

# TRAIL SWEEP



OFFICIAL PUBLICATION OF THE  
EASTERN DIVISION OF THE  
NATIONAL SKI PATROL

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WINTER '08/'09

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## Investments

by Rick Hamlin, Division Director

As I write for this issue of *Trail Sweep*, the leaves are falling from the trees around my home in northern Vermont, having long lost their vibrant colors. They, of course, are not the only things that are dropping as any newspaper or TV news program will inform you, whether you are paying attention or not. Housing starts are down, stock values are down, consumer confidence is down, and if you have a retirement account, it too is probably down. The only thing going up is the price of gas and fuel oil. The question that we all want answered is how this all will impact each of us.

The NSAA is reporting on a study predicting the impact of the economic woes on ski areas this season. In a nutshell, the study finds that historically if the economy is good, and the snowfall is good, business is good. They also found that if the economy is bad, and the snowfall is bad, wait for it, yes, you guessed it, snowsport business is bad. OK, what about when the economy is bad, but snowfall is good?

Here's the positive news, snowsport

business is good. If the snow is on the mountain, skiers and riders are going to find their way there. Carpool, hitchhike, or walk; if the snow is deep those who make melted wax offerings to the gods of P-tex will find their way to it. Maybe there is less flying involved, perhaps the skiing is done closer to home, but turns will be made.

But these are all things that you already know. The investments I really want to talk about can't be measured in dollars. Patrollers are an interesting lot. If things are perfect, they aren't really happy, because they are waiting for something to go wrong. When something is going wrong, they are happier because the unknown is now known and they can do what Patrollers do best, fix the problem in a skillful and efficient manner.

It takes teamwork to handle the problem at hand, be it lost child or fractured femur, and teamwork to remain a close family during the lulls between problems. This teamwork doesn't happen just because we all carry the same NSP membership card. It is the result

of many investments; investments we make as individuals and investments we make together as a group.

From the first day of the OEC course through each year's refresher, we commit the time to learn, maintain and advance our skills. We train together, in teams that are sometimes small and sometimes large, but we always train with other Patrollers. We train together because we rarely work alone. Think about refreshers for a moment.

Each year on a certain date Patrollers gather to renew skills and also friendships. With all of the demands on our lives related to family, work, and community, we commit to one another that we will attend our refreshers, year after year. Personal schedules are set aside and an investment is made and another season begins.

Snow flies and when the call goes out that the mountain is open, we are there. Patrollers arrive before the sun rises, wrap up after the sun sets, and a few hardy souls ply their craft under the lights until late into the evening.

*Continued on page 2*

Did I mention that this happens whether its 20 degrees below zero with gale force winds or 40 degrees and raining? Nobody calls in sick, nobody takes vacation, and 90% of us don't get paid. Sure, we like to ski and ride, but it has been shown time after time that it's cheaper to buy a pass than to join a Patrol and then you can just go on the nice days.

What makes Patrollers show up instead of rolling over and going back to sleep? It goes back to those investments. We have made a commitment to the NSP, to the public, and more importantly, to each other. We show up because we know that part of the load of each shift is ours to carry and we don't want to let our Patrol team down; it is a team that we want to invest our time with.

What dividend do we collect in return? (It sure isn't the pay, even if we do collect a paycheck; nobody is patrolling for the pay.) We get to serve the public. Helping others always provides satisfaction, but there's more to it than that. The additional dividend is that we get to spend our time with quality, competent, motivated people. Men, women, white collar, blue collar, young and older, all are represented and we get to be a part of that excellent group. We have all had to clear the same skill hurdles and have to continually demonstrate to each other that we are still qualified to be a respected part of that group.

Call it a shift, a team, a crew, a tribe, a family, or a Patrol; the description is not important, but the concept is. We like doing what we do and we like doing it with the people we get to do it with. This all happens because we have invested in ourselves and each other. It is an investment that will never lose its value and is guaranteed to generate dividends of satisfaction year after year.

## Free Lifetime Memberships

by Al Pels, Alumni Coordinator

The National Board has approved free Lifetime Memberships for members with 50 years of service.

The names of 19 Active and 19 Alumni were sent to the National Office. The alumni dues have been paid by the Eastern Division for the past two years. Lifetime Membership plaques have been sent by the National Office to the respective Region Directors for presentation.

**50**  
years

## Correction

In the last issue we printed information for patrollers to access the Members' Area of the website. It should be noted that the username and password are case sensitive.

Username: minnie

Password: 10thmtn

New content is added regularly.

## Awards

### NATIONAL APPOINTMENT

Bud Gardner #10814 ENY

### LEADERSHIP COMMENDATION APPOINTMENT

Ken Sicke #8401 ENY

### DISTINGUISHED SERVICE AWARD

Jim Hoyt, Sr. ENY

### 60-YEAR ALUMNI LIFETIME MEMBERSHIP

Virginia Whetten ENY

### 50-YEAR ALUMNI LIFETIME MEMBERSHIP

Willard Holt ENY

### 50-YEAR ACTIVE LIFETIME MEMBERSHIP

Donald Page ENY

Fred Harder ENY

### YELLOW MERIT STAR

Chris Ryan ENY

Charlie Henderson ENY

### PURPLE MERIT STAR

Larry Burnah ENY

Shawn Farmer ENY

Bill Everett ENY

### BLUE MERIT STAR

Joe Rine ENY

Randy Rock ENY

Peter Richey ENY

Chris Ryan ENY

Jessica Hildenbrand ENY

Matt Levenson ENY

Roy Staunwhite ENY

Larry Burnah ENY

Bob Kellett ENY

Jim Hoyt, Sr. ENY

Garth Learning ENY

# Killington Ski & Toboggan Enhancement Clinic

by Brian Bishop

It's time again to sign up for our ski and toboggan enhancement clinic which is scheduled for February 7 & 8. This clinic is open to all registered patrollers and is a great way to improve all of your skills.

This year we will be offering a station for patrollers who are working on their Senior and another station for those who would like to become Senior Trainer/Evaluators. Along with PSIA ski instruction, we are offering snowboard instruction with some of the top snowboard instructors in the region, AND, we also have an NSP Certified/PSIA Level 3 Telemark Instructor.

One day of skiing/riding instruction and one day of toboggans...we definitely have something for everyone. Treat yourself by wearing that great ski outfit that's been hanging in your closet...no patrol parkas, please. Talk to your friends, talk to some of the folks who were there last year, come and have FUN.

Killington is great place to accomplish this. We have the most varied terrain in the east, but you will not be intimidated. And there's plenty of challenge for the expert. Last year Mother Nature pulled a fast one on us for Saturday, but Sunday was redeemable.

Instructors and participants will join together on

Saturday after skiing for food, beverages, and conversation about how their day went.

The \$70 registration fee includes lift tickets for both days, instruction, and the party afterwards. You can register two ways, by filling out the registration form on the back page of this issue, or by email. If you have any questions or need lodging info contact me at [brianbishop@mail4me.com](mailto:brianbishop@mail4me.com). We want to keep the groups small so preregistration is required in order for us to staff appropriately.

Our meeting place again will be in the Mahogany Ridge Bar, K1 lodge, main floor. Meeting time is 7:30 each morning. I look forward to seeing you there.



