years of outstanding service, submitted his resignation. Please join me in saying thanks to Jeff if you see him. His service took us through some tough times. Jeff has agreed to remain on the Finance Committee. The role of Treasurer will be filled by Alex Edwards from Whiteface Mountain. He is an extremely qualified CPA and Investment Advisor with lots of non-profit experience. Please welcome Alex to this role.

The actions taken by your Board of Directors and Voting Delegates have brought your Division to a good fiscal position and a fiscally responsible budget. Trust that your Program Supervisors will prudently spend your dollars to most efficiently provide you with outstanding programming. The Eastern Division Finance Committee will continue to work to improve our systems and strive to provide you with any information you desire about the finances of your Division. If you have any specific questions please feel free to contact me or our new Treasurer Alex Edwards.

Continued from page 4 - Barcus

The Statement of Activities is a summary of the organization's activity for the past year according to the level of restrictions placed on the Net Assets.

The only restrictions placed on any of the Net Assets of the organization are all related to the Memorial Fund and the scholarship program. Contributions made to that fund are permanently restricted – meaning we cannot use them for scholarships. The income of the fund is available to fund scholarships and to maintain the earning power of the Memorial Fund as described in our investment policy. These earnings are temporarily restricted until a scholarship is granted or a transfer to maintain the earning power is necessary. The Statement of Activities shows the amount available for future grants is \$1,797 and the total Permanently Restricted balance is \$45,890. This statement does not reflect the grants which will be announced later in this meeting.

The Statement of Activities summarizes the activities and restricted balances. It shows the organization decreased all its Net Assets for the year ended March 31, 2009 by a grand total of \$48,384 which is much more than last year's decrease of \$21,799.

The Statement of Cash Flows simply reconciles beginning cash to ending cash for the year.

The Statement of Functional Revenues and Expenses shows in greater detail the results of the year's activity by "functional category," which represents each program operated by the division. These are Outdoor Emergency Care, Ski & Toboggan, Mountain Travel and Rescue and so on.

For a complete copy of the Treasurer's Report go to the member section of the website at <http://www.nspeast.org/members/members.html>.



990 showed up at the Annual Certified Weekend as an observer.

Hunter Mountain Benefit Day

by Don Page, Past Division Director

Hunter Mountain will again sponsor a Ski Patrol Benefit Day on November 27, the day after Thanksgiving.

Starting in 1970, a portion of the ticket receipts from the day have been donated to the Eastern Division through the generosity of Orville Slutsky and the late Israel Slutsky. In addition, free skiing has been offered to the first 20 patrollers to sign in at the Ski Patrol Booth that morning.

Join your fellow patrollers for an early season day of skiing and to show support to the area which has supported us over the past 38 years.



S&T Season in Review

By Frey Aarnio, Supervisor

The Patroller Education Conference (PEC) was held at Snowbird, Utah, in April with 39 inches of new snowfall during the three-day conference. Eastern Division had two teams entered in the first ever National Patroller Challenge, which included performance evaluations in toboggan handling and OEC skills. The Eastern team comprised of Bill Cline, Brant Maley, and Justin Guth (all from EPA) took third place overall. The Ski Liberty team made up of Marie-Pierre Bloch, Dede Dascalu, and Brian Kiehl also had a good showing. First place went to the Intermountain Division team from Snow King, Wyoming.

Another notable award was presented to division staff member, Joe Kulina, Killington's Otter Ski Patrol PD, by the Connecticut Federal Executive Association for Excellence in Community Service. Joe has been very active with the ski and toboggan program at all levels from patrol to the certified program. Congratulations to Joe.

The 2008/2009 season was a great success, weather-wise and in all areas of program delivery. Participation in the Enhancement Programs, senior training and evaluations, and in the trainer/evaluator clinics increased over past seasons with a better successful completion ratio. This speaks highly of the preparation efforts at local and region programs and the work of the T/E's conducting the training.

In the upcoming season we will be launching some expanded and new programs to bring program delivery to more ski areas that have more advanced terrain and geographically located closer to patroller population. Locations and schedules are currently being established and will be posted on the website when available. Please check with your Region S&T Advisor for specific information.

Pray for good snow for next season.



Certified Program Check It Out!

by Dave Walker, Chair

This year's certified exam was held at the Sugarloaf Resort in Maine. The exam started early this year because of an exceptional number of candidates. The weather cooperated somewhat, but, as usual, the fog moved in for the ski and toboggan events. Fortunately, the sun came out for the Saturday schedule.

Sugarloaf is an outstanding place to run an exam; long runs, extremely challenging terrain, and a beautiful mountain. Special thanks to the patrol director, Mark Adams, and candidates Ben DeFrosia and Bob Dellert for their effort in pulling this event together.

Between certified members, candidates, and volunteer help this exam was attended by 140 people. It was my pleasure to award, a record in my tenure, eight certified numbers and pins at this year's event for the successful completion of the program.

Bob Bernatos	Ski Roundtop	Certified #698
Jim Wackell	Sunday River	Certified #699
Tait Germon	Killington	Certified #700
Carl Chaplin	Ragged Mountain	Certified #701
Mark Miller	Blue Mountain	Certified #702
David Smith	Wachusett	Certified #703
John Boburchuk, Jr	Blue Knob	Certified #704
David Hill	Loon Mountain	Certified #705

This year's exam provided additional opportunities for NSP certified members. The exam started on Thursday (usually the exam is a Friday and Saturday event) with a very ambitious schedule that not only kept candidates and examiners very busy but also afforded qualifying members a chance at reciprocity into the PSPA organization. Four members took advantage of the opportunity. Mark Abend, president of that organization and an NSP certified member, was on hand during the exam to administer the additional requirements. He attended the banquet to hand out PSPA certificates to the successful candidates. Congratulations to:

Don Mills	Killington
Joe Greenwood	Wachusett
Justin Guth	Blue Mountain
Bob Bluff	Elk Mountain

Congratulations also go out to Sandy Macys, Sugarbush patroller, who was awarded lifetime certified status at the annual meeting on Sunday. Lifetime status may be awarded to those certified patrollers who, over a period of many years, have shown commitment to the program by examining, training, and supporting a majority of the exams over their tenure. Sandy joins a small group of certified members who have been honored with this distinction.

There were three certified precourses held this year, one at Snō Mountain, one at Windham, and the other at Sunday River where a total of seven new candidates qualified for entry into the program. Thanks to Brant Maley from Ski Roundtop, John Kane from Sunday

River, and Ted Davis from Windham Mountain for their efforts in organizing these precourses.

The certified program continues to reach out to potential candidates by holding Introduction to Certified clinics across the division. There were three sessions held this year: Sunday River, Snō Mountain, and Windham Mountain. Informal sessions were held at Loon and Sugarloaf.

Next year's plans include more opportunities for Eastern Division patrollers to see what the certified program is all about. Plans are in place for at least four Introduction to Certified events strategically placed across the division. As soon as the plans are firmed up I will post them on the division calendar. Twenty-three patrollers attended last year's introduction events. Some decided to apply for entry into the program right away, some decided to wait until they are ready, and others satisfied their curiosity. There is something for everyone. Between the ski and toboggan events, avalanche or low angle rescue, lift evacuation, hill safety, OEC, and even hill safety or patrol management we will pique your interests.

The avalanche module has been changed to a more interactive approach. The 50 question exam has been replaced by an interview where the candidate is required to provide two avalanche reports and be able to interpret the information. They must understand the mechanics of snow, be able to identify which slopes are prone to slide and under what conditions. The interview is followed by a beacon search where the candidate must find a buried avalanche beacon in a predetermined amount of time in order to be successful.

Each year I encourage patrollers from the division to come to the certified exam to find out what it is all about. If you have any doubts, ask any of the eight patrollers listed at the top of this report if the program was worth their efforts. Come up and see what it is all about, show up and be a patient or helper; shadow the exam and see where you stand in relation to the standard. There is an education here. Guests can shadow any or all parts of the exam, watch most of it and even try their hand at some of the events when there is a lull. I would like to encourage, invite, or otherwise compel any or all patrollers to see what this exam is all about. As a guest, we will put you to work, explain the different parts of the exam, and encourage you to try your hand at the program. I am always impressed with the level of technical expertise at this exam shown by the examiners and also patrollers from all over this division who come to help. Come and learn!

Due to scheduling logistics the 2010 Certified Exam will not be held at Whiteface as previously announced. We have now confirmed plans to hold next year's event at Sugarbush South the weekend of March 26-28, 2010.

Young Adult Patroller Program

by Jerry Hyson, Supervisor

This year's seminar was held at Bolton Valley, VT the weekend of March 13-16, 2009. Once again we had a great event with over 50 young adults and over 50 adults. The ratio of about one adult to every young adult continues to allow us to run a successful event; not only educational but entertaining as well. This year's event included a search and rescue to locate customers lost on the mountain.

Many of the OEC and S&T staff were impressed by the level and quality of the young adults who participated. Sugarbush South the weekend of March 26-28, 2010.



