

TRAIL SWEEP

Vol. 58, No. 1 • Summer 2015

Official Publication of the Eastern Division of the National Ski Patrol



Division Director's REPORT

by John Shipman, Division Director

The Eastern Division's Spring Officer's Meeting was held in Albany, NY last April. Three new Region Directors took office effective April 1, 2015:

Chris Cruz – Western MA Region

Joe Manna – New Jersey Region

John Topping – Genesee Region

Our retiring or terming out Region Directors: Joel Sevick, WMA; Dan Cavallo, NJ; and Bob Andre, Genesee Valley all deserve our thanks for their dedication and unselfish service to the Eastern Division.

Terming out also pertains to me. After the 2015 Spring Officer's Meeting, I will have completed five years as the Eastern Division Director. Next year, at the 2016 SOM, the Eastern Division Board will vote for a Division Director. This will be an important election for all of us in the division as well as for the national organization.

The Eastern Division is the largest of the 11 divisions in the country. We have about 8,000 members or roughly 30% of the total national membership. The national leadership; the board of directors, division directors, national office staff, and national program advisors are energetic and they generate many issues that may, or may not, concern us or be beneficial to our division. It is important we stand tall as a unified division to protect our interests and continue to serve our Eastern Division and National membership.

At the SOM this year we recognized two exceptional Eastern Division patrollers, Mary Lyn and Greg Boberg from the Western New York Region. Mary Lyn and Greg donated \$7,000 to the Eastern Division. The generous donation will be designated and earmarked for the Eastern Division's Young Adult Patroller Program. Annually, young adult patrollers will have an opportunity to apply for financial consideration to help them attend the division's popular young

In this issue

- MTR Challenge
- Value of Basic Skills
- Relax, Remember, Relive
- Students Watch Real Avalanches!
- New Technology to Improve Coaching



adult program. Both Mary Lyn and Greg attended the SOM to share their successful fundraising experience that nearly 300 people attended last August in Ellicottville, NY.

After working at a few 2014 fall refreshers, I had a fun and learning experience at the Eastern Division's 2014 Fall Avalanche, Mountain Travel and Rescue, and Nordic Seminar for instructors held at Northfield Mountain, MA. About 70 Avalanche, MTR and Nordic instructors reviewed their skills and taught many of the modules such as low angle rescue, avalanche, and classroom instruction to the attendees. The knowledge, positive attitudes, and passion this group demonstrated was tremendous. Check out the Eastern Division website for the next seminar. Chances are if you have an interest in these programs you will be glad you signed up and participated.

If you missed the 2015 NSP Powderfall event this year at the Canyons Resort in Utah, be sure to add the next Powderfall event to your bucket list. The national office staff and Powderfall Team did an excellent job of preparing and running the event. Many of us, especially the national office, worked on various aspects of the convention for more than 12 months. We should all be proud and thankful to the Powderfall Team. They blended leadership, costs, and resources into the successful and memorable NSP event.

In mid-May, I was invited to attend the Southern Division's Executive Committee Meeting in Wytheville VA. The Southern Division and the Eastern Division have, for the past few years, shared many resources and have successfully teamed up to help each division achieve a number of goals.

On the last weekend of May, the Genesee Valley Region leadership and the many friends of our former Eastern Division webmaster, celebrated the life of Bill Gamble. Bill's patrol friends and many other friends who knew Bill, succeeded in remembering Bill in song, personal stories, and poems. A single ski lift chair was donated to establish a memorial in Bill's name. Bill's unselfish efforts to serve others will always be remembered.



JIM MILLER

Our New Instructor Development Supervisor

First, I would like to introduce myself as the newly appointed Instructor Development Supervisor for Eastern Division.

I am an alpine senior patroller at Ski Butternut located in the southern Berkshires of Western Massachusetts. I

have been a volunteer patroller for almost 30 years. I am a former Eastern Division OEC Supervisor, and currently an ID IT and OEC IT for the WMASS Region.

A retired high school science teacher and athletic director, I have served my community for 40 years. I look forward to serving you as your Eastern Division Instructor Development Supervisor.

Second, I will try for each *Trail Sweep* edition to include an article concerning Instructor Development. My first is; "Should certified educators be exempt from the Instructor Development course? My answer to this is a resounding NO!

My reasons are as follows:

Elementary, middle, and high school teachers go through college courses that teach the methodology of teaching students who are classified as pre-teenagers and teenagers, and not adult learners. Student teaching also allows the future teacher to work with a mentor. Traditionally student teaching lasts one semester for a period of 14-16 weeks.

The student teacher will observe classes and begin taking over a mentor's class and hopefully work up to a total of two or three classes by the end of the semester. Upon completion of their student teaching, the student teacher will usually have an understanding of classroom management, lesson planning, evaluation, and teaching.

These professional instructors do have an advantage over non-teachers who want to become NSP instructors. However, this advantage is only a portion of the entire NSP Instructor

Development Program.

The NSP Instructor Development manual is titled *Instructor Development: Training the Adult Learner*. The majority of patrollers are beyond high school and college age. The Instructor Development course is the methodology class that guides us for understanding and teaching these adult learners.

The Instructor Development Program is a signature program for the National Ski Patrol and they demand that all their instructors, no matter what discipline, have the same basic training. We as NSP members should honor this. True educators are continually learning and improving/updating their lessons and delivery of those lessons. I can not understand why a dedicated professional instructor would not want to grasp the chance at learning something new.

In my own teaching of NSP courses, I find that adult learners are quite different from the younger generation we are used to teaching. The ID course allowed me to better relate to these differences and be a more effective instructor to these adult learners.

NSP is always in need of quality instructors. If you are a professional educator, NSP does offer an "express lane" in becoming an NSP instructor. Professional instructors already have the knowledge of lesson planning and delivery. The mentoring process, for new instructors, allows professional instructors to bypass the "Observation of Experienced Instructor." The professional instructor would hopefully only need two observations of teaching a lesson. Therefore, a professional instructor could easily take only three to four days to become an NSP instructor. One day for the Instructor Development class and two to three days for being observed teaching a lesson. Now, is this too much to ask?

Welcome MICHELLE GOLDSMITH

by Paula Knight

We welcome Michelle Goldsmith to the OEC Supervisory Staff. She has agreed to take on the challenge of Assistant Supervisor for the Eastern Division and will be supervising the regions of Western Massachusetts and Northern Vermont.

Michelle's home patrol is Wachusett Mountain located in the EMARI Region. Currently a Senior Alpine Patroller, Michelle joined National Ski Patrol in the year 2000. In her 15-year tenure she has become a Toboggan Instructor and an OEC Instructor. On March 22, 2011, Michelle was awarded National Appointment #11122.

Michelle brings to this position an authentic understanding of OEC programming. Throughout her patrolling career, she has been involved in, or taken charge of, a host of clinics, courses, and evaluations throughout the EMARI, New Hampshire and Maine regions as well as Division-sponsored events.

In her home region of EMARI, Michelle has held the OEC Administrator and Senior Training Coordinator positions. Additionally, she is an instructor and instructor trainer. These experiences have helped develop her leadership abilities, allowing Michelle to know what quality programming looks like and how to achieve it.

Michelle is excited and ready for the challenge before her. Let's welcome her to this hardworking team of supervisors.

The Seasoned Patrollers

by Gerry Clark, Alumni Advisor

Thinking of the word Alumni, what comes to mind? An older crowd, a group of retired people, a high school or college graduate? Could be any of these groups, however we are talking about ski patrollers and I don't want to burst any bubbles but I've come across some truly interesting facts which should be of no surprise, as we have been speaking about the age factor of patrollers for quite some time.

Here are some stats about NSP patrollers. NSP has approximately 28,000 registered patrollers and as of the March 31, 2015 membership here is a breakdown of the AARP eligible crowd

- Between 50 years to 59 years – 6,965
- Between 60 years to 68 years – 4,835
- Between 70 years to 79 years – 1,541
- And 80+ years – 486

Giving NSP a total of 13,827 patrollers over fifty years old. I thought, I would look at Eastern Division's statistics:

- Of 8,261 patrollers, 4,543 are over 50 years old
- Of 4,543 patrollers, 1003 are registered Alumni
- Of the 4,543 patrollers, 70 are registered patrollers over 80 years old

These figures are a surprise, especially the third bullet. It is remarkable to think that we have such a great group of patrollers over the age of 50 still enjoying the sport of skiing and that 70 are over 80!

The Eastern Division has accomplished so much in keeping alumni patrollers involved in so many ways. We are the largest group of alumni in the NSP system with 1003 registered alumni. Each region has contacts for those interested in remaining a part of the National Ski Patrol. The best part of the alumni is keeping up friendships with present and past patrollers.



A publication of Eastern Division, published twice per year.

CHARTERED BY CONGRESS

TRAIL SWEEP

encourages submission of articles, pictures, and letters to the editor. All material becomes the property of the National Ski Patrol, and cannot be returned unless accompanied by a stamped, self-addressed envelope.

John Shipman/*Eastern Division Director*

Laura Tucker/*Editor*

Jim Freeman & Barb DeMarco/*Production*

Editorial Office

23 Narragansett Ave., Pittsfield, MA 01201

860-908-7052 e-mail: trailsweep@yahoo.com

For years, NH Alumni Day would draw about 50 alumni for a day of skiing, eating, and catching up with old and new friends. I remember one year we had some former members of the 10th Mountain Division in their white uniforms, another alumni day George Wesson graced our hill, and one time when some of the alumni were unable to ski we gave toboggan rides. We held our alumni day at top station where we had a cookout and tons of fun. These are the memories which being a part of the NSP Alumni Program will present to you.

The ski season is over and before we know it, it will be here again. Some may have decisions to make as to whether they can make the commitment to their patrol. This happens for different reasons. Why not join Alumni and stay connected. You can do your refresher, you can help with the refresher if you are an OEC instructor, you can also help out on the mountain, or you can just enjoy the skiing with friends. Stay connected, it's much too hard to leave the family.

For more info or who to contact, go to www.nspeast.com, click on Programs or go to Regions and click on your region which should have an alumni advisor link.

Big THANK YOU to Scott Rockefeller by Paula Knight

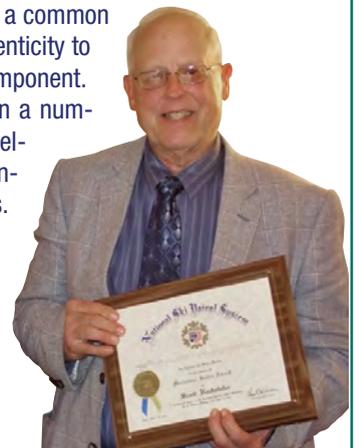
Next time you see Scott Rockefeller give him a big "thanks" for serving the Eastern Division. Scott has stepped down from his role as the Assistant OEC Supervisor who oversaw the OEC courses, Instructors and Instructor Trainers in the regions of New Hampshire, Maine and Western Massachusetts.

For over nine years Scott has offered his creative genius bringing realism to authentic learning. Scott has brought the portrayal of scenarios to a new level. His determination to maximize learning and blend authentic scenario work into his teaching became his trademark. He is known as the "Master of Moulage," creatively developing authentic backdrops for scenarios and skills stations. This master has run a number of workshops throughout the Division to share his expertise and technical abilities.