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TRAIL SWEEP

encourages submission of articles, pictures, and letters to the editor. All material becomes the property of the National Ski Patrol, and cannot be returned unless accompanied by a stamped, self-addressed envelope.

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Please note: All address corrections must be done at the National Office. Log in at [https://www.nsp.org/nsp2002/member\\_services\\_template.asp](https://www.nsp.org/nsp2002/member_services_template.asp) to change your record.

## Instructor Development

Flo Rutherford, ID Supervisor

I can't believe that fall is gone and winter has begun. With the three month hiatus over the summer, ID classes have already been registered for the fall.

I would like to take the time to thank all of our ID administrators and ID instructors for holding classes throughout each region. We have some new ID Coordinators. The CT Region ID coordinator is Marie Keeton and Tom O'Brien has filled the position in SNY.

Last year there was at least one ID course or e-course in each region. There was a total of 23 registered courses and six of the courses were e-courses. Most notable was that there were 183 attendees.

If you are interested in becoming an instructor, do it now! Register for an ID class and begin helping your fellow instructors. Becoming an instructor is very rewarding, ask any of them! As I mentioned, there are already several ID courses being offered in the division. If you are looking to take an ID course, you can check the NSP website at: [http://www.nsp.org/nsp2002/edu\\_template.asp?mode=course\\_schedule](http://www.nsp.org/nsp2002/edu_template.asp?mode=course_schedule).

Have a great winter.

## MTR Courses Scheduled

by Butch MacQueen, Supervisor

MTR (Mountain Travel and Rescue) courses to be offered by the Eastern Division are being scheduled. These come in a variety of “colors.”

MTR courses offer instruction in becoming comfortable in the outdoor setting, regardless of the “creature comforts” we enjoy in our daily lives. If you have enjoyed out-of-doors activities in the past, this may just be a great experience for you. We hike, cook meals, camp, navigate with map and compass, and all sorts of other outdoor endeavors...in all four seasons! This will be some of the most enjoyable education you have ever experienced. If this idea appeals to you, visit the Eastern Division webpage at [www.nspeast.org](http://www.nspeast.org) and click on the calendar link to find the closest course scheduled for you. This calendar is updated regularly

and more courses are currently being scheduled.

If you have a good deal of skill and experience in these activities, we could use your assistance to conduct these courses. Contact your Region MTR Advisor, Patrol Director, or me (Butch MacQueen, [macqueen@madbbs.com](mailto:macqueen@madbbs.com), 716-354-9235) to get more information.



## Ski Windham Patroller School & Introduction to the Certified Program

The Ski Windham Patroller School and Introduction to Certified Program is scheduled for January 24 & 25, 2009.

This school presents an excellent opportunity to improve your ski/ride/tele and toboggan-handling skills. One of the two days will be spent enhancing ski/riding/tele skills with a PSIA instructor, while the other will be with a Certified Patroller sharpening toboggan-handling skills. The second day you will switch. All registered patrollers, candidates, and auxiliary patrollers are eligible to attend this training.

Patrollers interested in the Certified Program will participate in many presentations. The first discussion held will be on the application process where the credentials committee reviews an applicant's patrol history and application to see if they qualify for the program. Then each of the modules in the certified exam are discussed and demonstrated on the snow as required. These include skiing, toboggan handling, first aid, avalanche rescue, lift evacuation, low-angle rope rescue, and hill safety and management interviews. This is the perfect time for any potential candidate to become acquainted with the program's requirements.

Saturday evening will begin with a pizza and beer party allowing participants and instructors to mingle and reflect on the day's events. Windham requires participants to wear civilian clothes – no patrol parkas please.

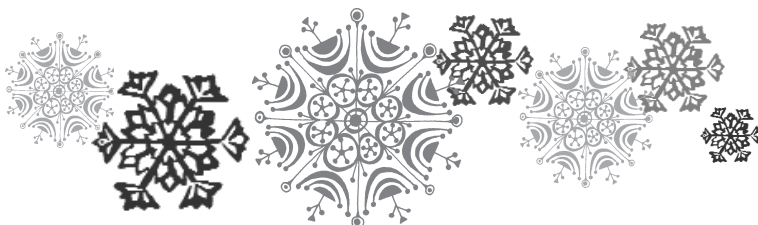
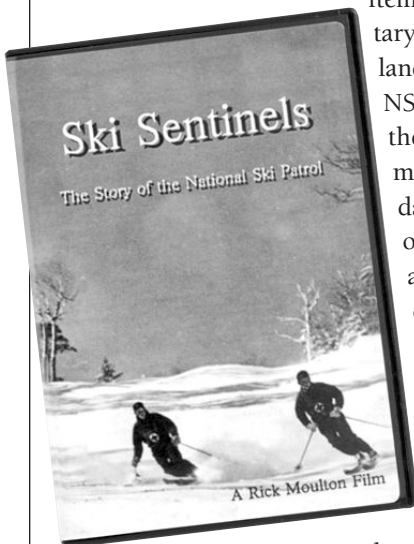
The registration fee is \$50 and pre-registration is a must so that we can schedule our staff. Fill out the registration form on the last page of this issue and get your reservation in!

## “Ski Sentinels” NSP Documentary Available Online Now

The much-buzzed-about “Ski Sentinels: The Story of the National Ski Patrol” documentary is now available through the on-line NSP Winter Catalog, item #17191. The 54-minute documentary, produced in 2007 for the New England Ski Museum, details the birth of the NSP and captures pivotal moments in the organization's history. The documentary takes viewers from the early days of the NSP through the opening of big mountains in the west and the advent of avalanche control. Members can log in at [www.nsp.org](http://www.nsp.org), click on the Winter Catalog, and purchase the DVD for only \$18.

You can read a background article from the Sentinal film producer, Mad River Glen's own skier/film maker Rick Moulton at:

[www.rickmoulton.com/articles/filmsrole.shtml](http://www.rickmoulton.com/articles/filmsrole.shtml).



# 2009 Eastern Division Level II Avalanche Course

by Phil Galka, Supervisor

Whiteface Mountain provides premier training terrain for advanced avalanche courses with its ample lift-served side-country access to avalanche prone slides. Join us for the next Level II Avalanche Course and improve your knowledge and understanding of avalanches and rescue operations. Anyone with aspirations of being an avalanche professional or a patroller in avalanche prone terrain, or who spends a lot of time in the backcountry should sign up now!

The 2009 Eastern Division Level II Avalanche Course is scheduled for March 19 through 22 (Thursday through Sunday) at the Atmospheric Science Research Center and Whiteface Mountain, NY. The course will run four consecutive days in order to minimize time and travel commitments for those involved. Participants should plan to arrive Wednesday evening, March 18. The purpose of the Level II course is to help prepare the patroller and backcountry user for all aspects of avalanche hazards and rescue operations. More information describing the course will be available on the Eastern Division website.

During the first two days of the course, participants will complete the indoor program by attending a wide variety of presentations and outdoor activities, and by direct involvement in a rescue simulator session. The simulator is an indoor mock-up of a rescue problem designed to provide realistic situations and decision-making typically encountered in avalanche rescue operations. The next two days include the outdoor portion of the course in which participants will complete field exercises including snowpack and terrain analysis, rescue beacon use, companion and organized avalanche rescue operations.