2009 Young Adult Patroller Seminar winners

2009 RESULTS

OEC

1s	Jordan Carlstrom	NH
2nd	Richard Dulac	CT
3rd	Kenneth Plourde	NH

SKIING

1st	Ariel Hamlin	NVT
2nd	Melissa Headen	EPA
3rd	Alissa Leonard	ME

TOBOGGAN

1st	Matt Butler	ME
2nd	Alissa Leonard	ME
3rd	Eleanor Turner	SVT

OVERALL

1st	Richard Dulac	CT
2nd	Jordon Carlstrom	NH
3rd	Ariel Hamlin	NVT

Thanks to all those who made this event successful once again. A special thank you goes to Debbie Foss and her staff; Terry Randolph and his staff; and Rick Hamlin and the Board of Directors. My staff, Jim Slattery, Dan Pascucci, and Craig Larsen provide me with incredible support without which I could never pull off this event. John Shipman also helped with registrations for the Board of Directors and saved me hours of work.

I, and a few of my staff, attended many mini-seminars around the Division including VT, PA, NH, MA, and ME. One of the young adults in PA mentioned to us that they were not planning on attending the Division Seminar until we came down and showed them a good time with the mini-seminar. That comment made the five-hour ride down worth the trip.

We have made plans to hold next year's event at Sugarbush South the weekend of March 26-28, 2010.



New Certified members: front row l-r: John Boburchuk, Dave Smith, Jim Wackell; 2nd row: Mark Miller, Bob Bernatos; 3rd row: Tait Germon, Dave Hill, Carl Chaplin.



Jim Wackell, far right, built this chair and presented it to Dave Walker at the Certified Banquet.

Awards 2008-2009

by Bill Boulter, Coordinator

WOW what a great, exciting, busy year for Awards. We have some plusses and minuses this year. The minus is that we are down on our count for NSP awards. The plus is that our awards count is up by 25 awards. How can this be you ask? Well, I answer, the Eastern Division Patriot Star – 39 were awarded this year! That is great, thanks for the support of this new award. Please let your Awards Coordinators know what a great job they are doing for their Regions. I let them know how proud I am of them at my meeting.

This year was a big year for awards at the National level. I hope you all read the NSP newsletter. Our National Awards Committee had a great meeting in Denver this year. The National Board passed all of our recommendations and will implement them in the 2009-2010 *Policies and Procedures Manual*. I had the privilege of meeting with Terry LaLiberte and Tim White most of the weekend and made a lot of progress with awards issues. Both men, and the new direction the NSP is headed, impressed me. Perfect, probably not, but impressive just the same.

I have worked on better communications with my Awards Coordinators this year. Also, not perfect, but we are getting more information out and better awards back. I will continue to work on my

communication skills. Please, have your Awards Coordinators do the same.

This year, like every year for the last 12 years, I traveled to Albany for an awards meeting and our Division Spring Officers' Meeting. I have been in charge of running this awards meeting for the last eight years and love every minute of this job. I have been charged by my bosses through the years to have this meeting and will continue this meeting until the Division Director and the Board directs me otherwise.

All of you have awards advisors who work endless hours and countless days for you all year long. Awards never end, even when the snow is gone and the sails are flying and the golf balls are being beaten to death. NSP awards go on.

When I was a Region Awards Advisor my RD took me aside and told me these words of wisdom. There is an awards meeting in Albany, you are required to go, the Region is grateful for your time and effort. Please consider this meeting a small token of our appreciation for all you do for your fellow patrollers and your Region. I get dumbfounded when Region Directors question this meeting and the small cost for the hundreds of hours of work.

My awards meeting last year ran over two hours longer than normal due to all the work that needs to be done this year. And future years will be no different. Please have your awards advisors come meet with me.

Awards and your patrollers are worth it.

Eastern Division Outstanding Awards for 2008-2009

Alpine Patrol (Large)	Whiteface Mtn.	ENY
Alpine Patrol (Small)	Eagle Rock	EPA
Alpine Patroller	Joseph Menichino	GV
Instructor	Nicholas Schiavetti	GV
Nordic Patrol	Nutmeg Nordic	CT
OEC Instructor	Christopher Rousseau	NH
Paid Patroller	Karen Cote	NH
Patrol Representative	Howard Wyandt	EPA
Young Adult Patroller	Kenneth Plourde	NH

JERRY SHERMAN DIVISION DIRECTOR AWARD

David Walker Certified Chair

PATROLLERS FOR PATROLLERS AWARD

Guy Lombardo Western SC/WAPP

SIGNIFICANT MONKEY "990" AWARD

Peter Neefus Assistant Division Director, ENY RD

NATIONAL APPOINTMENT

Jerry Sitko	10790	EPA
Paul Speer	10830	EPA
Kelly Cota	10836	NVT
Wayne Arsenault	10838	ME
Wolfgang Boernert	10840	EPA
Scott Wilson	10898	WMASS
Bruce Lorenzen	10850	WMASS
Monica Lee Zabloutny	10858	WNY
Erik Vandenberg	10860	NJ
Deborah Cowell	10862	NJ
James Bubar	10896	WNY
Bob Cassello	10922	CT
William Walthour	10940	EPA
Ron Ellison	10989	CT

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DISTINGUISHED SERVICE AWARD

Norman Doherty	EMARI
Deb Foss	EMARI
Rich Bell	EPA
Mike Lord	GV
Frey Aarnio	SVT
Wendy Aarnio	SVT
Jon Anderson	NVT
Imy Rosenblatt	WAPP
Rik McClave	WMASS
Bill McCombe	WMASS
John Fitzpatrick	WNY
Bert Probst	WNY
David Stringfellow	WNY
(Posthumously)	
Ray Tuthill, CEO	
Blue Mountain Ski Area, EPA	

MERITORIOUS SERVICE AWARD

Bruce Holmberg	EPA
Flo Rutherford	EPA

YELLOW MERIT STAR

Jeffory Beckers	EPA
Wolfgang Boernert	EPA
Jim Daily	EPA
Ken Gable	EPA
Bruce Holmberg	EPA
Doug Howlett	EPA
Flo Rutherford	EPA
Marty Sonnenberg	EPA
Tim Cassidy	GV
Ben Emerson	GV
Mary Eminghousen	GV
Mike Lord	GV
Nick Schiavetti	GV
Bill Cline	WAPP
Bill Csikesz	WAPP
Andrew Czurko	WAPP
William Kozlovich	WAPP
Guy Lombardo	WAPP
Alicia Thompson	WAPP
Timothy Goff	WNY

PURPLE MERIT STAR

Michael Dudak	EPA
Keith Anderson	WNY
Molly Bovard	WNY
Mary Freeman	WNY
Michael McDonald	WNY
Diane Smith	WNY

BLUE MERIT STAR

Tim Donaghy	EPA
Tim Fortner	EPA
Gary Seeberger	EPA
Mark Ubbens	EPA
Nick Kovacs	NVT
Patricia Beagle	WNY
Dani Bond	WNY
Tim Crissman	WNY
David Hewson	WNY
Sharon Hewson	WNY
Tim Kearns	WNY
Dawn Kopchick	WNY
Mike Kopchick	WNY
Ray Lavanture	WNY
William McCasey	WNY
Joseph Probst	WNY
Jack Swartz	WNY

PATROLLER CROSS

Alan Lounsbury	CT
Jack Kowalski	WAPP
Anthony Ostroski	WMASS
Ken Schwartz	WMASS

NATIONAL CERTIFICATE OF APPRECIATION

Jim Daily	EPA
Ken Gable	EPA
Ed Hirshman	EPA

LIFETIME MEMBERSHIP

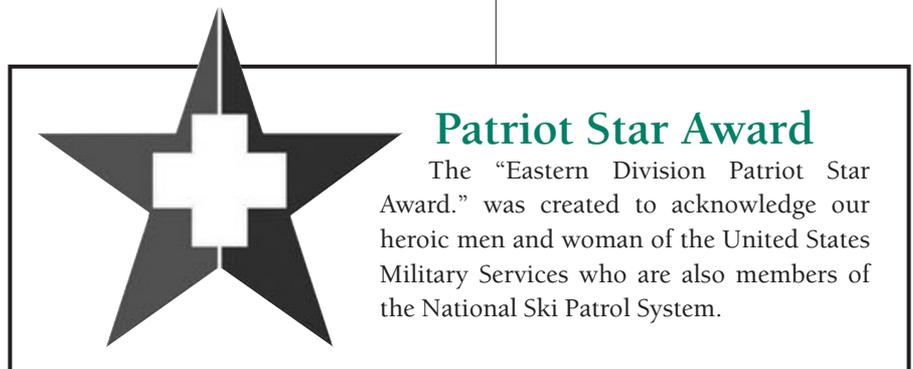
Charlie Warren	CT
Josef Winkler	EPA
Robert Barrett	EPA
John Stinsman	EPA
Floss Kirkner	WNY

MEMORIAL FUND SCHOLARSHIPS

See Memorial Fund Article on pg. 12

PATRIOT STAR

Lloyd Alexander	WNY
Derek Bisson	ME
Eric H. Bowen	WNY
Laurie Briggs	WMASS
Frank Cannella	SVT
Douglas Colangelo	WNY
Roger Copt	NJ
Sonny Davis	ME
Robert V. Derenda (KIA)	WNY
William Dice, MD	WNY
Mike Dubois	ME
Ron Ellison	CT
Stuart Gillard	NJ
Kenneth W. Graf, MD	EPA
Dan Hogan	CNY
Charles Hileman	WAPP
Bruce Holmberg	EPA
Eugene W. Jack	NJ
Al Kraus	GV
Richard Jakucs	NJ
Ryan Lafferty	EPA
John Long	GV
Alan C. Lounsbury	CT
Joe Manna	NJ
Charles Marston	ME
Steven Moses	GV
Scott Mundrick	GV
David Nelson, Sr.	NJ
George Pfister	WNY
Scott Pfister	NVT
Tim Politis	ME
David Rau	WNY
Christopher Raup	EPA
Joe Rine	ENY
Steve Showalter	WAPP
Leo Smith	WMASS
John VanHaelen IV	CT
Robert J. Wright	NH
Francis Ronald Zavada	SNY



RAYMOND E. NYLANDER

On June 3, 2009 the NSP, Eastern Division, Western Section of the Western Appalachian Region, and the Laurel Hill Nordic Patrol lost Raymond Nylander their Patrol Director due to a stroke. In 2008 I had the great honor to present Ray with a life member plaque honoring his 50 years of service to the NSP.