Scott has supported the Young Adult Patroller Seminar with this talent helping to create a staged disaster for the OEC component. All the scenarios would have a common thread bringing meaning and authenticity to the participants of the YAP OEC component.

Additionally, Scott has served on a number of committees nationally to develop test banks, scenarios, and manuals as well as advisory positions. We all have a better understanding of bringing depth to learning and evaluation through Scott's creative genius.

Thanks Scott for your time and talent!



The Vermont Ski and Snowboard Museum Celebrates the History of the NSP

by Rick Hamlin, National Historian

Mark your calendars and hold the date! Plan to be in Stowe, Vermont on Saturday November 14 to join your NSP brothers and sisters in celebrating our organization's great history. The Vermont Ski and Snowboard Museum, located at the intersection of Routes 100 and 108 in downtown Stowe village, will be unveiling its next exhibit "Service and Safety, the National Ski Patrol."

See artifacts from our rich history on display as the Museum dedicates its entire main floor to telling the story of the NSP. And if the exhibit is not enough to entice you to come to Stowe, the Museum's annual Hall of Fame induction ceremony will occur that evening. If you missed coming to Stowe to celebrate the NSP's 75th Anniversary and the dedication of the memorial bench at the museum, this is the perfect opportunity to join other patrollers and see the bench, celebrate the new exhibit opening, and attend the Hall of Fame ceremony...all in one great day of events.

Check the Museum's website www.vtssm.com for schedules, ticket information, and other event details.



Opens
November 14, 2015



Memorial Fund and 2015 Scholarships by Dave Nelson

The Scholarship Committee is pleased to announce the recipients of the Eastern Division Scholarship Award for 2015:

- Elizabeth Brown – Belleayre Mountain Patrol, SNY Region
- Tara Frawley – Hidden Valley Patrol, NJ Region
- Phil Haines – Hidden Valley Patrol, NJ Region
- James Leeber Jr. – Nashoba Valley Patrol, EMARI Region

Congratulations to all.

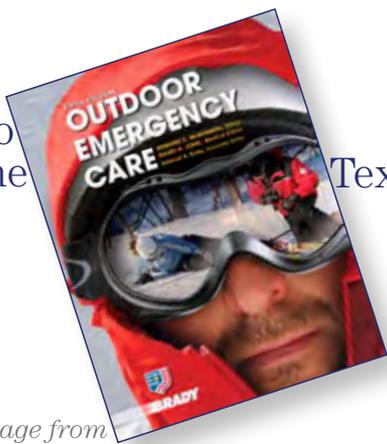
The Memorial Fund Scholarship Program can also be called the Memories Program. After all, isn't that what this program is all about? We remember past patrollers; we talk about the past days of patrolling and who we skied

with. We tell funny stories and remember interesting accidents we have been on and who was there with us. Remembering our past friends is our duty to never forget them. A patroller is never gone until we forget their names.

Can you think of a better way to remember our past patrollers than to have their names engraved on the Eastern Division Plaque? These plaques can be seen on our web page under the Memorial link <http://nspeast.org/html/memfund.htm>.

All donations are used for our Scholarship Program. More information is on our Eastern Division web page.

How to Use the Textbook



*A message from
the National Medical Advisor, David Johe, MD*

Many have told me the present edition 5 of Outdoor Emergency Care is too long, covers too much, and is too much for the student to learn. Through the years this book has evolved into a “textbook” for all patrollers, from students to seasoned patrollers. Many patrollers today are involved in different medical professions. Many of you have done literally dozens and dozens of rescues. Thus OEC was designed as a reference book for the patroller. The textbook is not the OEC course that is taught to students. It is one tool to be used while the student takes an OEC course.

The OEC course uses this text. Instructors should realize that they do not need to teach everything in the text. In the front part of the text, the preface states that only the bullet points in the beginning of each chapter should be taught to the student. If the student learns these basics, they will pass the evaluations and obtain the knowledge to become a good patroller. Instructors should take a minute and read the text’s preface, to understand how to teach an OEC course.

There is additional material in the text. The authors put this in for the patroller who wants additional information. It is provided for experienced patrollers, who have already mastered the basics. Many seasoned patrollers use the text as a reference book, looking up a medical topic, following a rescue. They expand their knowledge by reading more about a topic.

Hopefully this explains how the text was designed.

Ski patrollers are first responders. The text was written at a “First Responder” level, but has added material for the patroller who seeks additional information.

New Course Available:

Outdoor First Care

by David Johe, National Medical Advisor

Does your ski area have a Mountain Host Program? If not, has your patrol and management ever considered starting one? Other names for these programs include Rangers, Safety Patrol, and Guides. These programs are slowly growing at ski areas across the U.S. They are proving very valuable for both the area and its patrol.

The National Ski Patrol started a Mountain Host Program several years ago. Hosts are registered with NSP, and receive some of the benefits that patrollers receive. The Host pays national dues. At my ski area, Holiday Valley, the hosts (or yellow jackets since they wear distinctive yellow jackets) are immensely important. They provide the customer with information about the resort, initiate first aid when first on scene, help the patroller at the scene of a rescue, control unruly patrons on the hill, and generally provide good will at our resort. On a busy day at our area, when there are many rescues going on at the same time stretching patrollers thin, these individuals will help a patroller at the scene.

Recently the National Ski Patrol’s Host Program was upgraded and includes several teaching “modules” for the individual who is or wants to be a host. The backbone module of this program is Outdoor First Care, a basic first aid course for the host. This course is OSHA compliant so resort managers can also use the course for any resort personnel who needs a first aid course. Many times, a resort employee other than a patroller is first on scene. This course helps this employee provide basic first aid until a patroller can get to the scene. Employees who are working after the patrol has gone home may find this course helpful. It is not an OEC course, but a very basic first aid course.

In order to become a Mountain Host in the NSP an individual must take an OFC course and pass its evaluations. Basically the OFC program has three parts. After having an OEC instructor register them in an OFC course and paying the \$25 cost, the student host must obtain a current “lay person” CPR/AED card. This gives them the basic principles of the ABCs of a first aider. Next is a three-plus hour online course with a written evaluation at the end. Last is a “hands on” day where the OEC instructor goes over several scenarios, teaching the basics of medical conditions or trauma, how to initially help the injured or sick person, and how to help the patroller. A written and practical evaluation are at the end. This course does not train hosts to be patrollers but makes hosts a great asset to the ski resort and the patrol.

Consider a Host Program at your resort. Get management involved first. If you already have this program upgrade your hosts’ education. Call the National office (303-988-1111) and tell them you want to start a program or upgrade your present one with an OFC course.

VOLUNTEERING

by Gerry Clark, Special Olympic Liaison

What's happening with volunteering? Years ago, the number of patrollers who would volunteer at the Special Olympic Winter Games was in the high 80s, now we are down to the low 20s. And the ones who continue to volunteer are a handful of patrollers who have done it for 15+ years. How do we inspire the next generation to become involved?

There are so many events besides skiing that need volunteers...basketball, volleyball, bocce, golf, swimming, track, soccer to name a few. So how do you find out or get connected? You can call your local Special Olympics office, you can use the Internet to search by state, and you can check your region website to see if they have a Special Olympic contact. It only takes one time and you'll be back, not for yourself but for the hundreds of Special Olympic athletes who need your assistance.

Try it once, it doesn't cost money, you'll probably get a t-shirt, you'll get to work hard, you'll be fed, and the best part is you'll become a friend with some very special people.



Special Olympics



What are ARCHIVES and Why are they Important?

by Gregor Trinkaus-Randall, Division Archivist

According to the Society of American Archivists, archives have been defined as “materials created or received by a person, family, or organization, public or private, in the conduct of their affairs and preserved because of the enduring value contained in the information they contain or as evidence of the functions and responsibilities of their creator, especially those materials maintained using the principles of provenance, original order, and collective control; permanent records.”

Why is this important to patrollers and the Eastern Division patroller in particular? The Eastern Division was the first of the Divisions. Its history goes back to the 1950s, and many of the important people in the history of the National Ski Patrol were active in the Eastern Division. Also, a good number of the changes and developments in National Ski Patrol history were initiated in the Eastern Division.

It is only through access to the records that anyone can research the Division's history or answer questions that may arise. This may refer to administrative history or to the development and changes in programs over the years.

Yet, as of ten years ago, nothing had been done to document all these activities and personalities' contributions. Interestingly, if you Google the Eastern Division of the National Ski Patrol, no history of the Division appears. Unfortunately, this had resulted in some significant collections of records being discarded or trashed because there was no official location for them to be collected.

In 2005, Division Director Rick Hamlin authorized the search for a home for the permanent records of the Eastern Division. After approaching a number of institutions, the Dartmouth College Archives and Special Collections agreed to serve as the repository for the Eastern Division Records. This was highly appropriate, given Dartmouth College's long history with alpine and Nordic skiing.

The agreement with Dartmouth College stipulates that appropriate administrative and programmatic records over seven years old are to be transferred to the archives. This means that records prior to 2009 should be collected and transferred this year. A list of the criteria for deciding which records are appropriate for the archives is listed at the end of this article and is also on the Eastern Division website under Programs/Archivist. Note that documents containing personally identifiable information such as social security numbers, etc. are not to be transferred.

Initially, a number of programs and the administration transferred a fairly large quantity of records. However, each year the Archivist should be receiving records covering the next year in the process. This has not been occurring with regularity. Even so, over one hundred linear feet of records have been transferred to Dartmouth College. These records have been organized at the box level and access is available via the web. This year work will be undertaken to organize these records to the folder level.

Cont'd on pg 7

So, what can be done to ensure that nothing more is lost? Each year, all program directors should examine their records and transfer the next year's records to the archives. Not only will this ensure that there will not be a gap in the history of the program, but it will save space where the records are currently stored. Financial records and administrative records are also to be transferred in this schedule.

If the records are in paper form, this is easy. However, more and more records are generated in electronic form. These records should also be transferred either on a thumb drive or on a CD. Both should be well labelled as to what they are. One of the advantages of transferring electronic records in this fashion is that it is copies that are transferred and the program director can still retain copies on their own computer.

Think about it. Do you have, or do you know someone who has, historical records related to the Eastern Division? Are they taking up space in your home? If they meet the criteria listed below, you should contact the Division Archivist, Gregor Trinkaus-Randall, at (978) 897-3997 or trink68@uwalumni.com or the Dartmouth College Archivist, Peter Carini at (603) 646-3728 or peter.carini@dartmouth.edu to make arrangements for the transfer of those records. Often records can be collected at the Spring Officers Meeting at the end of April. Let's make sure that the appropriate administrative and programmatic records of the Division, and Regions, are transferred to the Dartmouth College Archives so that we can ensure that the history of the Eastern Division is not lost.