Accommodations during the course will be available at the Holiday Lodge (518-946-2251) near Whiteface with breakfast in the restaurant located there. Lodging will be at a group rate of \$79.00 per night, double occupancy, or there are two bunk rooms sleeping six and eight for single participants. Catered lunches will be available at ASRC each day at a very reasonable price, including trail lunches at the outdoor sessions. Registration cost for the course for NSP members will be \$200 and \$250 for non-NSP members.

Completion of both an avalanche course and a mountain travel and rescue course within the last three years is required as a prerequisite. Acceptable course combinations are listed below. Winter hiking experience, with proper outdoor clothing and equip-

ment, along with strong skiing skills is also essential. Interested participants should understand that the outdoor field work is done in a winter mountain environment that involves physical exertion and sustained exposure to winter elements and hazards. Interested participants with physical or medical restrictions must consider these factors before applying.

Attendance is limited, so sign up early! To register for the Level II Avalanche Course, please complete and return the form below with a check made out to Chuck Boyd for \$200.00 (NSP members) or \$250.00 (non-NSP members) by February 27, 2009. For information, contact Level II Avalanche Instructor of Record Chuck Boyd at 860-508-5273 or chucklin2@gmail.com.

## **AVALANCHE LEVEL II COURSE, WHITEFACE MOUNTAIN, NY**

**MARCH 19-22, 2009**

**REGISTRATION CLOSSES FEBRUARY 27, 2009**

*Pre-requisites taken within the last three years:*

Level I Avalanche OR Avalanche Fundamentals & Rescue  
AND

Level I Mountain Travel & Rescue OR  
Mountain Travel & Rescue Fundamentals

*Cost of course:* NSP members-\$200 Non-members-\$250

Please neatly complete the form below and return it with payment payable to Chuck Boyd.

## **REGISTRATION FORM**

**Mail to: CHUCK BOYD, 1 DAVENTRY HILL LA., SUFFIELD, CT 06078-1964  
by FEBRUARY 27, 2009**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone (home) \_\_\_\_\_

Phone (work) \_\_\_\_\_

E-mail \_\_\_\_\_

Patrol \_\_\_\_\_ Region \_\_\_\_\_ NSP# \_\_\_\_\_

*Registration is not considered complete unless accompanied  
by your check made out to Chuck Boyd.*

**For a complete calendar for this year's Avalanche Program, go to the Division Website Calendar. There is a link in the right hand column to a PDF that you can print out.**



## Certified Program Check It Out!

by Dave Walker, Chair

This year's annual Certified Meeting and Exam will be held in Maine at Sugarloaf USA. If you have never skied Sugarloaf, or even if you have, and plan to attend this year's exam, you are in for a treat. This ski area offers a great variety of terrain and a remarkable potential for snow in March. Sugarloaf has received many major storms in the late March/April timeframe. It boasts one of the best opportunities for outstanding conditions in the east for this time of year. Come up and join us!!

For all of you aspiring Certified patrollers, candidates, and onlookers, sure it's a long ride for some, but this time in March is in between seasons: too soon to put the skis away and too early to get the lawn mower out. The Pennsylvania contingent is planning a bus or two to start the party early and take the curse off of the

ride. For more information on the bus trip contact Justin Guth at guthjd@msn.com or Brant Maley at skipatrol@comcast.net.

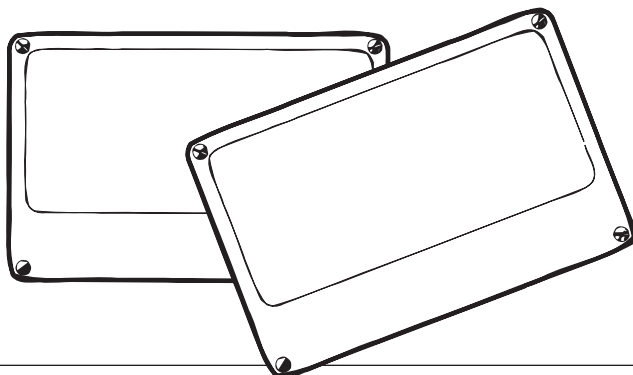
Applications for the Certified Program can be submitted any time of year (actually, the sooner the better). The application can be found on the Eastern Division website under programs/certified/application. You can download, complete the application, and email it to the Credentials Committee Chair, Karl Johnson, at johnson.building@verizon.net. Be careful, the deadline for applications is 30 days before the exam. Submissions have to be made by February 26th to be considered. There is a program guide available on the same site that describes each part of the program. Caution: The avalanche module will be changing this year. More information about the changes will be posted on the website during the winter. For first hand information on the changes contact Bob Bluff at bluff@ptd.net.

Training for the program starts whenever you are ready. Just email me at cert372@yahoo.com and I will direct you to someone who can help to get you started.

## 2008-2009 Certified & PSPA Schedules

DATE	LOCATION	EVENT/CONTACT
Fri., 1/23/09	Hunter Mtn.	Certified S&T training/Brant Maley, skipatrol@comcast.net
Sat., 1/24/09	Windham Mtn.	Certified OEC training/Sharon Friedel, friedels1@juno.com
Sat.-Sun., 1/24-25/09	Windham Mtn.	Intro to Certified/Patroller School/Brant Maley, skipatrol@comcast.net
Thurs., 1/22/09	Sunday River	Intro to Certified/Precourse/Dave Walker, cert372@yahoo.com
Sun., 2/1/09	Sno Mtn.	Certified Precourse/Brant Maley, skipatrol@comcast.net
Fri., 2/6/09	McCauley Mtn.	Intro to Certified/Jon Wilson, cody@headstrong.org
TBD, 2/2009	TBD	Certified Precourse/Dave Walker, cert372@yahoo.com
Sat.-Sun., 3/27-29/09	Sugarloaf USA	Annual Meeting & Exam/Sarah Keating, sarah.keating@keystone.edu Laura Tucker, muthrtuckr@yahoo.com
Weds., 12/17/08	Killington	PSPA Examiners Clinic
Weds., 1/14/09	Whiteface	PSPA Precourse
Weds., 1/28/09	Wildcat Mtn.	PSPA Precourse
Wed/Thurs., 3/4-5/09	Killington	PSPA Annual Exam

The contact for all PSPA events is:  
Marc Abend (MarcAbend@LiveNation.com)



## New Ski Patrol Merchandise

Travel mugs and license plate holders are now available.

Pictures and pricing are available on the website at <http://www.nspeast.org/html/merchandise.htm>

## Volunteer of the Year for the Reservation Trustees of the State of Massachusetts

Mary Ann Richardson's resume does not suggest tremendous downtime for the great outdoors. This grandmother of three works full-time at Cooley Dickinson Hospital, goes out on ambulance calls as an Emergency Medical Technician, and teaches first aid and CPR. When you ask her why, after all that, she then volunteers to strap on racing skis five days a week all winter long to run the ski patrol at Notchview, you get a very simple answer: love.