Ray started out as an alpine patroller with the Laurel Mountain Patrol where he made his senior status. In 1979 he was awarded National Appointment #5529. When the Laurel Hill Nordic Patrol needed a PD Ray transferred and volunteered to take on that job.

Volunteering was nothing new to Ray. During WWII Ray volunteered for the US Navy submarine service where

he saw action in the Pacific. It seems that volunteering was a great part of Ray's life. He was a life member of NSP, Boston/Greenoch Volunteer Fire Company, and the NRA and also a member of McKeesport Sportsman's Club and Jenners Community Sportsman Club. The NSP will be hard pressed to find, if ever possible, a person of his dedication that had thoughts of his friends before he thought of himself.

He is survived by his brother, William A. (Edith) Nylander, McKeesport; sister-in-law, Martha A. Nylander, of Boston, PA.; and nieces and nephews, Dr. William Nylander MD., Robert D. Nylander, Lawrence Barnes, Nancy Working, Karen Lorincz and Lynn Botti.

*Guy Lombardo
Western Section Chief, WAPP*

DOROTHY WRIGHT



It is with sadness that I report that Dorothy "Dot" Wright, National Appointment #4092, passed away on March 16, 2009 at the age of 94.

Dot began her patrol career in 1958 at Highmount, NY where she held paid and volunteer positions until the area closed in 1993. She then became a member of the Plattekill

Ski Patrol serving until 1997.

I met Dot in 1962 at Highmount, when I was 13, and I was struck by her then. When I became a patroller 13 years later she became my "teammate," something that continued until she retired. She used to open her home in Woodstock for years to weekend patrollers at Highmount who lived 90+ miles away so that they would have a nearby place to sleep...and they were always guaranteed a hot meal. I know as I was a guest of her bountiful hospitality for nearly 20 years.

Dot was given her local patroller test at Highmount back in 1959 by the legendary Wally Keller (NSP's first Assistant National Director), when he was still the Patrol Leader at Highmount.

Aside from her National Appointment she had several service awards. As late as 1994, at the age of 77, she was still completing her annual S&T recertification as required by the patrol. I was usually her "victim."

To most people who knew her, and there were hundreds, she was an inspiration. She had incredible emotional and physical strength, and was a very agile skier well into her 70's. Most of all, she was always willing to lend people her time and energy. She lived by the motto, in the Ski Patrol, Woodstock Rescue Squad, and day-to-day life; "If you need me, I will come."

Dot was the mother of Lynne Radcliffe and the late Edward (Ted) Wright and was the grandmother of Wendy Robinson, Jill DiMaria, Robin Hallice, James Radcliffe, Jessica Lynch, and Matthew and Christopher Wright. She is also survived by 17 great-grandchildren, three great-great-grandchildren, and nieces and nephews.

*Dave Schutz
Plattekill Ski Patrol, SNY*

DAVID LINCOLN PRESCOTT

David Lincoln Prescott, 85, of Fayston, VT, passed away on Saturday, May 2, 2009. Born in Sharon, MA, on September 25, 1923, he was the son of the late Willard and Gladys (Street) Prescott. On June 28, 1947, Dave married Helen F. Voit in Sharon, MA. Helen passed away in 1985.

On November 27, 1987, Dave married Joann Deans Caron of South Windsor, CT. Joann predeceased Dave in 2004.

Dave graduated from Sharon (Massachusetts) High School in 1941 and attended Kimball Union

Continued on next page

Continued from previous page

Academy where he received his diploma in 1942. He continued his education at Nichols College in Dudley, MA, where he received his degree in business administration and executive training.

He enlisted in the Army Air Corp in 1942 for flight training and was assigned to pilot training and attended New England Aircraft School and Canisius College. During this period he was elected to various cadet officer positions. Dave was honorably discharged in 1945.

Following his discharge, he lived in Sharon, MA, and West Hartford, CT, working as a New England sales manager for the Schlage Lock Co., a position that he held for many years, retiring in 1986.

Dave enjoyed a vacation home in Fayston, VT, throughout his years and for the past five years decided to make the Mad River Valley his permanent home.

An avid skier, Dave was a 45-year member of the National Ski Patrol and was active at Berkshire Snow Basin and Butternut Basin Ski Area both in MA. On his visits to Vermont, he enjoyed skiing Mad River Glen and was a

MRG Co-op shareholder. Throughout the years he was active in NASTAR racing, reaching numerous championships at various age levels. He was also a passionate golfer and an accomplished woodworker.

His memberships included American Legion, Free and Accepted Masons, Order of Odd Fellows, Sharon Men's Club (past president), Hartford (CT) Ski Club (past president), Mad River Valley Rotary Club and Republican Party.

Dave is survived by his two children, D. Lincoln Prescott Jr. and his wife Elayne P. of Charlotte, VT, and Leigh P. Clark and her husband Thomas W. of Fayston, VT. He was the loving and proud grandfather of Andrew L. Prescott and Susan L. Prescott, both of Charlotte, and Hilary P. Clark and Brooks P. Clark, both of Fayston. He was predeceased by a brother, Winthrop Prescott of Woodstock, VT, and stepson Christopher D. Caron. Dave is survived by his stepchildren, David A. and wife Jo-Ann Caron, Suzanne E. Caron and Angela R. Caron, all of CT. He leaves behind many nieces, nephews, step-grandchildren and step-great-grandchildren.

Memorial donations may be made to Mad River Glen Ski Co-op.

CHARLES O. PETERSON

Vermont's Jay Peak Ski Patrol lost a valued member on February 11, 2009 when Charles O. "Chuck" Peterson succumbed to a heart attack. Chuck was a registered patroller who was in his 13th year with NSP. Chuck was less than two weeks away from going for his Senior OEC certification after training for it this last year.

An alpine patroller, Chuck was a valued member of our patrol. He was the father and grandfather of three other patrollers, sons Barrett and Eric, and grandson Conor (who trained with our new candidates for a year), making it a three generation family who patrolled together at Jay Peak. Chuck was a loving husband for 50 years to wife Jean, and devoted father to not only Barrett and Eric and their families, but third son Matt and his family from Massachusetts. He felt life was all about family; your own family, your community, your church, and of course your ski patrol family.

Chuck, as an enthusiastic and dedicated patroller always tried to help in any situation he could, often calling on the radio to respond to any accident on the mountain because he wanted to do all he could. Chuck, (who had to rely on his hearing aids), was often heard performing a radio check to ensure he was at the ready. He was also often heard checking in with Eric or Barrett with a quick "What's your 20?"

In 2005, Chuck was awarded a Green Merit Star for his help with an evacuation of Jay's aerial tram lift when it

derailed. Chuck was instrumental in helping keep the customers calm and collected while they all descended to safety. Chuck also spent his last weekend skiing at Jay Peak with his son Eric and granddaughter Esther, down one of our glade runs called "Timbuktu." What a great "last run" it was for them.

Chuck was a graduate of the US Naval Academy, and was commissioned into the US Air Force, serving as an Engineer Officer for six years, including in the Berlin Airlift. In Vermont he had a long career in the granite industry, including work with Rock of Ages, Wells Lamson, Beck Granite and Granite Quartzite. He quarried Blue Mountain grey stone at his own Blue Mountain Quarry in South Ryegate for several years. In retirement, he worked at First in Fitness and this year expanded his joy in snowplowing to a small driveway clearing operation. Chuck was a member of Bethany Church and an eternal optimist who looked forward to enjoying each new snowfall or sunny day in the outdoors.

Chuck and his family spent summers at the family cabins on Smoke Lake in Algonquin Park, and at Tupper Lake in the Adirondacks. He was a faithful fan cheering on his grandkids in every sport. He is survived by Jean, sons Barrett and Mary Peterson of Williston, Eric and Cheryl Peterson of Berlin, and Matthew and Aimee Peterson of Sudbury, MA. His ten grandchildren are Haley, Conor, Lynne, Addie, Esther, Emmett, Graham, Wyatt, Cole and Nell Peterson.

*Rob Lunn
NVT Awards Advisor*

Continued on page 12 - In Memoriam

Continued from page 11 - In Memoriam

BEN EMERSON



Ben Emerson, 59, died June 17, 2009 at his home in Rochester, NY after a courageous year-long battle with cancer.