National Ski Patrol Eastern Division Archives Program Information Archival Records Selection Criteria

The intention of these guidelines is to assure that the most relevant records of the Eastern Division are collected and preserved in the context of the space, fiscal and human resources available. It is also intended to identify and select those records created or re-

ceived by the Division and its subunits which provide a complete and accurate picture of the Division over time. Specifically, these records should document organization and governance, key functions and activities, major developments and achievements, and relationships with various stakeholders. In addition, the records should be able to show:

- what the Division and the various subunits of the Division did
- when, where and how it was done
- why it was done in a particular way
- who the key staff involved were and why
- what the results of it were
- what impact it had, and whom it affected

In essence, the idea is to document higher level functions of the Division or its units (such as policies or procedures and changes to the same) rather than transactions (such as invoices, ledgers, or non-substantive communications). For the most part, the only records that should be included are records created by the Division and its subunits, the exception being records that supply the context for a change in the Division's policies or procedures. For example National Board records would only be included in the Division records if they had a direct effect on a Division policy.

Examples of some document types that usually meet these criteria (please note that these are just a few examples, and that many other document types may meet the criteria listed above):

- Charters
- Incorporation records
- Constitutions and by-laws
- Minutes and agenda
- Substantive communications (correspondence, memos, telegrams, etc.)
- Reports (annual and financial)
- Membership lists
- Newsletters or other publication—one copy of each issue or instance
- Statistics
- Procedure manuals
- Training curricula and documentation
- Photographs

Questions? Please contact:

Peter Carini, College Archivist, Dartmouth College
(603) 646-3728, peter.carini@dartmouth.edu

Archives Labeling

Unit Name: _____

Type of Record: _____

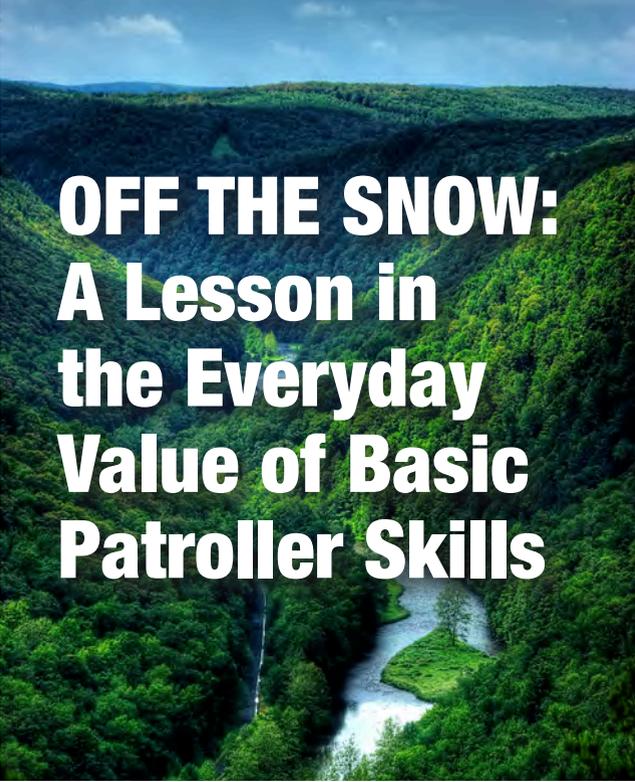
Contact: _____

EXAMPLE:

Unit: Southern Vermont Region, Ascutney Patrol, Director

Type of Record: Reports, member lists, correspondence, Division newsletters

Contact: Ron Krause PO Box 59 Williamsville, VT



OFF THE SNOW: A Lesson in the Everyday Value of Basic Patroller Skills

Patrollers by nature are adventurous people, drawn to all types of outdoor recreation. Just because the snow melts doesn't mean ski patrol hangs up their duties till the snow flies again. As we all know, that couldn't be further from the truth.

On April 26, 2015 Blue Knob Ski Patrollers Mark Smith and Leslie Wills were among 20 adults and children enjoying a weekend kayaking/camping trip down the Pine Creek Gorge in the Pennsylvania Grand Canyon. The previous night had been cold with the air temperature dropping to 25°F. By morning the camp was covered in frost and ice. As the paddlers gathered around a campfire preparing for the day's continuation down Pink Creek, a visitor from an adjacent campsite entered the camp asking if anyone had an Epi pen as someone had fallen into the river.

Minimal gear had been taken on the excursion. Limited kayak space was reserved for warm clothing, tents, food, and water for two days. Smith and Wills advised the visitor that he should make certain to get the man changed into dry clothes and warmed up. "We already tried that...hey, is there a doctor here in your group?" the man asked. There was. One of the members of the group, a physician, followed the man to see if she could assist. After a few minutes Smith and Wills thought they should see if they could also be of assistance so Smith retrieved a reflective survival bivvy from his pack and they followed the trail to the next camp. The terrain was filled with frozen bogs, rock slides, and ravines. They arrived at the campsite finding CPR being conducted on the patient. At that moment the true situation became clear and critical to the patrollers.

Assessing the situation they determined that someone should be sent by foot for help. There was no cell reception and the nearest town was approximately ten miles away. Wills questioned one of the campers about the method of injury and patient's past medical history finding a 38-year-old man with no past medical history, no medications, and no allergies, who had consumed alcohol the night before, and was last heard from between 3:00-4:00 am in the morning. The patient was found before 8:00 am on the river bank approximately 80 yards from the campsite. His skin was cold and blue and he had no pulse or respirations. His friends and family had carried him back to the campsite, removed his wet clothing, placed him in dry clothing then in a sleeping bag by the campfire, and were directing heat from propane heaters. Others went across the river to an access road to seek help. The patient's sister ran about a mile and a half up river to an access road out of the Tiadoghton State Park, climbing out of the canyon to get cell service to call 911. For 20 minutes the patient's brother performed mouth-to-mouth and a bystander performed compressions. Wills encouraged the person performing the compressions to switch out and the physician took over. The patrollers assessed the quality of CPR, reinforced the depth and rate, and encouraged the compressor to change out frequently.

A bird's-eye view would reveal a scene similar to a ski resort mountain rescue as the patrollers set out to do what they were trained to do. Smith wrapped his reflective survival bivvy around the patient and used his own body heat to help rewarm the patient. He directed a few campers to warm water over the fire and fill containers to place in patient's armpits and groin and at his feet. Wills constantly reassessed the patient for pulse, respirations, high-quality CPR, and body temperature while also observing the mental state of the bystanders. As efforts progressed, the bystanders commented how his color was pinker and he didn't feel as cold. He had gone from blue to waxy grey, now pale yet still cold.

In a backcountry situation, there is much more to consider than just treating the injury. In this situation, the area was very remote and there were the logistics of the river crossing. The group knew that it would be at least an hour for rescue crews to reach them and they were not sure if contact with EMS was made yet. CPR and the rewarming efforts continued. Smith went to the river to check for crossing potential. He retrieved a raft from a neighboring camp and was getting things in place to ferry rescue crews and gear when the first sirens were heard, approximately 45 minutes after the patrollers had originally arrived on scene. Smith paddled to the opposite side of the river across very swift and icy-cold rapids. On the other side with the rescue personnel, Smith updated the EMS crew on the patient's status and then he and another paddler helped to transport the EMT, medics, firefighters and gear across the river.

Wills assisted the EMTs and crew providing oxygen to the patient and securing the intraosseous IV catheter/line. Smith and Wills continued to assist the EMS crew, backboarding the patient and carrying him down rough terrain to the waiting firefighter who had set up a Rapid Deployment Craft to transport

Cont'd on pg 9

Cont'd from pg 8 - LESSON

the patient across the river. The rigging performed exactly as it was designed – to float downstream, straighten, and pendulum to the shore. Two firefighters on belay pulled it safely to shore with the medic straddling the patient doing CPR and the EMT at his head operating the bag-valve mask while balancing the heavy LifePak® monitor. After the patient was in the ambulance, Smith continued to ferry the remaining crew, gear, and family across the river. When Smith and Wells finally returning to camp they debriefed their fellow campers rescue efforts, answered questions, dispelled myths, offered support, and encouraged everyone to learn from the experience and respect the elements of nature.

As patrollers, OEC teaches us that “a patient is not considered dead until they are warm and dead.” It may sound crass to the general public however in life or death situations, there is always a chance and there should always be hope given to everyone involved by performing every life-saving measure possible. The patient arrived at the local hospital at 10:00 am that morning and life support measures continued until the time of death was called at 1 pm.

Patrollers Mark Smith and Leslie Wells, the bystanders, the doctor on scene, the EMS crew, firefighters, and the hospital performed heroic efforts to try to save the man's life. Smith and Wells had been quickly thrust into this rescue event as leaders. Due to their skill and confidence they were able to take charge where others were not, providing quality patient care despite the remote wilderness location and raw weather conditions. These patrollers performed independently and when needed, pulled in the assistance of the bystanders, then smoothly transitioned leadership to the EMS crew. Their initiative, leadership, and encouragement to the patient, the family members, bystanders, physician, and rescue crews demonstrated the true heart of a mountain ski patrol team in this tragic event. Their lifesaving efforts were recognized by the physician, the DCNR officer, the family, and fellow kayakers.



Mark Smith has served Blue Knob as an Alpine Patroller for nine years and is an EMT. Leslie Wells has served Blue Knob as a Patroller for the past two years and is also an EMT.

Who are the OEC Supervisors? What do they do?

by Paula Knight, OEC Supervisor

OEC Supervisors/Assistant Supervisors and the regions they supervise:

OEC Supervisor:

Paula Knight – CT, SVT

OEC Assistant Supervisors:

Amanda Cannon – ENY, SNY

Deb Foss – EMARI, ME, NH

Michelle Goldsmith – NVT, WMASS

Mike Lord – CNY, GV, WNY

Flo Rutherford – EPA, WAPP

Paul Tracy – NJ, Certified

The National Ski Patrol consists of a collection of volunteers that reach out to lend a hand and offer assistance in a multitude of ways. The network of people that give of their own time, talent, and treasure is just astounding. Part of this most important group is the seven patrollers that serve as the OEC Supervisor and Assistant Supervisor Staff. Their job is to be the eyes, ears, and arms of OEC and the many courses that are associated with National Ski Patrol's hallmark program, Outdoor Emergency Care.

They have stepped up to do the heavy lifting of communication and quality assurance for our Outdoor Emergency Care education. They teach Instructor Trainer clinics, oversee the Senior OEC Module, administer OEC courses and refreshers, provide continuing education clinics and mentor patrollers that seek leadership rolls. Their job extends past the ski season and fills most of the year with preparation and development activities.

Your OEC Supervisor Staff assists your Region OEC Administrator and Senior Testing Coordinator in the planning and executing of programs in your region. They are the “go-to people” for questions and authorization of programming. It is their job to problem-solve and seek avenues for solutions. If they don't have the answer they will seek it out and provide you with support.

In addition to working at the region and division levels, your supervisors contribute their expertise at the national level. Serving on committees, taking charge on special tasks, or delivering workshops are among the tasks they have been requested to perform. To say that this is a hardworking, dedicated group of patrollers is an understatement. They are part of the team that works tirelessly to bring quality and understanding to your Outdoor Emergency Care courses.



CERTIFIED

by Bill Jordan, Supervisor

This year's certified exam was held at Smugglers' Notch, VT. It was a typical 2015 winter weekend...bloody cold!