"I fell in love with the place," says Mary Ann, who first saw Notchview when she brought her son to a cross-country event there. To Mary Ann, Notchview's long, snowy views and miles of trails add up to the most beautiful Nordic ski area in New England. A skier since childhood, she revels in the solitude offered by Notchview's 3,108 acres, but she also adores the company she found there. "The staff always makes you feel at home, and I love the community of cross-country skiers, the most family-oriented, healthy people in the world."

No question, there is a special camaraderie at Notchview, and it's expressed in many ways, including an annual Bread 'n Jam Race, where recreational skiers who laughingly invoke the Moose Rule (10 minutes off your time if a moose crosses your path) and former Olympians alike compete for baked goods. It doesn't matter that Notchview is somewhat remote; it generates a slew of new memberships for the Trustees, and friendships so close that whenever conditions prove better than expected, the regulars are instantly on the phone to spread the word.

The truth is that many of Western Massachusetts' most serious cross-country skiers are like Mary Ann—just wildly grateful for Notchview's low-cost, no-hassle ski experience and for the sheer expanse of the place. "You can feel like a gerbil on a wheel at other ski areas," says Superintendent Jim Caffrey. "But the trails here really mean something. They go places."

Notchview clearly has everything, but until four years ago, it did not have a safety net. Many Nordic ski areas make do without a ski patrol, but Jim began being uncomfortable with that after he rescued a skier on his snowmobile who was "getting shocky" from pain and slipping off into unconsciousness. Then came an Eastern Cup Race where a layer of ice underneath the snow resulted in six hours of horrific

accidents. After watching Mary Ann offer first aid, it became obvious to everyone that she was the person to take charge.

With the team of super-fast and highly trained patrollers she's built, Mary Ann makes every skier at Notchview feel more secure. However, that is only one reason among many why she's a beloved member of the Notchview family. She's also the best possible advocate for cross-country skiing, preventing injuries by giving beginners impromptu lessons on the trails—and giving them the idea that if they continue to enjoy the outdoors, they may be just as fast and fit as she is when they are grandparents.

To Mary Ann, the time she puts in at Notchview is part of a much larger effort that includes the Trustees and the entire community of skiers in Western Massachusetts: Together, they are taking care of the land and the people who love it in order to introduce future generations to the magic of gliding across a snowy landscape.

As for what the experience of Notchview's trails means to Mary Ann, she says, "If you want your breath taken away, just try skiing down a beautiful hillside with a deer bounding in front of you. Every day you're out there, you are so glad that you're alive to do this."



# What You Need To Know About CA-MRSA

by Jeff Lozmann, Medical Advisor

Community Acquired MRSA (CA-MRSA) was introduced within the medical community in the early 1980's. Young healthy individuals were developing this new form of infection. Now schools, day care centers, hospitals, nursing homes, and athletes are encouraged to educate their population and take necessary precautions.

Today young healthy individuals without any co-morbid conditions are developing CA-MRSA. Mountain emergency care givers and first aid clinics need to be attentive to the signs and symptoms of CA-MRSA to prevent the spread of this infection to themselves or to the patient population being triaged in this environment.

Prior to the 1980's MRSA was recognized as a hospital-based infection, known as HA-MRSA. During the 1980's MRSA began to be seen in community settings, (CA-MRSA). It was isolated in the state of Minnesota after necrotizing pneumonia was reported in a group of children. Today CA-MRSA is not only a national problem but a worldwide problem with alarming numbers of cases reported.

MRSA is a methicillin-resistant *Staphylococcus aureus*, a potentially dangerous antibiotic resistant type of staph bacteria. It causes skin and other infections. As with regular staph infections, recognizing signs and receiving treatment for MRSA skin infections in the early stages reduces the chances of the infection becoming more severe.

Most staph skin infections, including CA-MRSA, appear as a bump or an infected area on the skin that may be red, swollen, painful, warm to the touch, full of pus or other drainage, and is sometimes accompanied by a fever. CA-MRSA starts as a mild, superficial infection and is innocent looking at the onset. Some lesions at this point can be successfully treated with antibiotics and drainage. Left untreated it can progress to life-threatening illnesses, including osteomyelitis, fasciitis, sepsis, necrotizing pneumonia, and death.

Certain populations have seen an increase in CA-MRSA: athletes in competitive sports, prison inmates, children in day care centers, military personnel, homeless people, intravenous drug users, and individuals who come in contact with draining lesions.

As the number of cases of CA-MRSA increase, the cause of this explosion of cases is being researched.

Current research literature acknowledges that the increased risk of CA-MRSA infection is associated with the growing use of antibiotics to treat viruses and certain skin diseases. The CDC has been actively working with physicians and the public to encourage the prudent use of antibiotics.

Prevention begins with the education of all ski patrollers about this disease.

- Effective hand washing is the benchmark of prevention.
- Encourage the use of soap dispensers rather than bar soap.
- The dispensers should be filled with anti-MRSA soaps such as chlorhexidine or Hibiclins.
- In the locker rooms ski patrollers should be discouraged from sharing of personal items such as towels and razors.
- Encourage the use of hot dryers to dry wet ski clothing rather than air drying. The hot air helps to kill bacteria.
- All wounds should be cleaned and covered by a securely attached bandage or dressing that will contain any drainage and will remain intact during all activities.
- Ensure that showers and any exercise equipment are regularly disinfected.
- If you do detect a suspicious wound do not wait to get treatment. Rapid intervention helps to protect you from some of the more serious consequences of this infection.

For more information on CA-MRSA visit the CDC MRSA home page at <http://www.cdc.gov/niosh/topics/mrsa/>.

## Patriot Star Award

Announcing...with specials thanks to Dave Nelson, Sue-Ellen Helmacy, Rick Hamlin and Bill Boulter the "Eastern Division Patriot Star Award." This new Division Award has been created to acknowledge our heroic men and woman of the United States Military services who are also members of the National Ski Patrol System.



The qualifications for this award are as follows:

"This patroller must have an up-to-date NSP Membership card. This patroller must or have been a member of the armed forces on active duty in a Combat Zone deployment. Dates of active duty and location(s) of deployment are required."

There is a new awards form on the Division website. Click on Programs on the home page, under Division Programs & Advisors click on Awards and look for the new awards form for the Eastern Division Patriot Star Award.



Mark Your Calendar  
Spread The Word  
April 15-17, 2009



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For information call **Chris Bourne** at 303-988-1111 or e-mail [cbourne@nsp.org](mailto:cbourne@nsp.org).

## NSP Patroller Education Conference (PEC 09)



After a year long hiatus, NSP's signature winter conference, PEC 09, returns to Snowbird with a world class agenda and program. And for the first time, the NSP Board of Directors and leadership will be on hand to conduct the Winter Board meeting and explore and share ideas with conference attendees to shape the future of patrolling and NSP.