Ben joined the Swain Ski Patrol in 1977 and patrolled for 32 years, serving with distinction as Assistant Patrol Director, instructor, instructor/ trainer, and region program administrator. He became a Senior Patroller in 1989, received National Appointment #7661 in 1993, and was given the NSP

Distinguished Service Award for his dedicated service and significant leadership. He also received the David Hanning Commendation Award for his career contributions at Swain and twice garnered the Roland Stevens Award as Genesee Valley Region Patroller of the year.

Ben's greatest contribution was in training, including his work in OEC, MTR, and Avalanche. From 1980 he instructed throughout the evolution of the OEC program in its various stages, assuming a leadership role in the patrol and region, running on-the-hill refreshers, region refreshers, and candidate classes. He was OEC Assistant Patrol Director from 1983 to 1989 when the region recruited him as OEC Administrator and Instructor/Trainer. When the Instructor Development Program was instituted, he was assigned to teach the region Global and OEC Phase

2 courses and faithfully performed this duty until the mentoring program replaced Phase 2. He was chosen many times to act as a mentor or an I/T evaluator for OEC instructor candidates.

In 2007, Ben reprised his role at the local level when he was appointed Assistant Patrol Director for OEC again. He also served since 1992 as a Senior OEC/ EMM Trainer/Evaluator. The quality of emergency care provided to the skiing public throughout the region and at Swain in particular is a direct reflection of the significant contributions that he made to the training and refreshing of OEC instructors and patrollers. Ben was also an MTR and Avalanche instructor, put in extra time and effort as Instructor of Record for both programs, participated in division continuing education seminars, and was a mentor to both Avalanche and MTR instructor trainees.

Although Ben was a patroller for 32 years, he never relaxed his contributions to ski patrolling or the skiing public. With his long list of accomplishments, he set an example for patrol candidates during their training and served as a gentlemanly role model for them to aspire to.

Ben is survived by his wife Karen, daughters Adrienne and Meredith, and his sister Lowell. Ben was both a friend and colleague of many patrollers throughout his years on the slopes and his ready smile, sincere friendship, gravelly laugh, and easy manner will be missed by all who knew him.

*Nicholas Schiavetti
Swain Ski Patrol, GVNY*

Memorial Fund

by Dave Nelson, Advisor

The Eastern Division is pleased to announce the names of the students who were awarded scholarships for the 2009 season. This brings the total to 75 scholarships awarded so far.

Ryan Brousseau	Catamount, ENY	\$500
Michael Athen	Blue Knob, WAPP	\$400
Rebecca LaCourse	Crotched Mtn., NH	\$300
Ariel Hamlin	Smugglers' Notch, NVT	\$300
Megan Cavallo	Hidden Valley, NJ	\$300

This year, the fund is growing more slowly and we need your help. At the Spring Officers' Meeting this past May, Division Director Rick Hamlin asked all Region

Directors to stand up and let everyone know the names of patrollers that had passed away this past season. Twenty-one names were read out. Only 14 of those names were added to the Memorial Plaques.

A small donation of \$25.00 or more will add the names to the plaques. Our patrolling friends deserve to be remembered forever. They put so much into the NSP and the skiing public, we cannot forget them. Please visit the Eastern Division website and read about the Memorial/Scholarship Fund. This great program can not succeed without your input from the Region and Patrols.

OTHER PATROLLERS WE LOST THIS YEAR...

CT
LISA MILLER
BERNIE HOYT
WNY
SALLY RYLEK
JANET FACKLAM
NJ
JERRY MOORE
DON VANDAMN

EMARI
ROBERT LAVERTY
HERM HASENSTEIN
WMASS
FRAN MILLARD
EPA
SAM AMUSO
MIKE SEARLE

EPA
BRUCE HOLMBERG
GARY SEABERGER
NVT
OWEN HENNEY
JEF ALDRICH
KEN LAPLANTE, SR.
CNY
JIM DEYLE

SNY
ELLIE CASE BERNARD
KEN LEIM
GV
BOB FREEMESSER
HARRY MILLER



Picture Puzzles... Answers Needed

by Ellie Jessum, Historian

Somehow I know that there are patrollers out there who will read this and will be able to help me with the pictures below! If anyone can fill in these gaps it would be great.

To date I have taken 12 boxes of historical matter up to Dartmouth for the archives. They are chomping at the bit for more records. Please get them to them as soon as possible. Contact Peter Carini at Dartmouth at peter.carini@dartmouth.edu if you have any questions. Just make sure you label each box on the outside so they know what it contains.



Skier Award Ceremony

*Date, event and location are unknown.
From left to right: Johnny Johnson,
Harlan French, unknown, Wally Keller*



Award Ceremony

*Date, event and location are unknown.
From left to right: Harlan French,
Wally Keller, unknown, Johnny Johnson*



Big Boulder

*Date, event and location are unknown.
From left to right :Johnny Johnson,
Dr. Joe Marhefka, Harlan French*



Medical Committee

*Date, event and location are unknown.
From left to right: Dr. George Thomas, Dr. ? Erskine,
Dr. ? Worley, Dr. Joe Marhefka, Dr. Rolf Johnson
The sixth person is unknown.*



Bushwacking Award?

*Date, event and location are unknown.
From left to right:
Bill Waldane, George Melcher*

Nordic Report 2009

by Greg France, Supervisor

The Nordic Program was unique in 2009 in that, for the first time, the integration of the Nordic Master Pilot Program was a working part of the overall Nordic, Avalanche, and MTR Programs. The fledgling program began its second season in 2009; however, the 2008 Season was largely spent publicizing, screening potential candidates, and formulating a cohesive plan for the three programs to integrate the Nordic Master's Evaluations into each of the venues as efficiently and economically as possible.

Each of the Nordic events in 2009 worked to integrate teaching and technical skill evaluations of the Nordic Master candidates. Four candidates are currently active and five are waiting to enter the program. There is a complete report on this event below.

In September, the Annual Nordic, Mountain Travel & Rescue and Avalanche Instructors Meeting once again was hosted by the Northfield Nordic Ski Patrol, located in Northfield, Massachusetts. The program was well attended by all three disciplines with Nordic instruction focused on continuity of emergency toboggan construction skills. Emphasis was placed on the ability to work as a team on a standardized improvised emergency sled, while acknowledging that local protocol and available equipment would dictate your overall procedure.

On January 17th the Division traveled to the Western Appalachian Region for a Senior Nordic Evaluation hosted by the Hidden Valley Nordic Patrol. Back country skiing conditions were excellent and four patrollers passed their Senior Nordic S&T Evaluation. We were joined on the full-day tour by WAPP Alpine S&T Advisor, Bill Smith. His company was appreciated and it is noteworthy to mention that the Nordic Program always welcomes alpine patrollers for events where their skill level is appropriate.

February 27-29 Mountain Trails Nordic of the Southern New York Region hosted the 2009 NordicFest. There is a complete report on this event below.

PSIA Instructor, Dale Rogers, ran a Nordic Skate Clinic on Saturday and a Telemark Enhancement, at Bel-leayre Ski Area on Sunday.

In addition to skier enhancements, Snö Mountain, PA Certified Patroller, Tom Kneiss, completed the Senior Nordic S&T Evaluation and Master Nordic Candidate Steve Devine successfully completed a Night Search, Solo Rescue and Overnight Patient Bivouac.

The 2009 Nordic season concluded with Nordic Master Candidate Chuck Boyd serving as IOR for the Avalanche II program at Whiteface Mountain. Chuck, along with Masters Candidates Rick Shandler and Phil Galka, all completed their Solo Rescue and Overnight Bivouac to conclude the 2009 Nordic Season.

NordicFest

by Karlis Kopans, Mountain Trails PD



Despite two days of heavy rain and warm temperatures just prior to the start of the NordicFest, the event went off as planned. Division Nordic Patrollers arrived at the site of the event, Tannersville, NY, in the Catskills, on Friday,

Feb. 27. Old friendships were rekindled and new friendships were begun Friday night over ski flicks and "refreshments."

Saturday morning patrollers converged at the Mountain Trails Cross Country Ski Center, even though the area was closed to the public. The morning began with a very interesting and well done demonstration and discussion of emergency toboggan building lead by Steve Devine of High Point Nordic.

While patrollers were busy with the demonstration, Marc Shamus Hyer, Mountain Trails groomer, and

his PistenBully® performed magic on the icy base that was left after the preceding rain and warm weather. The Nordic Track/Skate Skiing Enhancement Seminar, taught by Dale Rodgers, PSIA-E Level III instructor, of the Westford Sports Center, in Vermont, proceeded and evolved into a day of discovery of new approaches to, and refinement of, Nordic skiing skills geared especially for patrolling on XC trails.

The following patrollers completed the Nordic Track/Skate Skiing Enhancement Seminar: David Barn-dollar (Hidden Valley); Alexandra and Barton Bruce and Alisa and Glen Phillips-Griggs (Nutmeg); Ezra Burgess (Crystal Lake); Steve Devine, Phil Galka, and Roger Kirschner (High Point); Greg France (Stokes Forest); Pete Snyder and Tom Kneiss (Upper Delaware Nordic); and Mitch Kessler (Mountain Trails).