Smugglers' Notch was a gracious host and has always been an exceptional supporter of NSP and its programs. Special thanks to the patrol director, Dave Sills, and certified member Linda Helms for their effort in pulling this event together.

Between certified members, candidates and volunteer help this exam was attended by 145 people. It was my pleasure to award two certified pins at this year's event for the successful completion of the program.

| | | |
|---------------|------------------|----------------|
| Cyndi Nichols | Smugglers' Notch | Certified #792 |
| Bill Zink | Whitetail Mtn. | Certified #793 |

There were three certified precourses held this year. At Sunday River four patrollers were successful, at Hunter Mountain a total of three new candidates qualified for entry into the program, and at Smugglers' Notch we had two patrollers pass. Although the number of applicants to the program is down, there is a substantial number of patrollers who plan to get started. Thanks to Roland Lunser from the Holiday Valley Patrol and Ken Kelly from the Elk Mountain Patrol for their efforts in organizing these precourses.

The certified program continues to reach out to potential candidates by holding a certified ski and toboggan training clinic at Ski Windham in February that offers candidates and interested patrollers an opportunity to practice their skills under the supervision of certified patrollers. Peter Neefus, from Catamount Ski Area, was instrumental in organizing this event. Jeff Baker, from the Bristol Mountain Patrol, ran a certified OEC clinic at Ski Windham. This clinic gave our candidates an opportunity to practice complicated OEC scenarios similar to what they would find at the exam.

Not only are there many opportunities across this division to get access to training for the certified program, there is an unbelievable amount of talent in the ranks of our membership willing to run formal or informal training clinics in any discipline. If the patrollers in this division don't take an interest in this worthwhile program they may never have access to these incredible resources.

In an effort to improve the program, this year's events incorporated tail rope into the toboggan component allowing the Eastern Division Certified Program to demonstrate excellence in this module.

If you have any doubts ask any one of the two patrollers listed at the top of this report if the program was worth their efforts. I encourage anyone with any interest to come to one of our events. Lie in the snow, ride in the sled, and

watch the avalanche beacon search. There is an education here. I am always impressed with the level of technical expertise shown at this exam by the examiners and also patrollers from all over this division who come to help. Come and learn!

The 2016 Certified exam will be held at Sugarbush Mountain, VT on March 31 to April 2.

So, Why Was My Instructor Status Dropped? by Paula Knight

As the National Office and IT Committee work diligently to upgrade and repair issues with our national database, many of our instructors have experienced the loss of accessibility to their teaching tools hosted on the national website and in the myNSPkit. Why? In some cases the answer lives with the glitches in the database, however for many of you it is directly related to Continuing Education (Con-Education).

Every instructor must complete a Continuing Education course every three years to be updated. Your region administrator should be aware of this and offering instructors options for Con-Education as either separate courses or linked to your instructor refreshers.

What does Con-Education look like? Con-Education should take on the role of strengthening you as an instructor. It should introduce you to current teaching strategies, show you how to use electronic media, and update you on curriculum revisions or clarifications. This is an opportunity for you to hone your delivery style of the OEC 5e curriculum content. Con-Education should be the chance to calibrate your assessment meter and comfortably ask questions about improvement for your delivery style.

What Con-Education is not? Con-Education is not planning sessions for refreshers or OEC courses. Planning sessions are designed to be the administrative component that defines logistics. Planning sessions are also an administrative tool to decide what delivery strategy will work best for your region's refreshers and courses, meeting the needs of your membership.

As I have communicated with many of you over the course of the last year, it has become clear that there is a general misunderstanding as to the role of Continuing Education and the importance of documenting these courses with the National office. Knowing your Con-Education status will help you as an instructor to have an understanding and control over your authorization to instruct. If you have additional questions or concerns please direct them to your Region OEC Administrator, they will have the ability to find an answer for you.

Avalanche Students Watch *Real Avalanches!*

by Chuck Boyd, Supervisor

What a winter we had here in the northeast! We had so much snow that my wife Linda and I never took our mid-winter western ski trip, we went to Maine instead. Our season started last September with the roll-out of the new Avalanche Instructors Manual (AIM). I was fortunate enough to be part of a team of Division Avalanche Program Directors who got together at a face-to-face meeting over four days in Truckee, CA where we worked over 12 hours each day to complete the final draft of the AIM to send to the NSP education team for editing before publication.

With the new guidelines in the manual, following the American Avalanche Association's guidelines, now all L1 and L2 field sessions must be held in known avalanche terrain. This means, for us here in the east, we need to go to the Adirondacks, NY; Smugglers' Notch, VT; Mt. Washington, NH; or Mt. Katadin, ME. The Southern and Central Divisions are working with the Eastern Division to help them implement the new terrain guidelines and develop new avalanche instructors. The Eastern, Central, and Southern Divisions are also in conversations about conducting a multi-division Level II course with the Rocky Mountain, Intermountain, and Far West Divisions.

This season the Eastern Division ran three avalanche courses, two Level 1 and one Level 2. At each course students and instructors got to witness human-triggered avalanches during the field sessions. On Saturday, January 31, during the field session of the Smugglers' Notch Level 1 course, we were doing beacon training with a group of students. The forecast was for increasing winds and for the temperatures to drop, creating situations of -30° wind chill. To make sure that everyone was staying busy, and keeping safe and warm, we had some of the students dig a snow pit on a southeast aspect. Winds were beginning to howl out of the northwest, loading these slopes.

The test results were real active in the pit with Q-1 shears. As a student asked me what did these results mean, I looked up and watched a snowboarder on the same aspect cut loose a 150' wide slab, which he rode 400' into the

trees. As I watched this avalanche unfold I pointed to the avalanche and said to the students, "that's what your test results mean, and we might have to do a rescue." I immediately started heading up towards the slide, preparing for a rescue. The snowboarder managed to stay on top, and once he had come to rest, he regained his composure and rode away, passing me on the way out. This is one of the reasons why avalanche education is so important, especially for people active in the backcountry.

The second avalanche was at the Level 1 course on Mt. Washington. Sunday, March 15 I was preparing an avalanche rescue scenario with two other instructors. The students were descending from digging snow pits in Tuckerman Ravine, when a skier set off a small sluff on Hillman's Highway; this stepped down into a buried weak layer setting off a larger slide. The students watched the skier slide over 1000' past the elbow of Hillman's Highway. Again, he managed to stay on top unhurt only losing one of his skis.

The third event was during the Level 2 avalanche course at Whiteface Mt., NY. Sunday, March 22 while performing an avalanche rescue scenario in the Bottomless Slide, in the Slides at Whiteface, the students and instructors got to watch two skiers who were poaching the slides set off a moderate sluff as they came out of the trees and into the slides. Patrol had closed the slides to the public during our training.

Each one of these incidents points out the need for avalanche training here in the east. Constant vigilance and acute awareness are totally required when you venture out onto avalanche prone slopes. Have a plan, know the weather and avalanche bulletin (if available), evaluate the snowpack, and base your decisions on fact...don't guess!

Come join us this coming season as we offer three Level 1 avalanche courses here in the Eastern Division. Check the division calendar for the dates and sign up. Get out and learn how to prepare for and travel in avalanche terrain, how to evaluate snow conditions, and perform companion rescue. These are all skills you need to know, and hopefully you will only use in practice.



RELAX REMEMBER RELIVE

by Craig Larson, YAP Supervisor

What a season, what a ski season it has been. With many ski areas having record colds and record snows the 2014-2015 winter is a year to remember. This is also a year to remember for the Young Adult Patroller Program. The Eastern Division Young Adult Patroller Seminar was held at Jiminy Peak Mountain Resort in Hancock, MA the weekend of March 13-16, 2015. With 53 Young Adult Patrollers attending, representing 19 different ski areas within the division, we left our mark on 'The Peak.'

This year's event included a night time demonstration of the skills one can learn by taking an MTR or Avalanche course. Participants were given just a taste of course offerings, encouraging them to participate in these programs within their regions.



Once again attendees were offered a clinic option if they chose to not compete. This year's clinic track was very successful with 11 Young Adult Patrollers taking advantage of training by some of the division's finest trainers.

The level of skill displayed this year was amazing. Here are a few comments made by YAPs who attended the seminar:

"As a first year YAP I was nervous to attend the Eastern Division Young Adult Patroller Seminar. The Eastern Division YAP Staff, instructors, and helpers put my fear and nerves to rest the moment I stepped on the snow. I was allowed to demonstrate my skills in a format that was comfortable, yet challenging and teaching (refreshing) my skills."

"Every Young Adult Patroller should attend this Seminar even if it's only once. This event gets better and better each year. My patroller skills have improved each year as I work and train at my home mountain, YET, I have always been challenged and pushed (just enough) at the seminar." (3rd year attendee)

"What can you teach me? I'm a snowboarder! Boy, was I wrong. This event has given me the push to become a trainer/evaluator RIDING a snowboard."

"This is the best event I've attended...receiving instruction from the best instructors, evaluators, and Craig Larson."

Regions across the division are holding YAP Days designed to encourage YAPs in their patroller journey, promote leadership, test patroller skills, and meet new people. The following regions held events this year: Maine, New Hampshire, EMARI, Southern New York, Western Appalachia, Eastern Pennsylvania, and New Jersey. It is my desire to grow the program in each region by showcasing what we do. A Young Adult Patroller Day is the perfect way to accomplish that goal. Some regions who have never hosted such events are scheduling events for the 2015-2016 ski season.

The Young Adult Patroller Program has made an active effort to meet YAPs and those interested in the program where they're at...on social media. We are using social media as a platform to connect YAPs with other YAPs in the division, promote program events, promote program sponsors, and showcase what teens are doing both on and off the hill. Social media is where the teens are and is a great advertising venue at no cost. Teenagers not familiar with National Ski Patrol or the Young Adult Patroller Program are beginning to take notice and follow the program on social media.

What are you doing this off-season? Relax, Remember, and Relive the 2014-2015 season!

We should be proud of the next generation of patrollers. Congratulations to all the winners listed below:

OVERALL

- | | |
|-----------------|--------------------|
| 1. Abigail Lent | Pats Peak |
| 2. Tim Stevens | Wachusett Mountain |
| 3. Alex George | Holiday Valley |

SKI/RIDE SKILLS

- | | |
|----------------------|----------------|
| 1. Ansel Critchfield | Shawnee Peak |
| 2. Alex George | Holiday Valley |
| 3. Evan Piganelli | Holiday Valley |

TOBOGGAN SKILLS

- | | |
|-------------------|--------------------|
| 1. Tim Stevens | Wachusett Mountain |
| 2. Jordan Parnell | Blue Knob |
| 3. Clare DaBaldo | Blue Knob |

OEC SKILLS

- | | |
|--------------------|--------------------|
| 1. Abigail Lent | Pats Peak |
| 2. Zachary Hill | Wachusett Mountain |
| 3. Christina Brady | Blue Knob |

BEST ASSESSMENT

- | | |
|-------------|--------------------|
| Tim Stevens | Wachusett Mountain |
|-------------|--------------------|

HANS HYSON AWARD

- | | |
|--------------------|-----------|
| Alexandra Kendrick | Pats Peak |
|--------------------|-----------|

Pictures of the Eastern Division Young Adult Patroller Seminar can be found using the following links:

<https://flic.kr/s/aHsk8YfgQP>



Mountain Travel & Rescue

by JC Cowell, Supervisor



This season the MTR Staff continued to deliver our program offerings throughout the Eastern Division. We scheduled several MTR-F, 8 MTR-1, 2 MTR-2, and 5 MTR-Enhancement courses, serving over 160 students and 57 instructors.