### ON MOUNTAIN & CLASSROOM HIGHLIGHTS

- **Join** leading injury researcher Jasper Shealy, PhD, for an enlightening look at ski injury trends in the U.S. and how the information can be used to advance the cause of safety for skiers and snowboarders.
- **Take the challenge** and participate in the patroller skills competition, where you and your teammates will be judged in scene assessment and toboggan handling skills.
- **Learn** the latest stats on patroller injury rates in the U.S. and steps to take to reduce the chances of ACL and other serious and potentially career ending injuries.
- **Go on-mountain** with Dean Cardinale, Snowbird's snow safety guru, for avalanche rescue talks and demonstrations.
- **Hear** from NSAA President Michael Berry on the state of the ski industry and how to forge stronger relationships with ski area management.
- **Join** women's instructor extraordinaire and Hall of Famer Jeannie Thoren for an evening workshop and all-day women's ski clinic.
- **Learn** leadership skills to make you a better patroller and patrol leader.
- **Enhance your skiing skills** with Snowbird's top ski instructors and/or take advantage of Snowbird's exclusive mix of on-hill training, yoga and mind/body techniques guaranteed to improve your skiing. (Instruction not included in registration fee)

### WHAT'S INCLUDED THIS YEAR?

- Slopeside lodging at the Cliff Lodge for only \$99 per night (call the Cliff Lodge reservation line directly at 1-800-453-3000).
- Three day complimentary lift passes for all registered attendees.
- Two breakfasts, three receptions, closing night awards program, arrival gift package and raffle.
- Program registration: \$165.00 (Look for registration form in fall issue of SPM).

**Sharpen your Skills and  
Share the Experience!**

## **SERGE ANGIEL**

SNY Region lost one of our favorite Region Directors when Serge Angiel died last August. Due to illness, he last skied in 2006, but on that trip he skied at Val D'Isere and at a small mountain in France in the Beaufort region much like Highmount, but steeper and where there is a wonderful restaurant at the mid-station.

Speaking with Serge's friends the same words keep coming up; friendly, outgoing, plain old nice guy, dry sense of humor in French and English, generous, very good administrator, dedicated ski patroller, gourmet, and a sailor. His wife Christine told me that he loved to eat, especially steak tartare and exotic vegetables. She also said that he liked to do woodworking and had made several pieces for their house in Woodstock, NY including an oak dining room table.

Serge volunteered for NSP for many, many years on the Highmount Ski Patrol. After Highmount closed, many of the Highmount patrollers, including Serge, patrolled at Plattekill. There was a close group of patrollers who skied together including Pres Perlman, Dan Morehouse, Bud Brooks, Lynn Brooks, Relph Perlburger, and Ralph Smith.

Serge and Pres Perlman were the best of friends. They, and other Highmount patrollers, not only patrolled together but also skied at Mad River Glen, Stowe, and Utah together. One summer the Perlmans and Angiels traveled

to the south of France and rode the Trans-Siberian Railway through Russia and on to China.

He served as Southern New York Region Director from 1982 to 1988 and earlier as Northern Catskill Section Chief. Serge volunteered SNY to host the 50th Anniversary Fall Forum in 1988. Together with John Puppolo as chairman, they ran a memorable event at Kutscher's Resort in the Catskills.

Serge joined NSP in 1966 and was awarded National Appointment #5393 in 1979. In 1996 he went to alumni status.

Professionally, Serge was an educator, serving as Superintendent of Schools for Emerson, NJ from 1980 to 1983. Earlier, he was Principal of Columbia High School in Maplewood, NJ.

Born in Paris, France, he came to the U.S. in 1940. He earned a B.A., M.A. and Ed.D. from Columbia University. Serge traveled widely in Europe and spent many summers in France, often with relatives, and also in Greece, where he owned a house on an island.

Serge is survived by his wife Christine and his daughter Nicole. Christine and Serge met as children. Both went to Columbia University and were married for more than forty years.

*Meg Smith  
SNY Region Director*

## **LAURA M. COVELL**

The West Point Ski Patrol lost a valued member on June 16, 2008 when Laura M. Covell died of an aortic aneurysm. She was a registered patroller for nearly 40 years, but associated with various patrols for over 50.

Laura's association with the ski patrol started in the early 1950s when, as a first aid instructor and later instructor trainer for the American Red Cross, she taught first aid for the Silvermine Ski Patrol. She met the West Point Patrol when they came to Silvermine for training. At their request, Laura started an Advanced First Aid course for the patrol at the Academy. When NSP added CPR to their requirements, Laura, who was by then a CPR instructor, added the class.

When NSP started WEC, Laura became a WEC instructor and continued working with the West Point Patrol. Over the years she trained some thousand officers and cadets in emergency first aid. In a recent *Ski Patrol Magazine* (Winter 2008) article about the West Point Patrol, Major Brian Novoselich praised the first aid training he received as a cadet. Laura was the instructor.

Over the years she received many awards and accolades from the Academy and the Corps of Cadets. One year she was awarded Volunteer of the Year by the Academy, but

most cherished were gifts given by the patrol and the Corps. These included a Full Dress Hat (a.k.a. tar bucket) and a Cadet Saber (which can only be given by the Corps). She was awarded the NSP Yellow Merit Star in 1978 for "her outstanding effort in establishing, administering and conducting the first aid training and refresher programs at West Point from 1965 to the present."

We all remember Laura for different things. I was always amazed at how she could watch three groups practicing skills and not miss an error or a chance to praise good work. Cadets remember how she took care of them. Major Novoselich said "I will always remember Laura as a 'mother hen'...Took WEC as a Plebe and always appreciated the fact that she had food at every meeting...That was a really big deal to me back then...She did her best to take care of us throughout the course, both by teaching and by the extra care she showed."

When former cadet patrollers return to West Point as officers they often ask whether Laura is still around. She will be missed.

*Manny and Eric Schweitzer  
West Point Ski Patrol*

## THOMAS HILLEGAS

Pennsylvania's Blue Knob Ski Patrol lost a dedicated patroller when Tom Hillegas died on January 27, 2008 from a heart attack while on duty. Tom was a personable leader, a good friend, and an accomplished skier. He was 51.

A senior patroller, Tom was a valued member of the patrol for over 32 years and served as a Patrol Leader, an Assistant Patrol Leader, and an Executive Board Member. He was a S&T Trainer and a Senior S&T Trainer/Evaluator in the Western Appalachian Region.

An enthusiastic patroller dedicated to being the best in everything he did, he led by example. He wanted others to reach their potential and he worked with them until they got it right. He was genuinely interested in people, their families and their lives. There was comfort in his presence and he was able to bring out your confidence. Tom had a radiating smile and a big hug. Tom

made you feel that you belonged and that you were always welcome and he took time to see how you were doing personally. His general demeanor in good times and bad was unflappable, kind, quiet, confident and strong.

Tom was a loving husband and devoted father who motivated and trained his older son and daughter to become ski patrollers. He always tried to make a difference. He believed that life was all about family; your personal family, your community and church family, and your ski patrol family. He was instrumental in promoting patrol camaraderie and an inclusive patrol family spirit. He left a set of tracks for us to follow in leading our lives...and I can hear him now...“come on, you can do it, make your own tracks.”

Tom is survived by his wife Nancy and his children Zachary, Michaela, Kelsey, and Brady.

*Michael Calabrese  
Blue Knob Ski Patrol*

## I CAN...

*by Bill DeVarney, Chief Supervisor*

Throughout the recent OEC Refresher Cycle the words “I CAN” were used to identify knowledge and skills that every OEC Technician would be measured against.

“I CAN” does not only apply to the refresher but to skills and knowledge that could be needed or used at a moment's notice any time of year.

OEC Technicians need to be prepared to perform these skills whenever called upon. They need to be prepared from the first day of the ski season.