At the end of the day, Happy Hour was provided by the Mountain Trails Patrol and owner, Rosemary Hyer. After freshening-up, patrollers enjoyed a delicious dinner served by Janina Brigris, of the Latvian Lutheran

Continued on page 15 - Kopans

Continued from page 14 - Kopans

Church Camp of NY, where participants stayed and relaxed. After dinner, Chuck Boyd, of Nutmeg Nordic, presented a very interesting and informative lecture and question and answer period about the K2 Expedition that he participated in last fall with a couple of other patrollers from out west. Chuck has also climbed Mt. Everest twice and is hoping to get back to the Himalayas for a new adventure in the very near future.

On Sunday morning, after breakfast at the Latvian Camp, attendees met at the Belleayre Ski Center, for a Nordic Downhill/Telemark Clinic, led by Dale Rodgers. Matt Spires, a Belleayre patroller and also a PSIA-E Level III Nordic Downhill instructor, stepped in to help Dale, and contributed greatly to the success of the event. The event was hosted by Joe Strauss (Patrol Director) and the Belleayre Patrol. Some of the

patrollers received an introduction to telemarking, while veteran tele skiers enhanced their Nordic downhill skills.

The following patrollers successfully completed the Nordic Downhill/Telemark Skiing Enhancement Seminar: Linda Boyd and Alisa and Greg Phillips-Griggs (Nutmeg); Ezra Burgess (Crystal Lake); Steve Devine (High Point); Greg France (Stokes Forest); Mitch Kessler (Mountain Trails); and Pete Snyder and Tom Kneiss (Upper Delaware).

The instructor of record for both seminars and organizer of the event was Karlis V. Kopans, SNY Region Nordic Advisor. He was assisted by Meg (SNY Region RD) and Carl Smith (Patrol Director) of Mountain Trails and Butch MacQueen of Allegany State Park. The NJ Region, under the guidance of Greg France, ED Nordic Advisor, also supported the event.

The Past is Prologue: The Creation of the Eastern Division Archives

by Gregor Trinkhaus-Randall, Archivist

How many of you still have old Eastern Division or Region records (from officers or committees) hanging around your house (or garage, attic, or basement taking up space that you could use for other things) waiting for someone to throw them out by mistake? How many of you have already thrown out records after you no longer served as an officer of a patrol, region, or division? As a consequence, how much of the Eastern Division's history is already lost? We will never know, but NOW is the time to ensure that it does not happen again!

As mentioned before, the Eastern Division has entered into an agreement with the Dartmouth College Archives to house, arrange, describe, preserve, and provide access to the records of the Division and its regions, sections, patrols, and committees. Once the records are received they will arrange and describe them and return any that are not appropriate to the donor, assuming that is what the donor would like.

The Dartmouth College Archives is a professionally-run archive, with highly trained archivists on staff. (The college archivist is currently the Vice President/President-Elect of the New England Archivists.) That is why we arranged with them to become the depository for the Eastern Division Archives. The college also has a long history of outdoor activities, including skiing.

Last year we began to collect records from patrol,

region, and division officers, past and present, at the spring Division Meeting. A few people collected and brought past records (prior to 2002) to the Division Meeting in May. Unfortunately, we only gathered past records from the Northern Vermont Region (thank you, Christian Jaquith) and from the Division Awards Coordinator (thank you, Bill Boulter). Therefore, many, many of you did not take our Division Director's directive to heart. We need you to do so this year.

We have had about 28.5 linear feet of records delivered, mostly from the Awards Committee. Subsequently, discussions have been ongoing with Paul Kling of New Hampshire to get his records to Dartmouth College.

Currently the records have been arranged to the box level. There are 19 boxes making up the 28.5 linear feet of records. The finding aid has been posted on the Web at <http://ead.dartmouth.edu/html/mss1041.html>.

Begin now to collect these records from your past and present officers while everyone is thinking about patrol activities, so that you will be able to bring them to the Division Meeting. The sooner we do so, the less chance there will be that they will be lost or destroyed inadvertently by some well-meaning soul. (There is at least one known instance of this happening in the past.)

The records should be housed in 'banker's boxes.' Please do not weed or cull materials from the records. Also, please do not try to change any 'original order' in which they may already be stored. There was a reason

Continued on page 21 - Trinkhaus-Randall

Avalanche Program Report

by Phil Galka, Avalanche Supervisor

Another great season! As I look back at a season of teamwork, accomplishments and enthusiastic participants I think about all the dedicated individuals that make this program possible.

With the development and implementation of the new Avalanche Instructors Manual the Eastern Division Avalanche Program was engaged in “big picture” national policy issues as well as “local” individual student issues that directly impacted the division program. In addition to the national issues, the division avalanche program supported 12 avalanche courses with a total of 214 participants throughout the division. The pinnacle of this season’s Avalanche Training Program was the Level 2 Course held at Whiteface Mountain. Thirty-five students trained for four days and then successfully completed a real-time Avalanche Search and Rescue exercise utilizing Incident Command and Organized Rescue techniques.

2009-2010 PROGRAM PLAN

I am happy to report that that the Eastern Division has completed the transition and has implemented the program objectives outlined in the new manual. In the upcoming season we will be able to offer an eight-hour introductory avalanche course as a senior elective that can be held anywhere in the Division. We also have the staff, training and terrain located in the Division to offer courses that meet the national requirements for Level 1 and Level 2 avalanche certification. The NSP Level 1 and Level 2 certification courses will be multi-day courses that will meet or exceed the national guidelines of the American Avalanche Association.

Here is a draft of some of the items we plan to complete in the upcoming season:

- Appoint Avalanche Instructor/Trainer Chuck Boyd as the Assistant Division Avalanche Program Supervisor.
- Complete Instructor/Trainer certifications and recertifications for the new season.
- Promote division and region avalanche program development.
- Develop new Avalanche Instructors.
- Support the eight-hour Introduction to Avalanche Safety and Rescue curriculum as a Region Senior Elective.
- Continue Level 1 Avalanche Certification Courses at Whiteface, Smugglers’ Notch and Tuckerman Ravine.
- Schedule Level 2 Avalanche Certification Course for 2010-2011 Season.
- Monitor course quality using Instructor/Trainer support and resources.
- Continue to review and perform training updates in accordance with national certification guidelines.
- Expand the geographic distribution of Avalanche course offerings throughout the Eastern Division.

I would like to thank everyone from the program participants up to our National Board for their support and hard work as we engaged in the season’s issues and program delivery. Together we made great courses possible, made long lasting improvements in the program and we had a lot of fun.

Elk Mountain Patroller Mike Senio Celebrates 50th Season

by Matt Nebzydowski, Elk Mountain Ski Patrol



Mike Senio of the Elk Mountain Ski Patrol was honored at this year’s spring banquet for the rare achievement of 50 years of service. Mike’s dedication has resulted in many permanent improvements to the patrol and to the ski area. To put his longevity in perspective, when Mike began his patrol career in 1959 Eisenhower was President, gas was only 25 cents/gallon, and Bonanza was a top

TV show. GORE-TEX® was still a long way off and ski gear included mostly woolen clothing, seven-foot wooden skis and “long thong” style bindings. A charter member of the Elk Mountain Ski Patrol, Mike served as Patrol Leader from 1963-1967 and has been an Assistant Patrol Leader since 1968. He received the Yellow Merit Star in 2000 and the Distinguished Service Award in 2005.

Wanna be like Mike? You better set your alarm! Mike can still be found nearly every weekend day, on the slopes answering to radio #13. He regularly arrives at 6:30 AM to open the patrol room and is often one of the first patrollers to the top. No small feat considering he has been commuting all of these years to his lake house near Elk from Rochester, NY, nearly a 425 mile round trip. If you add that up he has logged about 385,000 miles for patrolling! Fellow longtime Elk Patroller Bill Giovanoni recalled, “Mike spent many hours on the Sunday night return trip napping on the interstate/thruway waiting for the road to be plowed open. The family, including his wife, Judy, and children, David and Karen, made the trip most weekends even when the kids were babies. As the kids grew older the patrol locker room would

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Effective Leadership and a Shared Community

by Joel Sevick, WMASS ARD

For the past few years my wife, who is an elementary school administrator, has been talking about a process called “Tribes Learning Communities.” She spoke about the need to create a community of learners in her school. That every child and every adult needed to be a valued member of this community, and that top down autocratic leadership no longer is effective if our students are to compete in a global, 21st century society. I began to see many correlations between what I was hearing about changes needed in school cultures and changes needed in the culture of the National Ski Patrol.

My wife suggested that I read a book called, *Guiding Your School Community to Live a Culture of Caring and Learning...The Process is Called Tribes* by Jeanne Gibbs. Although geared toward schools, this book resonated as what I feel needs to change in the National Ski Patrol.

The National Ski Patrol is made up of many members from all walks of life; men and women whose backgrounds encompass innumerable career paths and life experiences. The assorted sets of skills that our patrollers bring with them can only be described as rich. The individuals who make up the National Ski Patrol are talented, successful, and hard working. These are people who are entrusted with the well-being of thousands of people.

The current structure of ski patrol leadership is not utilizing its most valuable resource to its fullest potential by continuing to lead with a 20th century top-down model of

leadership. This leadership style is dependent upon tight rules and regulations and works well to produce a standardized product. It does limit the skills and creativity that our diverse group of patrollers could bring to this organization.