Once again the MTR staff provided the Saturday evening program for the Eastern Division Young Adult Patroller Seminar. We had a great team of instructors introducing our youngest patrollers to MTR as well as to the Avalanche and Nordic Programs. We ended the season with a Nordic Master MTR module evaluation.

In addition to about 15 MTR-1, MTR-2, and MTR-E courses scheduled for the 2015/2016 season there is a new, exciting event planned.

The Mountain Travel and Rescue Challenge, hopefully an annual event, is in the final planning stages for next year. It will be an all-day competition involving all the skills that we teach in the MTR Program. This event is open to all patrollers but you must be in good physical condition, be prepared for some serious uphill as well as downhill travel, and know your MTR skills. You have plenty of time to work on all of these skills and the courses are available in the Eastern Division. This event will be preceded by an MTR-1 and several MTR-E courses. See the flier on page 14 in this edition of *Trail Sweep* for more information. Check the calendar at www.nspeast.org for more information as these courses develop.

As always if you are interested in anything in the MTR Program or have questions reach out to me anytime.

MTR Manual Information

The addendum to the MTR Manual 2nd Edition can be found on the national website (www.nsp.org) in the following areas:

- The MTR Program page
- In the Member services area under
 - Education Resources/MTR Resources
 - Instructor Resources/MTR Instructor Resources
 - Supervisor Resources/MTR Supervisor Resources

It contains many useful additions to the published manual so students and instructors should download it.



A Great **BIG**

**THANK
YOU!**

Dear WAP Region,

I have spent an amazing three years with the YAP program and it's been one crazy, fun, valuable, and memorable journey. The experiences this program provided and the lessons I have learned are beyond anything a school class or extracurricular activity could have provided. I made friends, acquired new skills, and grew as an individual.

This season our training began in early February at Blue Knob with the Region YAP Seminar. This event is always beneficial because we get to meet our fellow YAPs and train hard, all while having a blast. This year the instructors took our previous feedback suggestions and gave every Young Adult Patroller tips they needed for individual improvement. Our region also has its own hashtag for social media, #WAPYAPP2015. This is a really great and free way to promote our program. At the end of the day the fun stuff completes the hard training weekend that strengthens the group's camaraderie.

I got to travel with my fellow WAPYAPP family to Jiminy Peak for the Division YAP Training Seminar in March. Having the opportunity to travel with some of my already best friends and new friends is not something every person can do. Though this event is much bigger it still offers the chance to obtain new skills. This event never fails to challenge my knowledge, make me think outside the box, and push me to become a better patroller. It even offered me the opportunity to begin my quest for senior level status. Each year I see myself developing and growing as a stronger and more improved member of the National Ski Patrol.

I wish everyone could see what the YAPs can. Not everyone gets that chance. I was lucky to be one who did. The development of this program is essential to the National Ski Patrol. I will take my new knowledge from the YAP events back to my home mountain where I hope I can begin to shed light for others to understand the importance of this program. I have made lifelong friends that get the same joy that I do from helping people and skiing!

Although my time as a YAP has come to an end, I can say this is not the last time I will see the program. This part of my life is engrained in my memory and will forever be treasured. I can't thank everyone who has been a part of this journey enough because they have made this learning experience one of the best. I hope to be able to give back to Young Adult Patrollers some day because it has given me much more than ski, OEC, and leadership skills. It has given me a new outlook on what it means to be a member of such an awesome group. This part of my trip is over, but it opens up new possibilities for future journeys with the Blue Knob Ski Patrol, our region, and the National Ski Patrol.

Sincerely,
Anna Hermann



Eastern Division Mountain Travel Rescue Challenge

Hosted by Thunderbolt Ski Patrol and Mt Greylock Ski Club on Mt Greylock State Reservation

Sunday, February 28, 2016

(please check the Eastern Division website for any changes)

PURPOSE

- Push instructors and participants beyond standard MTR programming.
- Encourage all to be more efficient and timely employing backcountry skills.
- Improve the efficiency of MTR technicians increasing their skill levels.
- Decrease the chances of injury when traveling in remote areas.
- Increase participation in and visibility of the MTR program.
- Help participants to see skill interconnections creating more rounded skill sets.
- Act as a melting pot for experts drawing people from a large geographic area.
- Exchange of teaching ideas between instructors.
- Make new contacts with likeminded folks.
- Increase visibility and help new programs such as the Nordic Masters Program.



GOALS

- Provide a safe and fun event challenging ski patrollers' skills and physical fitness.
- Promote excellence and reward it through recognition.
- Provide additional challenges beyond Alpine Certified and Nordic Masters Programs.
- Break new ground by piloting not only this program but this multi-disciplinary challenge concept to NSP.



OBJECTIVES

- Fire starting
- Map and compass navigation
- Rope Skills
- Camp stove operation
- Patient access
- Improvised patient transportation
- Backcountry OEC
- Emergency shelter building
- Avalanche beacon search
- Problem solving using ingenuity
- Efficient winter travel (skiing)



EVENT DESCRIPTION

- Timed event on the slopes of Mt. Greylock in western MA.
- Headquarters, registration, start and final destination at Mt. Greylock Ski Club.
- Participants will all start at the same time.
- Climb approximately 4,000' and cover about 11 miles of trail crossing the summit twice.
- Participants will stop and demonstrate skills during the traverse.
- Stations monitored by qualified instructors of appropriate disciplines.
- Participants expected to have well rounded skills.
- All participants will be teamed in groups of two.
- Each participant will be required to have a cell phone and each team will be issued a radio.
- Progress will be monitored as teams proceed to each station.
- Station monitors can report on team progress.

COURSE DESCRIPTION

- Travel up Roaring Brook Trail to the campgrounds and then to the summit of Mt. Greylock.
- Ski down (conditions permitting) the famous Thunderbolt Ski Trail,
- Climb back up Bellows Pipe Trail to the summit.
- Proceed to the campground and down Stoney Ledge Trail returning to the ski club.
- It is assumed that participants will reach stations at different times.
- Whenever possible provisions will be made to handle more than one team at a time.

ADDITIONAL INFORMATION

- Participants should be ready for any snow conditions bringing skis and skins, snowshoes, and good winter boots. Most years participants should be able to ski every leg of the route.
- This is not an event that folks can jump into without proper skills and fitness.
- Fitness is up to the participants however, Thunderbolt Patrol and the Eastern Division Staff will offer a number of MTR training classes to support the event. People who attend these classes will have an advantage over those who do not.
- The skill stations will not be tricky in any way but will illicit efficiency in setting up a backpack, abilities, and understanding of personal gear.
- Careful selection of lightweight, multi-use, small form-factor equipment is encouraged. Small, light packs will pay off when traveling between stations.

KEY PEOPLE RESPONSIBLE FOR THIS CRAZY IDEA

- Dave Childs, Thunderbolt Patrol Director, thunderboltpatrol@gmail.com
- JC Cowell, Division MTR Supervisor, jc@warwick.net
- Richard Adamczyk, Thunderbolt Patrol.

NORDIC Program

by Phillip Galka, Supervisor

First let me congratulate the newest member of the Nordic Master Family. Deborah Cowell from New Jersey's High Point XC Nordic Patrol completed her certification on April 25, 201 and was awarded Nordic Master #10. There are a number of other candidates who are working hard to complete the certification process.

The Eastern Division is working with National Nordic Program Director Rick Shandler and the National Nordic Committee to develop a new Nordic Program manual. This is a huge undertaking. The initial development process has been very productive allowing all the NSP Divisions to bring forward concepts and issues as the initial draft is crafted. The Eastern Division is well engaged in the process. I am pleased to report that the development is proceeding in an organized, well-structured process with an outstanding team of resources. I will continue to report on this project's progress in the next issue of *Trail Sweep*.

Northfield Mountain Nordic Patrol hosted the Eastern Division's Fall Instructor Meeting. This meeting is held every year and it is highly recommended that instructors as well as regional staff attend on an annual basis. This is the best place to refresh your skills, meet with division staff, and get program information for the upcoming season. All are invited to attend and this event is a very good place to start on the path to Nordic Senior. Northfield Mountain Nordic Patrol did an outstanding job in organizing the event which was very well attended.

The 2015 Nordic Senior Evaluation was held at Highland Forest, New York. Highland Forest is a great Nordic facility and the Highland Forest Nordic Patrol did a great job hosting the event. Six Nordic Patrollers passed the Nordic Senior evaluation.

Here are the dates for the upcoming Nordic Events. Watch the Eastern Division's website calendar for registration and program information.

| DATE | EVENT | LOCATION |
|----------------------|--|-----------------------------------|
| September 19, 2015 | AMN Meeting & Intro to Nordic Senior | Northfield Mountain, MA |
| January 29-31, 2016 | Nordic Senior Clinic and Instructor Clinic | Latvian Camp Highmount, NY |
| February 20-21, 2016 | Nordic Senior Evaluation | Highland Forest Fabius, NY |
| March 18-20, 2016 | Nordic Master Weekend | Whiteface Mountain Wilmington, NY |

WOMEN'S PROGRAM Review

by Jane Williams, Advisor

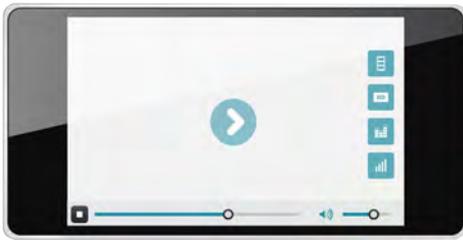
A first ever Women's Program Summit at Mount Snow, VT kicked off the 2014-2105 season. This was an amazing opportunity to bring together women who have been identified as leaders in each region of the Eastern Division to work with Mermer Blakesley, a former member of the PSIA demo team, to learn new teaching techniques and explore how we can use these women-focused techniques to enhance and grow our Women's Program.

In the course of the weekend networks were broadened, clinic collaboration was launched, and personal break-through moments were enjoyed! We left with a long list of to-do items to help bring together the knowledge that is sprinkled around the division, the basic forms needed to run an event, and a clearer understanding of the best practices for allocating the resources to offer a quality clinic. It was a clear consensus of the group that quality events were preferred over quantity and a solid schedule for the 2015 season was established.

The Women's Program events at Bristol, Seven Springs, Saddleback, and Ragged Mountain were well attended and all received excellent reviews from the participants. Our goal of expanding the Women's Program is met every time we support women to stretch out of their comfort zones and take their skiing/riding skills to a new level. This always builds enthusiasm and keeps women returning year after year.