Refreshers are a time to demonstrate to others that the skills that are needed have not fallen by the wayside, but reality would indicate that if an OEC Technician has not been actively using and testing those skills they may be just a little rusty. Refreshers give you the opportunity to be a little slower and work toward perfection. What they shouldn't be doing is declaring that I CAN'T.

Moving from the refresher season to the regular season is the time that everyone needs to ensure that they can answer the question I CAN for every situation and every skill not just those covered by the refresher. So how do we do that? How do we ensure ourselves that we can perform those skills that were taught to us during the OEC course?

Practice, Practice, Practice...There is no time like the present to practice again and again, reread a section of the *OEC Manual* (the current edition), and practice

the skills that are described in that section. Set up mnemonics for those skills that you might have difficulty remembering. Or associate a picture with a particular skill so that every time you see the picture you mentally walk yourself through the skill, hence getting stronger on the knowledge base side.

For those OEC Technicians that have just completed the course, please do not let those skills slip before the season starts. Challenge yourself and others to perform those skills better every day.

The one thing that we all need to remember is that whoever is on the receiving end of an injury or illness expects all of us to be able to answer the question “CAN I?” with the skill and knowledge that is warranted to carry an OEC Technician card and be a patroller.

PRACTICE...PRACTICE...PRACTICE...I CAN.



# Your S&T Steering Committee and Staff

by Frey Aarnio, Supervisor

I would like to deviate from past articles and present you with a profile of your steering committee and a description of your division staff. Your steering committee is comprised of 10 members, from various geographic regions, dedicated to teaching and providing consistency in the ski and toboggan programs. Utmost is the assurance of quality in all of our programs, be it a senior evaluation, an enhancement program, or a trainer/evaluator certification. Our steering committee and the staff bring numerous years of experience and training to all events. We undergo extensive training with toboggans and annual ski training programs with PSIA-E.

## STEERING COMMITTEE

Let me introduce you to your dedicated steering members who work for you and your programs.

**Dave Walker:** Skis at Wachusett Mountain, 32 years of patrolling, 20 years on staff and an I/T since 1992; past patrol director; past S&T Advisor for EMARI, past Secretary for EDIV Certified Program and current Chairman EDIV Certified Program, PSPA affiliation and evaluator, PSIA trained and his goal for you is to “make a difference.”

**Jim O’Connor:** Skis at Nashoba Valley, 37 years of patrolling, 10 years on staff and an I/T since 1998; PSIA, and his goal is to enhance the PSIA terminology and skills for the entire staff and candidates participating in our programs.

**Dave Smith:** Skis at Wachusett Mountain, 16 years of patrolling, second year on steering and has been an I/T since 1996; his goal is to improve T/E teaching capability, improve the skills for error detection/correction and his personal goal is to finish the “damn certified test.”

**Deb Daniels Mithoefer:** Skis at Bromley Mountain, 29 years of patrolling, 12 years on staff and an I/T since 1984; PSIA Certificate Program, Powderfall Trainer, past S&T Advisor for SVT, founder and developer of the “Women’s Programs” and her goal is to oversee the continuous growth and development of the women’s programs.

**William “Bill” Cline:** Skis at Seven Springs, 32 years of patrolling, 22 years on staff and an I/T since 1985; PSIA Level III Alpine, PSIA Level I Nordic, and his goal is to continuously improve the quality of trainers consistent with the new equipment technology and the resultant change in technique.

**Bob Bluff:** Skis at Elk Mountain, 40 years of patrolling, nine years on staff and an I/T since 1992; his goals are to “Make training fun, safe, and available to all who have the right attitude, skill, and desire to get there. Treat fellow patrollers as I would like to be treated and keep it objective based.”

**Steve Barnes:** Skis at Gunstock Mountain Resort, 37 years of patrolling, 26 years on staff and an I/T since 1992; PSIA clinics annually, and his goal is to continue to provide the highest level of training available with the least amount of paperwork.

**Don Mills:** Skis at Killington, 19 years of patrolling, four years on staff and an I/T since 2004; PSIA Level III Nordic Downhill and his goal is to provide the alpine skier understanding of the technical movements needed to perform a proper telemark turn in order to promote consistency in evaluating at training events and at the senior level.

**Peter Neefus:** Skis at Catamount, 30 years of patrolling, 19 years on staff and an I/T since 1982; past Taconic Hills race coach, past NASTAR pacesetter, past ENY S&T Advisor, current ENY RD; PSIA clinics annually at Killington and last year at Bromley and his goal is to provide a fulfilled, quality training and evaluation program consistent across all regions.

**Frey Aarnio:** Skis at Bromley Mountain, 39 years of patrolling, 28 years on staff, an I/T since 1979 and steering committee since 1989; PSIA; past patrol director, past S&T Advisor SVT, past Region Director SVT and my goal is to ensure that our program delivery meets and exceeds expectations of participants. I want to reach each and every patroller within our division to maintain and improve their skills so they can best serve their mountains.

## STAFF

Your Eastern Division S&T Staff currently consists of 23 dedicated and talented trainer/evaluators from various regions. All staff members attend an annual meeting, usually at Killington, to prepare for the next season. During this staff meeting they undergo training in accordance with standards established by the national programs and participate in PSIA clinics focused on improvement of skiing knowledge and techniques related to the various equipment utilized by our patrollers. Your staff assists with the delivery of all S&T programs throughout the division to ensure consistency and quality at all levels of training from basic patrolling 101, senior training and evaluations, to trainer evaluations. The staff conducts and monitors enhancement programs to best develop skills for participants. The primary

*Continued on page 13*

Continued from page 12 - Aarnio

focus of your staff is to promote the senior alpine ski and toboggan program within all areas of training to enhance skills necessary to maintain proficiency at the local and region programs. Quality assurance within programs is also the responsibility of your staff.

Listed below are your ski and toboggan staff and their home region:

Karl Johnson	ME	: Chris Brodersen	NJ
John Kane	ME	: Brent Lindhurst	WNY
Ron LaPointe	ME	: Roland Lunser	WNY
Jane Williams	EMARI	: Randy McNeil	WNY
Scott Wilson	WMASS	: Kimberly Terwilliger	SNY

Justin Guth	EPA	: Brian Bishop	SVT
Mike Jarriel	EPA	: Joe Kulina	SVT
Bill Jordan	EPA	: Joe Menichino	GV
Sarah Keating	EPA	: Marc Abend	Pro
Brant Maley	EPA	: Rob Armet	Pro
Bill Freyman	WAPP	: Rena Perkins	Pro
Teigh Southworth	NVT	:	

Your staff is the backbone of our program and should you have any questions regarding ski and toboggan, please use them to get the correct answers and results.