I learned some important things through my reading about Tribes Learning Communities. We can be more productive by becoming a community. A community of patrollers is people with a shared vision, shared values, and a shared sense of purpose. I think that we should value our diversity and draw from each others’ strengths. The National Ski Patrol must think ahead to the 21st century. If we are to be a viable organization, we must attract and retain members of many walks of life; male and female, young and old. It is important that we have something to offer individuals with young families, retired individuals, and single men and women. If we can offer our membership a caring, trusting community, I believe that we will be able to retain the individuals who are vital to our organization and make it rich through its diversity.

I was pleasantly surprised this spring when I attended the Eastern Division Officers’ Meeting. Many attributes of community are in fact part of the leaderships’ vision. It was refreshing to find out that in the Eastern Division the patrollers themselves are valued as important players. The patrollers are, in fact, on the top of the leadership model rather than on the bottom.

Through forming a sense of community we will retain our current patrollers, attract new candidates, and create a rich, caring environment for all of us.

Continued from page 16 - Nebzdoski

have special guests on Sunday...be it hamsters, cockatoos, or whatever the family pet was at the time.”

One of the joys of patrolling with Mike, for me, is the weekly history lesson on skiing and the changes at the mountain over the years. Mike recounts all of the different gear he and the other patrollers either had to design or build, often utilizing military surplus items to get the job done. He and I have spent many chairlift rides discussing how and when lifts and trails were put in, how grooming and snowmaking developed, and the evolution of first aid care. He was at Elk on December 30, 1962 when Pennsylvania’s first lady Mary Scranton was stranded on the chair lift in frigid 10 below weather. He remembers an old Tucker snowcat rolling over while going up the mountain and how the patrol safely rescued everyone inside. He even helped construct Elk’s first toboggans, which they referred to at the time as “stone boats” for their tremendous weight, using scrap water pipe for handles.

Honestly, no story about Mike could ever be complete

without highlighting his passion for looking for, as he puts it, “a better way to do things.” A retired Xerox engineer he is lovingly referred to by fellow patrollers as “Inspector Gadget.” Mike has a knack for tinkering and he has built items for our patrol that can be spotted all over the mountain. He has made it a point to perfect things right down to the trail ribbon reels. When we recently purchased new launchers for lift evac, Mike set out within days to improve the design. Every patroller at Elk can tell you a story about the countless important “missions” they have gone on with Mike.

Writing this for *Trail Sweep* in May I was already looking forward to the next ski season and I am pretty sure Mike is probably doing the same. His love of skiing is as strong as ever and over the past couple of years he has found a new ski buddy in his five-year-old grandson. He and Mike can be seen all over the slopes enjoying the special time together that our sport provides. It has been my privilege to patrol with Mike Senio for the past nine years and an even greater experience to become his friend. His fellow Elk Patrollers and I wish him the best and look forward to many more chair rides and missions to come.

Alumni

by Al Pels, Coordinator

If you are not registering as an Active Patroller, join the Alumni and keep your ties with NSP for an annual fee of \$27. You will be added to your Region Alumni Roster and will continue to receive all publications. Also, National refunds the Eastern Division \$10 for each Alumni registration which is distributed between your Region, the Young Adult Seminar, and the Memorial Fund. This year the National Office sent a \$5,220 refund to the Eastern Division; \$10 per Alumni, excluding Lifetime Members. I notified the Region Directors that they could request a \$5 refund for each Alumni directly from the Treasurer. Seven regions requested the refunds, four designated their refund be directed to the Young Adult Program, and one to the Memorial Fund. All of these expenditures were reviewed by the Finance Committee Chair.

For an application and more details, see the Eastern Division web page.

For 2006 and 2007 the Eastern Division paid annual dues for 22 alumni with 50 years of service. The cost each year was \$594. In June 2008 National changed Free Lifetime Membership from 60 years to 50 years of service. I submitted the names of 16 alumni and eight active members with 50 years service and requested that cards and plaques be sent to Region Directors for presentation. A notice of this new benefit was included in the last issue of *Trail Sweep*. In the future I will notify National of 50-year alumni. Active members or Region Directors should make their requests directly to National.

At the request of the Division Director in June I sent the Rocky Mountain Division Director, Charles Hebert, an outline of the ED Alumni Program including a Region Advisor list, job description, and a list of scheduled Alumni Days. He forwarded the information to his Alumni Advisor.

The National Board has requested that the NSP Planning Committee implement a program to provide a meaningful National Alumni Program. The committee chair asked me to answer a questionnaire and to also send it to two Regions. I sent it to EPA and WNY. There are about 1,200 Alumni, 800 are in the Eastern Division. I suggested the most important step would be to establish a program at National along with a Board member to oversee it and exchange information.

I try to keep the Alumni section on the website updated. I also send revised Alumni rosters to each Region twice a year. Ten of our 15 Regions hold winter and/or summer Alumni Days. The program works well in our Division and hopefully will expand on a National level.

Time to Use Your Head

by Dr. Jeffrey Lozman, Medical Advisor

Over the past 20 years, there has been an increasing percentage of skiers and snowboarders wearing helmets. It seems obvious that wearing a helmet should be a part of the sport, yet there still exists a controversy even among patrollers as to their effectiveness in preventing injury. If helmets are protective, then as patrollers we should set the example to the skiing public and wear them all the time. The problem of endorsing helmets has been the lack of good science in favor of their use. The issues negative to the use of helmets include: wearing a helmet encourages speed and risk taking and some helmets are not designed to fit a child's head leading to increased weight on the head and neck.

Two articles in the 17th volume of "Skiing Trauma and Safety," 2009, published by ASTM International present convincing facts that support the use of helmets. In the first article by Shealy, Johnson, and Ettlinger, causes of death in snow sports as a function of helmet use was studied. From 2000-2005 there were 215 ski/snowboarding deaths in the United States. Thirty-seven percent of the victims were wearing a helmet at the time of death, while 63% were not wearing one. Non-helmet users were two times more likely to have a head injury involved as the primary cause of death than those who died while wearing a helmet. The authors also highlight the fact that helmets are an effective means of preventing minor head injuries such as laceration and concussions.

The second article by Scher, Richards, Carhart, Thomas, Hurlen, and Lam is an eloquent study utilizing an anthropomorphic test device (ATD) to simulate a child's body. They studied helmeted and non-helmeted, custom-built pendulum systems to replicate real-world collisions. Their results clearly showed the protective value of helmet use for children in collisions with other skiers or with fixed objects. The incidence of severe brain injury in children could be reduced by 69% during head impact by wearing a helmet.

Ski patrollers are in a position to set the standard for ski safety. Recreational skiers assume that someone in a safety position would certainly choose the safest of equipment. The expectation is that a patroller would be best informed on protective gear therefore it would be logical for skiers to model patrollers in their choices.

Based on the most recent studies, and the media attention of the high profile cases of head trauma resulting in a fatality presumably from lack of helmet use, it seems important today to set the highest of standards and support and endorse the use of helmets at all times when serving in the position of a ski patroller.

REFERENCE

Shealy, Jasper E., Johnson, Robert J., Ettlinger, Carl F., "Do Helmets Reduce Fatalities or Merely Alter Patterns of Death? Skiing Trauma and Safety: Seventeenth Volume, ASTM STP 1510 ASTM International, West Conshohocken, Pa. 2009, pp. 39-42.

Scher, Irving, Richards, Darrin, Carhart, Michael., Thomas, Reed, Hurlen, Natalie, Lam, Tack, "Pediatric Head and Neck Injuries in Snow Sports: Evaluating the Influence of Helmets: Skiing Trauma and Safety; Seventeenth Volume, ASTM STP 1510, ASTM International, West Conshohocken, Pa. 2009, pp. 91-100.

Outdoor Emergency Care

by Bill DeVarney, Chief Administrative Supervisor

This newsletter is always a great opportunity to say thank you to the dedicated Outdoor Emergency Care (OEC) Instructors, Instructor/Trainers, Region OEC Administrators, and Assistant OEC Supervisors. As well, I would like to thank the Senior Emergency Management Module (SEMM) teams including the Senior Training Coordinators, Trainer/Evaluators and the numerous site managers, injured persons, and others that make these events worthwhile for the patrollers of the NSP.

As I travel around the Division to review and participate in programs I am amazed at the lack of consistency and standardization from region to region. Don't get me wrong, it is wonderful to have challenges to the boundaries to exceed on delivery and perfect performance. However, the challenge to getting optimum performance out of a program is not what is always found, but rather changing the guidelines because an instructor does "what they think" is best, which is well outside the guidelines and creates a potential risk for the OEC technician and the instructor.

How we fix this is by better control and continuance with the QA program. Nationally, Paul Tracy, Assistant OEC Supervisor, is part of the team that is developing Quality Assurance for the NSP education programs. The Instructor/Trainer manual, when approved by the board, will be the standard used to help maintain consistency and set guidelines for the consistent delivery of programs and development of instructors.

Eastern Division has an OEC I/T manual that has very much evolved as the National OEC I/T manual. We can use the draft copy to continue to develop our programs. The key is that everyone needs to use the same guidelines and document. There is flexibility in implementation to meet geographic challenges or residential challenges, but the fundamental requirements are the same.

All of this starts with the quality delivery of OEC courses, and I challenge every instructor, I/T, and ROA to use the standard OEC Instructor's Guideline as the baseline for every course. The OEC practical and final written examinations are sent when registration is complete so that is the first step. Plan in advance, engage your I/T in the planning process, and everyone works to the same standard. From every angle, whether legal, the student, or the instructor, using the document that is the standard is the only consistency we can work from. That alone will help drive quality throughout the program.