The Women's Programs which usually run concurrent to the Patroller Schools at Sunday River and Killington did not happen as planned this year for a variety of reasons. This brings up a bigger question to the division about how far we want to spread ourselves at the Patroller School events. I would support continuing to offer women's events at the Patroller Schools, as it is an opportunity to get women away from their home mountains, into varied and challenging terrain, without feeling that they need to compete at any specific level. This is often the catalyst to believing that they can improve their skill level to that of a senior, trainer evaluator, certified patroller.

The Women's Program is strong and gaining momentum. I am pleased with the progress that we have made in the past few years and realize that it is a good time to think about future leadership. The Women's Program Summit was a huge step in that direction as we look to future leaders throughout the Division to keep the momentum going, spreading energy and enthusiasm throughout the entire division.



OET Trainers Use New Technology to Improve Coaching in 2015

by Matt Nebzydoski, OET Steering

Welcome to the 21st Century!

This winter Eastern Division S&T trainers successfully used the latest video coaching software to help patrolers hone their skills. It was a major leap forward from our first efforts using bulky home video cameras that required downloading to a computer, sorting through the clips, and trying to provide some analysis as the frames quickly passed by. Despite repeated attempts to get it to catch on the investment, effort, and expertise required to make it all work prevented all but the “tech geeks” from giving it a try.

As planning began for 2014-2015 we agreed that the benefits of patrolers being able to view themselves first-hand skiing or running a toboggan and receiving quality feedback would be worth a second try. Division Supervisor Bob Bluff brought his camera bag to the summer meeting and we were determined to use it in our coaching. The OET Steering Committee brainstormed how we could embed video analysis in our training in a useful and convenient way. How could we use the technology on the hill? In the snow? Without all of the hassles?

As it turned out the technology needed to make that happen was literally in our pockets! To advance our training to the next level, all that was needed was to keep our cell phones handy. Fast forward a few months to the division meeting at Killington where we encouraged staff members to take video clips on their cell phones to create a stockpile of footage to work from. We partnered with PSIA Level III ski trainers for an evening video session and the ball really got rolling. “Hoser” and the PSIA guys from southern Vermont did a great job pointing out some teachable areas in our technique.

With some good humor and great feedback the session created some real breakthroughs. We also learned that to be effective, it didn't need to be a major Hollywood production. Some of the best video sessions happened on the hill, between instructors, on the chair, or in the gondola. A few quick clips on the slopes made for great conversations and significant learning.

After Killington we encouraged OET instructors across the division to use the technology in hand to provide coaching and guidance whenever they could. Regional meetings included video analysis sessions with PSIA

partners and demonstrations of the apps. A few brave souls even posted their clips on Facebook for some group discussion from fellow patrolers.

It has never been easier to get started. Depending on the type of phone you have several low cost or no cost apps are readily available and can be mastered in just a few uses. Coaches Eye www.coachseye.com, Ubersense www.ubersense.com, and V1 Sports www.v1sports.com (click on the app names to visit their webpages for more details) all have the capability of slow motion, frame-by-frame roll through, and comparisons between two or more persons. A quick visit to the app store or their websites can get you up and running in minutes.

Over the course of the season impromptu video sessions happened all over the division. In some cases sled riders at patrol schools gained a new job. Many could be seen with cell phone in hand recording the driver or tailroper followed by a coaching session on the next chair ride. Feedback from the patrol schools was very positive. (Except in Maine where it was so cold that weekend in January that getting out a cell phone would have likely led to instant frostbite!) Many participants said that having the opportunity to see themselves in action, with timely and supportive coaching, truly enhanced their learning experience.

We are not done yet. The OET staff hopes to continue to expand our use of video technology and get it going at more local hills. One take-home idea is to partner with your local ski school for a video analysis session. Make some clips and get together with your local PSIA experts. They have some great insights and can offer drills to help your patrol move toward its goals.

The OET staff also had a great time sharing information with the PSIA members as we explained to them why our sideslip and transition skills are so critical. Once they understood what we needed to accomplish with sled skills, it motivated them to help us break it down and develop drills to improve what we do.

Everyone is looking ahead to great things next winter. Now is the time to start learning to use the coaching apps. Give it a try over the summer with your kids at baseball or softball practice and you will be a pro by the time the snow flies. You can also contact any member of the division OET staff or steering committee and they will be happy to help get you started.

Blue Knob Ski Patrol

Works to Make **MUDDY BLOODY RUN** *a Bloody Success!*

On Sunday, May 17, 2015, the 3rd Annual Maxwell Transportation/Seed-Balls.com Muddy Bloody Run was held in Tenley Park, Everett, PA. 104 participants ran, hiked, crawled, climbed, swung, slogged through the mud, and otherwise traversed over 40 named obstacles along its 3.67 mile length. Blue Knob Ski Patrollers Natalie Depto-Vesey, Leslie Wills, Jillian Wills, Jon Imgrund, Kevin Blais, and Tony Barr monitored the participants' performance, performed first aid when needed, and stood ready to evacuate any participant who suffered injury. Proceeds from the race were split between the Everett HS/MS Renaissance Foundation and the Tenley Park Recreation Board.

"The idea for Muddy Bloody started out as conversation during passing periods – we're both teachers – between Kelly (Mistress of the Games Kelly Winegardner) and me," said Master of Games Tony Barr. "Once we started laying out the course, it hit me that we had a real potential for serious injury and that we would need people trained and experienced in treating injuries and evacuating injured persons in wilderness situations. Naturally, I thought of Blue Knob Ski Patrol immediately." Barr approached the BKSP Board for permission to use the BKSP name, members, and equipment for the race. The BKSP Board voted on and approved the request.

In many ways, the BKSP worked the race the same way they would approach a day on the mountain during ski season. The night before the race Tony Barr did a walk-through having his son, who was unfamiliar with the course lead, marking places with flagging tape where participants might go astray. All obstacles were re-tested during this walk-through.

The morning of the race, Barr arrived at the course early to do a final walk-through, testing the obstacles again, and painting arrows in the places where participants might lose the course. An hour before the start, Barr met with the patrollers to discuss areas of concern, duties, positioning, and to clarify procedures for any injury that would require the attention of more than one patroller.

As participants finished the course, they were checked off a list. At the end of the day, even though all participants were accounted for, Patrollers Leslie Wills and Natalie Depto-Vesey swept the course.

"People had a BLAST!" exclaimed Mistress of the Games Kelly Winegardner, "I had quite a few runners tell me how much they appreciated having the ski patrol there. It really gave them comfort."

"I had a lot of fun, and it was great to have an opportunity to serve now that the snow has melted," added Patroller Depto-Vesey.

In addition to the old favorites, a few new obstacles were added to this year's course. Jimmie Mearkle's Logarithmic Descend (a zip-line off of a large, downed oak tree) was a huge

favorite. But, the biggest hit may have been the 100-foot slip and slide down the amphitheater hill!

In addition to the ski patrollers stationed throughout the course, a handful of volunteers were placed at strategic locations such as the zip-line, the Tarzan Swing, the cable bridge, and the slip and slide. They were there to direct runners in places where the course route was confusing, coach runners on how to negotiate the obstacle, throw them a rope if they fell in the pond, and call for help if there was an injury.

"Amazingly, no one ended up swimming while trying to cross the pond on the cable bridge. I'm already working on adjustments to the cable bridge for next year so that younger participants can use it. I'll have a fix for the kids next year," said Barr.

"Once again this year's 'Muddy Bloody' was overwhelmingly positive" said Winegardner. "Everybody, I mean everybody was smiling as they're covered in mud and suds!" "Our goal has always been to get the kids to participate. We've dropped the price for kids under 18. Many of the obstacles are inspired by what my sons find fun when we take hikes together," said Barr. The course length, the scale of the obstacles, and the optional nature of the obstacles – if you don't want to do an obstacle, in many cases, you can walk around – make for a challenging, yet kid and family-friendly course. The youngest participant was six years old, and the oldest was in her 60s. Children under the age of 13 had to do the course under the supervision of a parent. "Everybody does the course differently. Some run it for speed. Some hike it with their kids. We had a group of high school students do the course with 30 lb. backpacks on. Everybody has fun!" said Barr.

The mud and rain made for a treacherous course, but very few injuries occurred. There were minor scrapes and blisters and two twisted ankles, but there were no serious injuries. "We were prepared for unimaginable situations, but we did get to relax and play at the end of the day sweeping the course. This event helped to refuel my passion for helping others in a recreational setting while honing my skills off the slopes. I had an awesome time!" gushed Patroller Leslie Wills.

The Muddy Bloody Run Committee would like to thank the Blue Knob Ski Patrol for making the 3rd Annual Muddy Bloody Run a success!

The Everett HS/MS Renaissance Foundation funds student activities like guest speakers and incentives for students to do their best work. The Tenley Park Recreation Board oversees the operations and upgrades of Tenley Park. Presently, they are raising money to build an amphitheater in the park where nature talks and movies can be shown.

2014-15 AWARDS

National Appointment

| | | |
|-------------------|-------|------|
| Tom Hughes | 11602 | CNY |
| Doug Adams | 11604 | CNY |
| Paul Gangi | 11616 | NH |
| Carl Chapman | 11618 | NH |
| David Smith | 11620 | EPA |
| Mark Clem | 11622 | EPA |
| Bill Zink | 11624 | EPA |
| Liz Hermann | 11626 | WAPP |
| Jesse Hill | 11628 | WAPP |
| Scott Graham | 11630 | WAPP |
| B.J. Butler | 11632 | WNY |
| Bob Cross | 11634 | WNY |
| Kim Crotty | 11636 | WNY |
| Paul Ross | 11638 | WNY |
| Pam Welch | 11666 | GV |
| Mary Emminghausen | 11668 | GV |
| Jim Houlihan | 11696 | CT |

Leadership Commendation Appointment

| | | |
|------------------|------|-----|
| Nancy D'Ambrosio | 8483 | EPA |
| Bill Bogler | 8481 | EPA |

Distinguished Service Award

| | |
|----------------|-----|
| Louis Carter | NVT |
| Al Darbee | WNY |
| Jim Fuerstein | GV |
| Maggie Gerlach | GV |
| Alan Hickok | GV |
| Chuck Jackson | WNY |
| Andrea Marino | GV |
| Bill McCassey | WNY |
| Larry Schottke | WNY |

Meritorious Service Award

| | |
|----------------|-----|
| Tom Jenssen | MSA |
| Nancy Mayberry | EPA |

Yellow Merit Star

| | |
|------------------|------|
| Evelyn Alcorn | WAPP |
| Jeff Alcorn | WAPP |
| John Boburchuck | WAPP |
| David Celommi | EPA |
| Lucy Hawkins | CNY |
| Ken Schweinsburg | WAPP |
| Bob Snoby | WAPP |

Purple Merit Star

| | |
|---------------|-----|
| Jeff Angevine | ME |
| James Barton | EPA |
| Sam Bellian | WNY |

| | |
|--------------|-----|
| Clay Caddy | NH |
| Troy Haskell | ME |
| Joe Lovell | ME |
| Lee Oulette | CT |
| Justin Regan | CT |
| Doug Rice | EPA |