## Timely Tips About Radios

by Dick Woolf, Telecom Advisor

As we get into ski and snowboard season, I thought it would be useful to compile a brief list of the important points concerning radio use and care. So, in no particular order, here goes:

- \* A radio antenna is NOT a handle. Pulling on the antenna may cause it to break internally.
- \* Radios work best when their antennas are vertical.
- \* DO NOT SHOUT into your radio. It does not increase the range – it only distorts your voice.
- \* After pressing the transmit button, wait a moment before starting to speak, otherwise, your first words may not be heard.
- \* If you think you're in a "dead spot," try moving a few feet in any direction to see if your signal improves. Also, facing the location you're trying to talk to may help.
- \* A radio needs a full charge to work properly. Charging time depends on your charger, but overnight is a good starting point.
- \* Turn radio OFF while charging.
- \* If the radio is only going to be used on weekends, don't keep it on charge from Monday to Friday. That's too much.
- \* New batteries need to be fully charged before being placed into service.
- \* Don't take a radio out of the charger, use it for 5 minutes, and then put it back into the charger. You will reduce the life of the battery.
- \* If you are operating multi-shift, your battery will not last from 8 AM until 11 PM. You need multiple batteries.
- \* Don't leave the radio on your belt, press the transmit button, and talk loudly, hoping the radio will pick up your voice. The radio should be an inch or so from your mouth.
- \* If you don't want to lift the radio off your belt, use a speaker-mike.
- \* Keep the radio under your parka to keep the battery warm, and snow or rain off the radio.
- \* If the radio gets wet, turn it off, remove the battery, and let it dry out. Don't put it in the microwave!

## A Premier Women's Event

Many of us have participated in women's ski and toboggan enhancement seminars over the past years since they were created by Eastern Division Steering Committee Member Deb Mithoefer. If you haven't checked one out this would be a great year to do it.

This year's event, scheduled at Okemo, begins on Friday, February 27 where everyone will be working with the Okemo Mountain School race coaches. This is a interesting way to work on your skiing techniques. And, you'll get to run head-to-head gates. Friday afternoon will be devoted to empty sleds...soup to nuts!

Friday night the group will gather together at dinner and the rumor is there will be a special guest.

Hopefully you won't get too tired because you're going to need lots of energy on Saturday when you'll spend the day learning absolutely everything there is to know about running loaded sleds. This is your chance to work on the kind of terrain that you don't have at your mountain...without anyone watching! You can feel free to try new things and experiment.

If you have any legs left, on Sunday it will be all mountain adventure skiing 'til you drop. The group will be broken down by skill and interest focus; smooth...bumps...trees...easy...hard? It's all there for you...just ask for what you want!

The cost for two days is \$75; add another \$15 for the third day. You can choose any combination of days but we need to know which ones they are in advance. The dinner will be separate but we're hoping to keep it around \$25 per person.

Get your reservation in early; it's first-come, first-served. Since everyone gets their copy of *Trail Sweep* at a different time we are picking a "beginning" postmark of January 15, so that everyone will have a fair chance to sign up. Email reservations will be accepted. Checks for the clinic and dinner, made out to Deb Mithoefer, must be received by February 10, 2009. Any reservation that does not have a check in place by that date will be automatically cancelled. Any cancellation that is requested up to February 14 will receive a full refund. Cancellation requests after that date will only receive a refund as long as the slot can be filled. Got questions? Contact Deb at [danielssurvey@usa.net](mailto:danielssurvey@usa.net).

# EASTERN DIVISION YOUNG ADULT PATROLLER SEMINAR REGISTRATION

REGISTRATION DEADLINE FEBRUARY 15, 2009 – NO REFUNDS AFTER MARCH 1, 2009

Registrations received after the deadline will be charged a late fee of \$50, if there is still availability, as space is limited

Fill in completely and return with a \$295 check made payable to NSP Eastern Division to:

Jerry Hyson, Box 387, 124 Mountain Road, Princeton, MA 01541

Please type or legibly print all information except for signatures.

Last \_\_\_\_\_ First \_\_\_\_\_ Nickname \_\_\_\_\_  
Address \_\_\_\_\_  Male  Female  
City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
Phone \_\_\_\_\_ E-mail \_\_\_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_  
Patrol \_\_\_\_\_ Region \_\_\_\_\_ NSP # \_\_\_\_\_

I understand my commitment and responsibilities to the National Ski Patrol while I am attending this seminar.

Student Signature \_\_\_\_\_

To help us plan ahead please fill in the following

I plan to:  Skiing  Clinic  Compete |  Toboggan  Clinic  Compete |  OEC  Clinic  Compete | I plan to ski  Friday  Monday

Arrival (date & time) \_\_\_\_\_ Departure (date & time) \_\_\_\_\_

\_\_\_\_\_  
Advisor/Chaperone attending with Young Adult Patroller (print) | \_\_\_\_\_  
Advisor/Chaperone attending with Young Adult Patroller (signature)  
Attending adult advisor/chaperone must be at least 21 years of age and be endorsed by the young adult patroller's parent or guardian. No more than 5 young adults per advisor/chaperone

\_\_\_\_\_  
Parent/Guardian (print) | \_\_\_\_\_  
Parent/Guardian (signature)

The above named Young Adult Patroller is a registered member of NSP and approved for the seminar.

\_\_\_\_\_  
Patrol Director/Young Adult Advisor (print) | \_\_\_\_\_  
(signature)

In order to help with staffing please check your status (check all appropriate)

Student Advisor  Adult Chaperone  Snowboard  S&T T/E  OEC T/E  OEC Instructor  Toboggan Instructor

## REQUIRED MEDICAL AUTHORIZATION FOR MINORS UNDER 18

This authorizes the ski patrol, EMS personnel, a licensed physician, surgeon, or other recognized hospital staff member to carry out emergency medical care deemed necessary for my child/ward in an emergency, when normal permission is unavailable.

Name of Minor \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Parent Work # \_\_\_\_\_

Physician's Name \_\_\_\_\_ Physician's # \_\_\_\_\_

Insurance Company \_\_\_\_\_ Policy/Plan # \_\_\_\_\_

Special Emergency Information/Instructions \_\_\_\_\_

## RELEASE AND INDEMNITY AGREEMENT — REQUIRED FOR ALL YOUNG ADULT PATROLLERS

The undersigned, as a participant, or as a parent or guardian of a minor who is participating in the 2009 Eastern Division Young Adult Training Seminar, in consideration for being allowed to participate in such event, hereby releases the National Ski Patrol System, Inc. and the Eastern Division, Bolton Valley Ski Resort and any and all officers, members, volunteers, agents and employees thereof from any and all claims or liabilities of any kind whatsoever arising out of my or such minor's participation in the 2009 Eastern Division Young Adult Training Seminar. I/we further release and waive any rights, causes of action, or claims against said Ski Patrol or Ski Area, and any officers, members, volunteers, agents, and employees thereof which I/we may have arising out of any personal injury, property loss or damage, or any other liability incurred during skiing and related activities of the 2009 Eastern Division Young Adult Training Seminar. As further consideration for being permitted to participate in the 2009 Eastern Division Young Adult Seminar, I, or we on behalf of said minor, hereby agree to indemnify and hold harmless the National Ski Patrol System, Inc. and the Eastern Division, Bolton Valley Ski Resort and any and all officers, members, volunteers, agents, and employees thereof from all damages, judgments, expenses (including attorney's fees) and costs whatsoever arising out of any claim or demand by the said minor or by persons acting for or on behalf of said minor in respect of the aforesaid injuries or damages.