OEC PART TWO

Two of the Assistant OEC Supervisors have moved on to different pastures. Long time Supervisor Ed Hirshman has decided, with some help from his spouse, that it was time to ride his bike in flatter pastures. EPA and WAPP were served well by Ed and we wish him the best in his newest endeavors. If you are ever in Harrisburg, PA turn on the TV and watch the Subaru dealership ads and you will see him on TV. Flo Rutherford, the Division Instructor Development Supervisor has agreed to assume the duties of this position temporarily.

Also Dr. Bob André will be moving on to the Region Director's role for GV Region. Bob has covered the WNY, GV, CNY and ENY regions for several years and will be missed as part of the team. Bob did an outstanding job in covering a large territory with plenty of regions. Replacing Bob will be the newest Assistant Supervisor, Mike Lord. Mike was the previous RD for GV so this swap works well from a dual mentoring position. Mike has been part of the OEC program as the ROA for GV prior to being the RD.

Finally, training and mentoring OEC instructors can be a lot of fun and the enjoyment of seeing their success is what is going to make better OEC technicians in the long run. Really, that is our mission, delivering consistent, high-quality OEC programs to the people that need the training. WE must all make the commitment to teaching to the standards, whether it is Instructor Development, OEC or Transportation because without using those standards the ones that suffer most are the patrollers, the OEC technicians, and us. Thanks and I hope you have a great summer.

FCC Compliance & Related Items

by Dick Woolf, Telecom Advisor

Here's a summary of telecom news from the 2008-9 season:

Narrowbanding: The FCC has decided that as of January 1, 2013, all public-safety and business (commercial) voice radio operations must convert to narrowband. What is narrowband? It means taking up half of the channel space (radio spectrum) currently used for each channel. This will result in the creation of more channels being available for future use. Radios that are narrowband-capable will need to be reprogrammed. Radios that cannot be converted would have to be replaced. Narrowband and current wideband radios can talk to each other, although the audio may have low volume or be distorted. The FCC no longer permits the importation and/or sale of non-narrowband-capable radios, although there is a large used equipment market, and existing inventory may continue to be sold. There is some opposition from rural users who don't feel there is an existing channel congestion problem, and don't want to have to pay to either reprogram or replace their current equipment. There is the possibility that the date will be pushed out, or that the narrowbanding mandate will affect urban areas before rural areas. Time will tell, and NSP will keep its members informed as details become known.

Radio Licensing: NSP requires its patrols to operate under either an NSP radio license, or one issued to area management. Unlicensed operation is a serious matter that can result in substantial fines. The NSP Board of Directors decided in 2007 that we will again process radio license applications for patrols, a service that had been suspended since 1996. All NSP radio licenses valid in 1996 have been renewed by the national

office and remain in force. Since 11+ years have elapsed since we last knew how patrols were meeting their FCC compliance responsibilities, it was decided to prepare a questionnaire, or survey, to get our database current again. For a number of reasons, release of that survey has been delayed. It will be released in Fall 2009, and all patrols are requested to complete it. For temporary use at ski areas for race patrols, training and testing, avalanche and MTR courses, etc. each geographic Division except Alaska and Professional have Division-wide radio licenses. These special licenses are for portable radios only (no base stations or repeaters) and are not a substitute for permanent licensure. Patrols operating under Division licenses will need to obtain their own (permanent) radio license.

What type of equipment to buy: Members and patrols buying new equipment should ensure that it is narrowband-capable, so that it can be reprogrammed if and when required. Current radio equipment is analog FM. There is no requirement to buy digital radios. The FCC is not requiring radio users to junk their current radio systems and convert to digital. Unfortunately, some unscrupulous radio dealers have made this claim. Analog radios, regardless of make and model, can talk to each other assuming the frequency and tone squelch programming is the same. Because there are no true industry standards for digital radios at the price levels patrols buy at, equipment made by one company may be unable to communicate with those of another manufacturer. This is a marketing tactic to lock you in to a particular brand or model. Don't fall into this trap.

Cell phones and 911: Guests dialing 911 to report accidents at your area can result in delayed notification to the ski patrol. While introducing your ski patrol to local 911 center personnel is helpful, a better solution is to establish a dedicated "outside" line that is answered by the patrol during all operating hours. Publicize the full 10-digit number (including the area code, because not all cell phones have the same

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Public Relations Committee

by John Shipman, Past Chair

The ED PR Committee has been involved in producing the following items that are currently available and for sale at very reasonable prices.

Car license plate frames – red or black

20 oz insulated hot/cold drinking mugs

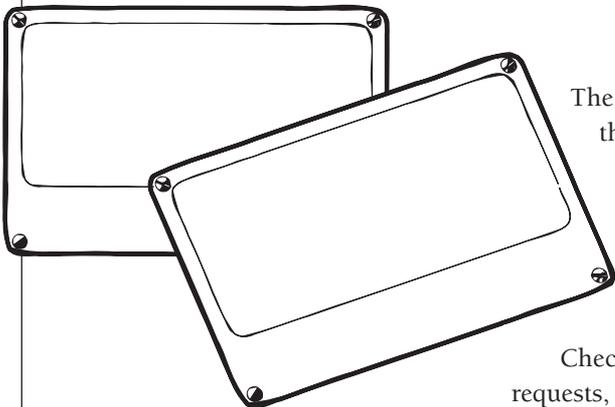
Bumper sticker celebrating the 70th anniversary of the NSP

Peel-off decal with the NSP logo

www.NSPEast.org/join poster – 18" x 24"

Coming soon – Eastern Division logo sweater pins and patches!

Check out the ED Website for all of these items (and more) and for order requests, prices, and shipping costs, contact Laura Tucker, 23 Narragansett Ave., Pittsfield, MA 01201-1021, muthrtucker@yahoo.com.



MTR

by Butch MacQueen, Supervisor

As we approach the fall of each year, I always wonder, "Where did the summer go?" The last thing I remember was welcoming the warm temperatures of spring. This year seems that summer never really arrived. When it was warm, it rained; when it was cool, it rained. If this trend continues in this area, we will have lots of snow this winter.

September 19 and 20 will be the annual meeting of the Avalanche, MTR and Nordic instructors. This will be an event where the instructors of these three disciplines gather to share ideas and refresh their skills to teach the various courses throughout the division and become informed of changes that have taken place during the past year. As I write this, a committee of MTR instructors has begun a rewrite of the MTR manual that will result in an update of the MTR courses. If anyone is interested in assisting with this task, please contact me.

Last season, there were numerous MTR courses taught in more regions in the Eastern Division than ever before. If you have not participated in an MTR course, consider registering this year. The Eastern Division has already begun updating the material offered in the MTR curriculum by including land navigation with the Global Positioning System (GPS). This year we will have several GPS units available for use in our courses. Of course this technology was not widely available when the present manual was written so this will bring our course closer to the standards of 2010.

The MTR program is always seeking people with outdoor experience and a desire to share that knowledge with fellow patrollers. If you are one of those people who enjoy being outside in all seasons and extending your activities beyond the ski area, please get in touch with me or your region MTR advisor. Our program has been so enjoyable that I can proudly say that many of our students continue on in the program to become instructors. If you are not sure if you would fit into this group, our fall meeting is being held at Northfield, MA and it is open to all patrollers whether you are an instructor or just interested in discovering what it is all about. More information on this meeting is available on the web at <http://amn09.nmns.org/> or contact Rick Shandler (the IOR for the meeting) at rssandler@aol.com.

Most of the courses through the division should have dates set by the end of September so if you are interested check the Eastern Division Calendar at <http://www.nspeat.org/html/calendar.htm> for details on the course nearest you.

Continued from page 20 - Woolf

area code as the phone numbers at your area) on signage, trail maps, lift tickets, season passes. Work on this issue now, because summer is the time that trail maps and other printed material are ordered for the fall, and you'll want to get that phone number reserved now.

Sport and Family Radios: Set up a base station to monitor a special channel and tone code combination (for example, channel 9 and tone code 11 will result in the radio display showing "911"), and inform guests that you are monitoring that channel for accident reporting. Again, the notification can be via signage, trail maps, and other "collateral." If you plan to do this for next fall, now is the time to prepare the text...before printed material is ordered.

NSP Telecom Website: In conjunction with the rollout of the new NSP website, there will be a "telecom" section containing downloadable forms, narrowbanding deadline info, a FAQ page, and other helpful information. This will be a "work in progress."

If you have questions about NSP's Telecom Program, contact me at rwoolf@xtechsystems.com.

Continued from page 15 - Trinkhaus-Randall

for that order at one point. Let the archivists address that issue. That is their job. Once you have done so, please contact Peter Carini (see below) with the amount of materials that you will bring, so that he can plan to come to the meeting to collect the materials.

If you are not a current Division or Region officer, and you have past patrol, region or division records (prior to 2002) please contact a Division officer or your Region Director so that arrangements can be made for them to be picked up and taken to the Division Meeting.

While we knew that we would not be able to collect all the records in the first year, and that in actuality records would be delivered to Dartmouth College over a number of years, it is important that we collect as many as possible in these first years so that we do not lose them in the future. Therefore, please do your part and donate, or collect, depending on your position, records for the archives this year. We are looking forward to continuing to expand the archives and to document the Division's history. It is a rich one. Let's not lose it!