Blue Merit Star

| | |
|---------------------|-----|
| Connor Badoud | EPA |
| Paul Bronder | ME |
| Chris Burnham | NH |
| J. Scott Cameron | ME |
| Dan Eliot | ME |
| Ron Fenner | CT |
| Shaun Fenner | CT |
| Tim Grove | EPA |
| Jennifer Hardwick | NH |
| Keith Lefler | EPA |
| Christopher Lincoln | ME |
| Joseph Rogers | ME |
| Greg Schneider | ME |
| Erica Semple | ME |
| Matt Shove | CT |
| Jennifer Snow | ME |

Patroller Cross

| | |
|-------------------------|-------|
| Lance Anderson | EPA |
| Joan Badoud | EPA |
| Mike Bond | EPA |
| Tom Davis | EPA |
| Debi Friedenbert-Kapsak | EPA |
| Paul Laroche | ME |
| Marc Leblond | ME |
| Amy Lynch | ME |
| Dan Moriarty, Sr. | WMASS |
| Paul Muska | WMASS |
| Joe Parent | ME |
| Steve Polansky | EPA |
| Alison Potito | NH |
| James Reams | ME |
| Tom Talarico | EPA |

National Certificate of Appreciation

| | |
|-------------------|-----|
| Austin Hochstrate | CT |
| Phillip Yzeik | EPA |

Angel Pin

| | |
|-----------------|-------|
| Carol Knieriem | NH |
| Carmen Rockwood | NH |
| Cynthia Welch | WMASS |

Patriot Star

| | |
|-------------------|-------|
| Sam Bellia | WNY |
| Joseph Migliaccio | WMASS |
| Lee Murphy | NH |

Patroller Achievement Award

| | |
|-----------------|-----|
| Mike Bailey | WNY |
| Hanspeter Bayer | CT |

| | |
|----------------------|-----|
| William Boyens | CT |
| Dave Carlton | CT |
| Gary Bustos | CNY |
| Geri Cherubim | GV |
| William DeFrancesco | CT |
| Richard Dulac, Jr. | CT |
| Steve Duncan | GV |
| Micah Eldridge | GV |
| Tim Eygabroad | GV |
| Ralph Frank, Jr. | CT |
| Jim Fuerstein | GV |
| Robert Gates | CNY |
| Margaret Gerlach | GV |
| Ward Gill | CT |
| Ralph Green, Jr. | CT |
| Joe Hoff | GV |
| Doug Hollinger | GV |
| Joe Homola | CNY |
| Joe Hovious | CT |
| Bruce Johnson | GV |
| William Kahn | CNY |
| David Kelsch | WNY |
| Lori Kloesz | GV |
| C. Arthur Lantz, Jr. | CT |
| Martha Mangan | WNY |

| | |
|------------------|-----|
| Biran Mayou | GV |
| Randy McKee | CT |
| David Middleton | CNY |
| Everett Newell | CT |
| Peter Oster | CNY |
| Henry Palach | CT |
| Tim Pellman | GV |
| Andrea Post | WNY |
| Tim Powell | CNY |
| Scott Printup | WNY |
| Cathy Rague | GV |
| Steve Rake | CNY |
| Janet Remizowski | GV |
| Jami Rushford | GV |
| Cindy Showman | GV |
| Dave Silker | GV |
| Steve Slater | WNY |
| Michael Smarz | CT |
| Gary Spahr | GV |
| Greg Stilwell | CT |
| Ned Storm | GV |
| Jeff Talon | GV |
| William Tobin | GV |
| Phil Warren | NH |
| Paul Weitz | GV |

EASTERN DIVISION OUTSTANDING AWARDS

| | | |
|-----------------------|---------------------|-------|
| Alpine Patrol (Large) | Whiteface | ENY |
| Alpine Patroller | Jason Tamulen | EMARI |
| Administrator | Elizabeth Hermann | WAPP |
| Instructor | John Miller | WAPP |
| Nordic Patrol | Allegany State Park | WNY |
| Nordic Patroller | Lucy Hawkins | CNY |
| OEC Instructor | Robert Snoby | WAPP |
| Paid Patroller | Everett Fenner | CT |
| Patrol Representative | Steven Burkholder | EPA |
| Young Adult Patroller | Abigail Lent | NH |

Jerry Sherman Division Director Award

| | |
|--------------|----|
| Robert Andre | GV |
|--------------|----|

Patrollers for Patrollers Award

| | |
|-------------|----|
| John Tuttle | GV |
|-------------|----|

William J. Gross Memorial First Aid Award

| | |
|------------------------------------|-----|
| Frank Burnah | ENY |
| Team Friday | GV |
| Martha McIntyre Kerry Meyer, | |
| Rick Micoli, Jami Rushford, | |
| Fred Shelley, Jerry Sherman, | |
| Bill Teamerson, Emily Wood-Robbins | |

Significant Monkey "990" Award

| | |
|--------------|------|
| Hugh Blocker | WAPP |
|--------------|------|

501(c)3 Award

| | |
|--------------|-----|
| Bob Bernatos | EPA |
|--------------|-----|





Outstanding AWARDS

by Jerry Sherman, Advisor

In my article in the Summer 2014 edition of *Trail Sweep* I discussed the categories of NSP's Outstanding Awards, the deadlines for applying for them, and the paperwork required.

The purpose of this article is to explain the process in the Eastern Division. Each region is encouraged to submit nominees in all categories, although that rarely happens. Nominations are due to the Division Awards Advisor (DAA) by March 1, must come as email attachments, and be MS Word documents. The nominations must come from the Region Awards Advisor (RAA) or if they come from other members the RAA must notify the DAA that they are coming and that the region supports the nomination. The nominations are reviewed and then forwarded to a group of judges from around the Eastern Division. All regions are asked to submit names of patrollers who are willing to be judges. For the 2014-2015 season 11 of 13 regions submitted nominations in at least one category and 9 of 13 regions have members who are judges.

The DAA compiles the judges' rankings for each category and then prepares plaques for presentation at the Eastern Division Annual Meeting. The winners in each category are then forwarded on to the National Competition with a due date of June 1 with each division allowed two judges for the National Competition.

Some important rules from the P&P that are worth repeating: only information from the past four seasons can be included on nominations and all information after page one of the nomination form must be anonymous. Anonymous means that there can be no reference to the division, region, patrol, county or state or anything that would identify the member or the patrol. People who are administrators at the division or region level are not eligible for Outstanding Patroller, Alpine Patroller, or Nordic Patroller. National Board members are not eligible for any OS Awards. Paid Patrol Directors are not eligible for the OS NSP Representative, however any paid patroller, regardless of other positions held, is eligible for the OS Paid Patroller. Members nominated for the OS Paid Patroller must be registered with NSP as paid.

In the Eastern Division there are always several nominees in the Outstanding Large Alpine Patrol, Alpine Patroller, and Young Adult Patroller categories. At the other end of the spectrum with normally few nominations are Nordic Patroller, NSP Rep, Patroller (formerly Auxiliary), and Small Alpine Patrol. These awards are opportunities

to recognize the contributions of our member and patrols. Every patrol should have a member who is interested in the NSP Awards Program and is willing to be the focal point for not only the Outstanding Awards but also all other NSP awards. Every region should submit nominees for Outstanding Awards and have a member willing to be a judge in the process. If you are willing to get involved in the opportunity to recognize your peers please go to the NSP website and read Chapter 12 of the *Policies and Procedures*. Then contact your RAA or the DAA. Names and contact information can be found on your region website or by contacting the Division Awards Advisor.

Advanced Patroller CAMP

by Jeff Baker

The 3rd Annual Advanced Patroller Summer Camp is coming October 2-4 in the Finger Lakes region of New York! For those not familiar with this event, it is a weekend-long event, open to all patrollers, where we cover/discuss/practice nearly everything related to patrolling. We improvise, adapt, and learn in a fun, low-pressure environment, with no titles. Every level of patrol experience and skill has attended, from first-year basic patrollers to those with over 40 years on the slopes. Everyone finds that they have something to contribute; something new to learn. We are there to become better patrollers through a cross pollination of ideas.

We work hard and get dirty and bloody (our first aid problems are fully moulaged). We always have amazing food, and the occasional adult beverage. We celebrate with old friends, and make new ones in the process. If you are interested in learning some new skills and techniques then this clinic is for you. Regardless of whether you are new to patrolling, or a 30-year veteran, we think you will be pleased with all you can learn. This is a wonderful opportunity to fill the quiver of Senior and Certified candidates. For additional information and to register, please contact Jeffrey Baker at jbaker@timberframe1.com. There are a limited number of spots available, so don't hesitate in signing up. We look forward to seeing you there.

In Memoriam (cont'd)



WILLIAM L. GAMBLE

William L. Gamble, 72, of Geneseo, NY died of cancer-related complications on February 27, 2015 in Rochester, NY. That morning 63 Genesee Valley Region alumni and guests were at Hunt Hollow for the Annual Region Alumni Day. Bill was not there for the first time in many years as he had been hospitalized the night before. A phone call mid-day informed us that Bill had died and our lunch gathering served as an impromptu memorial. Later that day we all lined up at the top of the hill and skied a last run down Main Street in Bill's memory.

Bill followed his career as a patroller from 1977 to 1990 with even more distinguished contributions as a lifetime NSP alumnus. In 1999 he was called back into the service the Genesee Valley Region and the Eastern Division. His later efforts would have been considered extraordinary for an active patroller. Bill as a patrol alumnus continued to contribute more to his region and division than most active patrollers do.

Born on February 4, 1943 in Manhattan, NY he graduated from Trinity School New York City in 1961, received his Bachelor's Degree in Engineering from Georgia Tech in 1965, and spent his career as an engineer at the DuPont Chemical Corporation in Rochester, NY and other locations around the country.

Bill joined the Hunt Hollow Ski Patrol in 1977, became a Senior Patroller and a Senior OEC TE, and patrolled for 11 years at Hunt Hollow until DuPont transferred him to New Jersey where he patrolled at Great Gorge for another two years. Upon retirement he moved back to the Rochester area, retired from NSP, and became a member of the Hunt Hollow Ski Club.

Bill took over the nascent Genesee Valley Region website in 1999 when NSP was beginning to explore having a web presence. The region was one of the first in the country to come online with significant functionality for the region patrollers, including a calendar, OEC course and refresher instructions, and program information pages. Shortly thereafter, the Eastern Division Director asked Bill to rescue the floundering division effort to establish a website. He took over and brought the division into cyberspace with a very competent approach to establishing functionality on the web for them. He coordinated all of the 15 regions in the division into an integrated set of linked pages with a homogenized structure so that patrollers across the division could access information from any region in a consistent format. The Genesee Valley Region website originally designed by Bill served as the model for the development of the other websites. He was instrumental in helping other regions develop their programs.

Bill was more than just a webmaster, he was the Member Communications Advisor for both the region and the division. He edited the region newsletter, *Valley Views*, from 1999 until his death and coordinated the development of an internet edition of the newsletter. He started with email delivery to patrollers who were online at the time to reduce paper versions and mailing cost. He then morphed the newsletter into a webpage archive for delivery of PDF versions thus greatly reducing production and mailing costs effecting significant savings for the region. He also worked with the division newsletter editor to provide a supplemental PDF version of the division newsletter, *Trail Sweep*, to the mailed paper version and eventually that replaced the hardcopy version at a great cost saving to the division.