\_\_\_\_\_  
Participant (print) | \_\_\_\_\_  
Participant (signature) | \_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian (print) | \_\_\_\_\_  
Parent/Guardian (signature) | \_\_\_\_\_  
(Required if participant is under the age of 18) | \_\_\_\_\_  
Date

# 2009 Young Adult Seminar - Bolton Valley, VT March 13-16, 2009

by Jerry Hyson, Supervisor

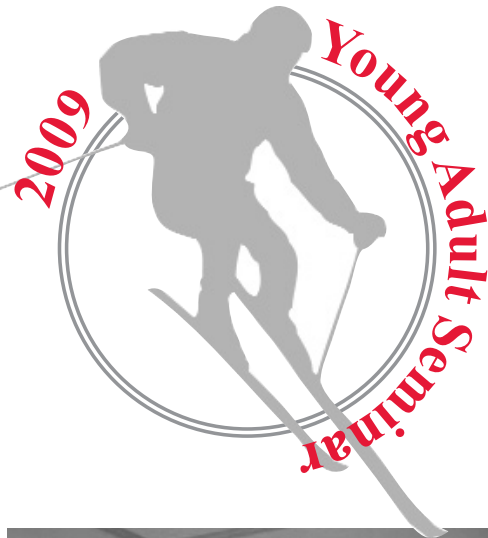
Over 70 Young Adults Patrollers hit the slopes at Killington, VT last year and brought their “stuff” to make last year’s Young Adult Seminar (formerly known as the Student Seminar) the highest attended ever. “Great time,” “Can’t wait until next year,” “Made some new friends” are some of the comments from last year.

Come and make this year’s event even greater as we gather on March 13-16 at Bolton Valley Ski Area. Want to check it out? Go to [www.boltonvalley.com](http://www.boltonvalley.com) and see what a great mountain we’re going to.

The seminar officially kicks off on Friday with a fun day of skiing or riding for those who are able to come early. Saturday and Sunday are jam packed with competitions, clinics, training, and fun activities. The weekend concludes with a banquet and awards on Sunday night. Those who can stay around enjoy a great day of skiing or riding on Monday. Super skiing/riding, great food and superb staff all combine to make this a weekend to remember. Bring your “stuff” and compete with other students or clinic with the best instructors in the Eastern Division.

Please read carefully the registration form regarding your commitment and responsibilities when attending. Registration deadline is February 15th. Cost is \$295.

Please either call or email Jerry Hyson with any questions at [hyski@verizon.net](mailto:hyski@verizon.net) or 978-464-5939.



Our 2008 Event Winners.



Getting ready to hit the slopes!

## Attention All Students

by David Nelson, Fund Chair

The Eastern Division has handed out over 70 scholarships since the beginning of the Memorial/Scholarship Program that began in 1978. The program is designed for students that are continuing their education.

For more information and the application form, please visit the Memorial/Scholarship link on the Eastern Division web page (<http://www.nspeast.org/html/memfund.htm>). Contributions to the fund are accumulated and the interest generated by these moneys is used to provide scholarship assistance to patrollers who are furthering their education.



Change Service Requested

EASTERN DIVISION NSP
23 NARRAGANSETT AVENUE
PITTSFIELD, MA 01201

It's Your Chance To Train – 2009 S&T Program Registration Form

Return this form with a check for the appropriate amount, made payable to NSP Eastern Division, to the contact person listed below the event you plan to attend. Please make a separate copy of this form for each program. These are all the events available at press time; please check at http://www.nspeast.org/html/calendar.htm to see if more have been scheduled.

Last First Address City State ZIP Phone E-mail Patrol Region NSP#

Status (check all that apply)

- Candidate Auxiliary Patroller Senior Certified Candidate Certified Ski Snowboard Telemark

Trainer/Evaluator Teaching Clinic (pre-registration required)

- Jan. 3 – Greek Peak, NY (Steve Barnes, 76 Summit Ave., Portsmouth, NH 03801, 603-433-9556, talyxst@comcast.net)

Trainer/Evaluator Clinic Evaluation (Region Supervisor Approval Required)

- Jan. 31-Feb. 1 – Loon, NH (Dave Walker, 495 Burrage St., Lunenburg, MA 01462, 978-582-9644, cert372@yahoo.com)
Feb. 7-8 – McCauley Mtn., NY (Jon Wilson, 5895 Walker Rd., Utica, NY 13502-6529, 315-735-7757, cody@headstrong.org)
Mar. 7-8 – Holiday Valley, NY (Tim Goff, 78 West Falls Rd., West Falls, NY 14170, 716-655-0118, ctgwfalls@roadrunner.com)

Intro to Certified

- Jan. 22 – Sunday River, ME (\$20 fee will cover discounted lift ticket) (Dave Walker, 495 Burrage St., Lunenburg, MA 01462, 978-582-9644, cert372@yahoo.com)
Feb. 6 – McCauley Mtn., NY (Jon Wilson, 5895 Walker Rd., Utica, NY 13502-6529, 315-735-7757, cody@headstrong.org)

Patroller School or Intro to Certified

- Jan. 24-25 – Windham Mountain, NY - \$50 (Brant Maley, 4109 Locust Lane, Harrisburg, PA 17109, 717-648-6900, SkiPatrol@comcast.net)

Patroller School

- Jan. 11-12 – Elk Mountain – \$60 (Bill Jordan, 2067 Hickory Ridge Rd., Factoryville, PA 18419, 570-945-4046, cert169@adelphia.net)
Feb. 7-8 – Killington, VT – \$70 (Brian Bishop, 440 Swamp Brook Rd., Hawley, Pa. 18428, brianbishop@mail4me.com)

Telemark Enhancement Seminar

- Feb. 28-Mar. 1 – Smugglers' Notch, VT – \$TBD (Kirby Van Vleet, 19 Amethyst Drive, Queensbury, NY 12804, 518-798-3962, kirbyvv@aol.com)

Women's S&T Enhancement Seminars

- Jan. 31-Feb. 1 – Seven Springs, WAR (Doris Rollins, 25665 Tremaine Terrace, South Riding, VA 20152-6303, 703-327-2382, darollins1@verizon.net)
Feb. 1 – Thunder Mountain, CT (Marge Thorpe, 845-279-5636, mtothf@earthlink.net)
Feb. 27-Mar. 1 – Okemo, SVT (see article on Pg. 13 for details) (Deb Mithoefer, 310 South Hill Road, Ludlow, VT 05149-9632, 802-228-5032, danielssurvey@usa.net)
Feb. 28 – Blue Mountain, EPA (Toboggan only) (Sarah Keating, RR1, Box 173, Union Dale, PA 18470, 570-679-2426, sarah.keating@keystone.edu)
TBD – NJ Region (Deb Cowell, 30 Breakneck Road, Vernon, NJ 07462-3172, 973-764-1594, drc@warwick.net)

- TBD – CNY Region (Dee Hamline, 3523 Mohawk Street, Sauquoit, NY 13456-2601, 315-723-8721, Hameline@adelphia.net)
TBD – ENY Region (Laura Tucker, 23 Narragansett Avenue, Pittsfield, MA 01201, 860-908-7052, muthrtuckr@yahoo.com)

NOTE: Contact each seminar coordinator for details and pricing.

PSIA Clinics
To sign up for a PSIA clinic follow this link to their schedule and application: http://www.psia-e.org/ev/schedule/EventSchedule.pdf