If there are any questions, please do not hesitate to contact Gregor Trinkaus-Randall, Eastern Division Archivist, (978) 897-3997, trink68@uwalumni.com or Peter Carini, Dartmouth College Archivist, (603) 646-3728, peter.carini@dartmouth.edu. Either one of us will be more than willing to answer any questions that you might have.

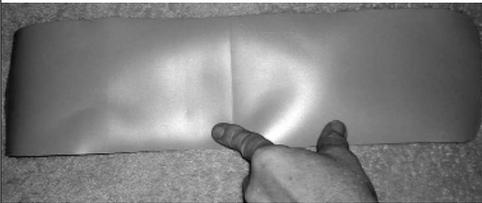
Tips of the OEC Trade

by Scott Rockefeller, OEC Supervisor

Over the 70 years of longevity of the NSP the equipment used to treat ski related injuries has dramatically changed. Yet many of the tools we use are prototypes of commercially available equipment. Creative patrollers and patrols operating on limited budgets have found many common materials that are used to make the tools of our trade.

Splinting is one of the most common skills a patroller will use. The SAM Splint® is a universal device for over 100 applications according to its manufacturer. As with many pieces of equipment in this price range, the patroller will probably never get it back from the hospital once it is removed. Cardboard is an inexpensive substitute, but not waterproof. An option is to use a gallon size bleach bottle to create a similar device. Milk bottles do not provide the same rigidity but there are other heavy duty bottles you could use.

Take the bottle and cut off the bottom and top with trauma shears or a razor knife.



The cut piece will be circular with an approximate size of 19 inches long and 5 inches high. Make one more cut up the side to make it into a flat piece. Trim each of the four sharp corners so they are rounded. Finish by rolling it into a tube around a roll of cling and put a rubber band or piece of tape around. When removed from the fanny pack, the patroller will have an entire kit for an extremity injury application.

Roll it out to a flat surface and apply as with any other splint to stabilize above and below the injured site. For a hand curl the end down so that it places the hand in a position of function. The size is easily cut to adapt to a pediatric patient. Cutting off a small piece will also create a finger splint.

During practice sessions at refreshers and Senior EMM clinics, the following applications for head blocks were discovered. This only works with the large head blocks that have holes in the center. For an impaled object like a ski pole in a leg or abdomen first control the bleeding site then place the head block over the object. Place two or three cravat donuts over the pole to stabilize it inside the hole, then with two cravats through the head block hole, tie the ends off to the backboard. It will be easier if you put these cravats

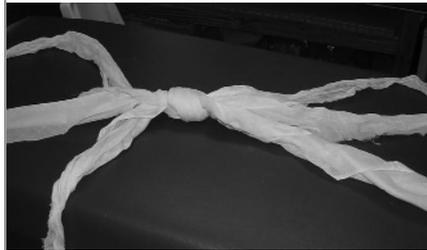
through the hole before you put it in place.



Another use for a head block is for a posterior dislocated shoulder, where the arm is held by the patient above the shoulder. Airplane splints, and blanket rolls are other options and two tips will be shared for those uses.

When using the head block, three cravats or strapping devices are placed through the head block opening, with one strap placed around the upper chest cavity, one around the neck, and the last over the top of the humerus at the AC joint.

If the hand can be moved without pain, place the patient's hand on top of their head and using a roll of cling or a cravat, wrap around the wrist and head securing the hand and limiting the movement during transport.



For a blanket roll use three cravats for a pediatric or six cravats for a large adult. If using three, line them up next to each other and tie a knot in the middle of the length connecting them all together. With a larger adult patient take three cravats in each hand and tie all the ends together in a secure knot. Place the cravats in the middle of the blanket before you roll it up. Secure the roll as you normally would. The advantage of this method is no numbering or

color coding of the cravats is required as each piece is connected to the group.



Airplane splints are homemade devices with plywood and hinges that allow any angle to be achieved with splinting in position found. They work well for posterior dislocations or knee injuries. The one securing issue when

Continued on page 24 - Rockefeller

using for a shoulder is the bottom of the unit that is placed near the waist or hip. A tip here is to make a sling and placed the end of the airplane splint inside and secure around the opposite side of the neck. Then normal securing with strapping or cravats will attach the device.



After applying an upper extremity splint, the sling and swathe is used to stabilize the extremity. In the cold environment and working with thick gloves the application of cravats can be a difficult task. Try using a roll of cling or Coban™ or Coflex® material to quickly create a sling and swathe. Similar material can be purchased at a local farm and tractor supply store and

at a much lower price. Elevate the extremity in a splint; make a couple of wraps around the wrist, then wrap around the neck. Direct the material over the arm and under the elbow. Come around the elbow and wrap the material around the chest two or three times. The end can be secured with a safety pin. This splint, sling and swathe can be applied quickly when cold temperatures mandate getting the patient off the hill rapidly.

When using a standard backboard with a pediatric or smaller adult there will be a substantial void between the lateral strapping and the patient's side. This tip will allow the void to be filled and will also help to treat or prevent hypothermia. Take a large blanket and fold it so that the full width is available but it is about four feet long. Roll up the edges from both sides leaving a space in the middle of about 18 inches. Center the blanket over the patient with rolled portions placed along side the body against the board then strap the patient to the board.



There are many options available for stabilization of a fractured, dislocated or jammed finger. An inexpensive but effective device is a piece of 14 gauge electrical wiring which flexible and allows shaping.

Using the good hand, bend the wire to fit the thumb and wrist or finger and palm of hand. Then apply the device and tape to the extremity. The ends of the wire should also be taped to avoid any sharp wire ends.

For jammed fingers allow about three-quarters of an inch to extend past the digit so that if the hand strikes an object, the digit will not take the impact.

Transporting a patient with a shoulder injury who will not lie supine requires a patroller to ride behind in the sled for support. A homemade transport board has resolved this issue. The board is made from plywood and has several hinged joints allowing for the unit to be folded for storage. After placing inside the toboggan the patient is seated and strapped to the board as well inside the toboggan.

Thanks to patrollers Michael Zinchuck and Eric Blackwelder from Ski Butternut for assisting in the photography for this article. The concepts shown are not mine but a collection obtained from attending many OEC events in MA, NH and ME and observing many talented patrollers.





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Ski the Italian Alps with Ski Flight European Ski Symposium 45th Anniversary Tour January 29 to February 10, 2010

Eastern Division members, family and friends are invited to join the Pacific Northwest Division's Ski Flight Symposium celebrating its 45th anniversary, when we ski and exchange in the gigantic ski area of the Italian Dolomites, featuring 800 lifts and 1,200 meters of groomed ski piste.

Based in Arabba, Italy we can access this vast ski circus which includes: Marmaloda (a 11,700 foot sensational ski mountain), Cortina, Moena, Possa, Cannezei, Vigo di Fassa, Cessana, Covarra, Val Gardena, St. Christian, St. Jude and Buffare. All of these areas are all connected on one Dolomiti Super Ski Pass. This incredible area also encompasses the massive Sella Mountain, which is 105 miles in circumference.

EXCHANGE WITH ITALIAN RESCUE SERVICE

To handle such a huge ski resort, rescue teams and helicopters based around the area complete many piste accidents. For other simpler accidents the lift operators use Akjas and snowmobiles. Lift operators, police and ski patrollers patrol the slopes and respond to accidents. "Sweep" (clearing the hill) is not possible in regions this huge. Searches are only conducted upon request.

The Rescue Service also controls the avalanche forecasts, weather and research for the entire area. Plans are to meet with one or more of these groups to discuss techniques, equipment and inspect rescue facilities.

Since this event's inception in 1965, the Ski Symposium to Europe, or Ski Flight, has enjoyed a varied and exciting history for 45 years. From going behind the Iron

Curtain to ski and exchange with the Bulgarian Ski Patrol and The Czech Republic to the sunny slopes of the giant ski circus of the Italian Dolomiti to the snow covered mountains of Norway and Sweden; Ski Flight has covered The Alps of Europe. Much has been learned exchanging with the European Ski Patrols and Mountain Rescue units and we have advanced in our own first aid, avalanche, lift evacuation, and toboggan techniques,

However, we are still open to new ideas and friendships with European patrols. Some fantastic social fun and amazing skiing has been enjoyed.

Our base in Arabba-Marmaloda (5,602 feet), is the three star plus deluxe Hotel Olympia with tasty Italian food, hot tub spa and facilities and marble lined rooms. Arabba-Marmaloda, located at the mid-point of the giant ski region, is ideal for skiing the Sella rounda (a circuit of the Sella Mountain). This circuit takes a full day and you ski up lifts and through fascinating Italian towns and villages. This 105 mile round trip of the mountain is a genuine accomplishment. It is excellent skiing, has beautiful mountain views and interesting villages, and is a lot of fun.

Following a week of great skiing you have an opportunity to extend your vacation to Florence before returning home. You would bused and fly home on Air France from Florence. This ancient city offers an excellent opportunity to experience European history and culture.

For additional information contact Ski Flight Advisor Jack Melill at jack.melill@juno.com or 425-313-4532 or go to <http://nsp-pnwd.org/skiflight.html>.