Bill also served as the region photographer, Member Communications Advisor, and Alumni Advisor.

Bill received the Dick Doyle Award for his distinguished contributions to the Genesee Valley Region in 2010. The Eastern Division honored him twice for his significant service, first with the '990' award for creating the website and in 2008 the 'Patroller for Patrollers' award. He received the NSP Meritorious Service Award in 2004 and a Distinguished Service Award in 2011.

In addition to his patrol activities, Bill was the mainstay of a number of organizations that he belonged to and served as a board member, webmaster, and photographer. He was an active contributor to the Golden Link Folk Singing Society, a rhythm guitarist and folk singer in the Hootin' Hollerin' Hot Shots, and a benefactor of the Rochester Philharmonic Orchestra. Bill was a supporter of the National Warplane Museum in Geneseo, NY and was a pilot whose aerial photographs were useful to many organizations. He was also the photographer for a number of equestrian events including the Hopper Hills Hunt, the Stuart Horse Trials, the Genesee Valley Hunt, and the Roscommon Foot Beagles. Each year he published a photo calendar. He had a knack for positioning himself to catch the best photo opportunities and his photos appeared on many websites.

Family and friends remembered Bill at a Celebration of Life on May 31st. Musicians that he played and sang with performed, poems were read, friends and family recalled stories and reminisced, and Past Division Director Rick Hamlin described the significance of Bill's contributions. Two posthumous awards were presented. Division Director John Shipman presented the first Eastern Division Al Pels Distinguished Alumni Award and Nick Schiavetti and Henry Williams presented the Genesee Valley Region Henry Williams Community Service Award. A plaque with Bill's name on it was attached to a chair on the new Hunt Hollow Ski Club chairlift.

Bill was predeceased by his parents and his brothers, Millard Gamble III and John Gamble, and his sister, Gloria Jones. He is survived by his sister, Sonja (David) Robson of Wilmington, DE, several nieces, nephews and cousins.

We will miss Bill most importantly as our lost friend but most directly and practically as our lost colleague. He was a man who gave generously and unselfishly of his time and effort and never asked for anything in return. Bill always worked quietly in the background and was continuously there accomplishing tasks for which he usually went unnoticed. The members of the Hunt Hollow Ski Patrol, the Genesee Valley Region, the Eastern Division, as well as the Hunting and Equestrian Community will greatly miss the support that he so regularly provided, even though many people never realized that so many jobs got done just because Bill did them.

*Robert Andre
Genesee Valley Region Director
Nicholas Schiavetti
Region Alumni Advisor*

In Memoriam (cont'd)



BERNARD PERRY

The Central New York Region lost one of its true leaders with the passing of Bernard Perry on November 25, 2014. Bernie's dedication, wit, and sense of humor will be missed by the many patrolers whose lives he touched. He was 81.

Bernie served 39 years on the National Ski Patrol, starting his patrol career in 1962 at Titus Mountain in northern New York State, and later transferring to the Toggenburg Ski Patrol in Central New York. He was Syracuse Section Chief between 1990 and 1994. In 1973 he was awarded National Appointment #4233.

While skiing and the ski patrol were an important part of Bernie's life, he also enjoyed ocean kayaking and he once biked across Holland in support of the Lung Association Fund Raising Committee.

His leadership at section and patrol levels reflected by his advancement through the ranks of the New York State United Teachers Union, from which he retired as Regional Staff Director in 2008. Bernie had been a teacher before becoming a labor relations specialist for the union.

Bernie was a Korean War veteran who leaves behind his wife Jan, five children, and a number of grandchildren.

*Jeff Paston
CNY Region Historian*

M. DAVID SHAEFFER

Western Pennsylvania and West Virginia patrolers lost a valued member and friend to pneumonia complications on March 11, 2015. M. David Shaeffer was a 43-year veteran of both alpine and Nordic ski patrolling with an interest in many outdoor activities.

Dave started the Laurel Hill (Summit) Nordic Ski Patrol and became their first patrol director over 40 years ago. He organized the yearly ARC First Aid and CPR Refreshers with the nearby Laurel Mountain Alpine Patrol. The Nordic patrolers participated in the chair evacuations while the alpine patrolers practiced search and rescue. As an officer he secured local grants to build their first patrol hut, buy radios and first aid equipment, and procure the first Nordic trail rescue toboggan. He worked to instill in all patrolers the desire to improve their skills by becoming instructors, seniors, or officers.

As a Nordic Advisor David initiated, planned, and conducted the first Nordic Senior S&T Exam in Eastern Division. He worked closely with the Mt. Van Hoevenburg Patrol Director to get NSP Nordic patrolers invited to staff the 1980 Olympics in Lake Placid. He made sure regular patrolers from every NSP Division were recruited, trained, and well taken care of while they patrolled the Nordic, biathlon, and jump venues.

David was an active American Red Cross, OEC, Nordic toboggan, avalanche, and MTR instructor serving many years as the Western Appalachian Region's Nordic, avalanche and MTR advisor. In 1989 he was awarded National Appointment #7156.

The Dolly Sods area in West Virginia was a favorite location for his mountaineering program overnight. His group often left from either Whitegrass or Timberline making the long trek uphill the first day. In the evening, Group Soup was his way of encouraging participation and camaraderie, with everyone putting something in the pot. The last day's ski down Canaan's slopes with full packs often resulted in several "I've fallen and I can't get up" laughing fits from participants.

David enjoyed flying and earned a pilot's license for single engine planes. While Nordic Advisor he often flew to meetings and events in New England, sometimes stopping along the way to pick up other participants. When he could no longer fly he channeled his energy and technical expertise into building a helicopter in his garage.

In the mid-1980s David started the Hidden Valley (Laurel Highlands) Nordic Ski Patrol, again seeing a need where alpine and Nordic skiers congregated. As the patrol director he worked with area management to secure patrol recognition, space, and support. Dave continued to ski with this patrol until registered as an alumni in 2009.

Dave was an active cyclist with friends from the Pittsburgh area, organizing and leading many holiday weekend bike trips to Ohio, Pennsylvania, New York, and Canada. This hardy group carried their tents, sleeping bags, and food 40 miles each day to the next campsite and his signature Group Soup. He will be remembered for his laugh, bear

hugs, and awful jokes around the campfire.

David's chosen career was as a consulting engineer. He was a principal at Shaeffer & Madama, an engineering and architectural firm in Wheeling, WV. He attended the Carnegie Institute of Technology in Pittsburgh receiving a BS in Electrical Engineering and later returned for an MA in Civil Engineering.

He is survived by his son, Doug, and daughters, Judith and Jennifer; six grandchildren, and two great-grandchildren.

In memory of M. David donations can be sent to the American Cancer Society; Youth Services System, Inc. of Wheeling; or the Florence Crittenton Services of Wheeling in his name.

*Ann Rahn
Laurel Summit Nordic Ski Patrol*



In Memoriam (cont'd)



CONRAD A. MANVILLE

Conrad (Connie) Manville, 97, passed away on March 7, 2015. He joined the National Ski Patrol in 1947 patrolling at Mohawk Mountain in CT and in 2012 was awarded his 65-year service certificate and pin. Connie served as the Connecticut Region Chairman, the title used before Region Director was adopted. He was awarded National Appointment #1142, signed by Minnie Dole, in 1950.

A World War II US Army veteran., he joined the 10th Mountain Division Ski Troops in 1943, served through 1945 and received a Bronze Star for combat in Italy.

He was a past president and lifetime member of the Newington Ski Club, a past president of the Connecticut Ski Council, and taught skiing for the Mohawk Mountain Ski School for 12 years. For three years he was the Avon, CT Branch Chairman for the American Red Cross and was an active, certified ARC first aid instructor for 27 years.

Connie graduated from Chester High School in 1936 and from the CT State Technical Institute in

1951. He retired in 1979 from SNETCO, where he was employed as an engineer. At one time, he was a machinist apprentice, precision small tool grinder, and journeyman electrician wiring homes. He designed and built a ski lodge in 1963 in Plymouth, Vermont, which became a second home in 1979.

Connie was a member of the 10th Mountain Division Alumni, a lifetime member of the VFW, member of the NRA, Telephone Company Pioneers, New England Ski Museum, Chester Historical Society, Avon Senior Citizens, and a lifetime member of the United Church of Chester.

Besides his wife, Lillian, he is survived by three grandchildren, Jared and his wife Alyson Manville, Kristin and her husband Vincent DeGregorio, and Elizabeth K. Manville; five great-grandchildren, and several nieces and nephews. Besides his first wife, Doris, he was predeceased by his son, Jon A. Manville. Memorial donations may be made to Connecticut Hospice, 1100 Double Beach Road, Branford, CT 06405.

PATROLLERS

No Longer *with Us*

At the Eastern Division Spring Officers' Meeting in April, each region announced the names of patrollers who had passed away.

| | | | |
|-------------------------|---|--|--|
| CT | | | |
| Charlie Mackey | Mt. Southington | | |
| Connie Manville | Mt. Southington | | |
| WMA | | | |
| Bonnie Pensivy | Bousquet | | |
| Andre Rahoczy | Butternut | | |
| NH | | | |
| Dr. Fred Bertengnoll | Pat's Peak | | |
| Karen Colclough | Gunstock | | |
| Fred Cowan | Balsams Wilderness. | | |
| Dick Violette | King Pine | | |
| SNY | | | |
| Dale Holmes | Sterling Forest at Tuxedo Ridge | | |
| Patrick McKenna | Mt. Peter | | |
| Mike Tappan | Belleayre Mountain | | |
| CNY | | | |
| Angelo D'Ambrosi | Woods Valley | | |
| Bob Leavenworth | Greek Peak | | |
| Bernard "Beanie" Perry | Toggenburg | | |
| ENY | | | |
| Bob Boyea | Gore Mountain | | |
| John "Jack" Kampf | Oak Mountain | | |
| Daryl Koch | Homestead & Maple Ski Ridge | | |
| Joseph Laroque | Gore Mountain | | |
| Dennis Martin | Titus | | |
| Mike McCarthy | Titus | | |
| Don Townsend | Gore Mountain | | |
| WAPP | | | |
| Margaret Lane | Boyce Park | | |
| M. David Schaeffer | Lauren Summit & Laurel Highlands Nordic | | |
| Kay Winter | Tussey Mountain | | |
| Darlene Yutzy | Hidden Valley & Blue Knob | | |
| NVT | | | |
| Laurence Carnahan | Jay Peak | | |
| Sam Hillicker | Bolton Valley | | |
| Merrill Johnson | Sugarbush | | |
| Howard Martin | Mad River Glen | | |
| Lance Topper | Sugarbush. | | |
| SVT | | | |
| Charles "Buzzie" Eichel | Bromley | | |
| Walter Harrington | Brattleboro. | | |
| Andy Hopping | Stratton | | |
| GVLV | | | |
| Myron Crispino | both from Swain | | |
| Bill Gamble | Hunt Hollow | | |
| Mark Whitford | Swain | | |